The HEART of Regina Health Center





DONOR SPOTLIGHT ::

Investing in RHC's Frontline Health Care Professionals



The Ann T. Kadzielski Memorial Fund has been helping Regina Health Center's frontline health care professionals advance their skills and careers through continuing education for 20 years. Mark Kadzielski and his sister Lucia (who passed away in 2019) established the fund after their mother Ann passed away in 2000. Ann was a resident at Regina Health Center (RHC). Mark said he and his sister really appreciated the quality and compassion of the staff and how they took care of his mother.

"Our intention has always been to have a lasting fund in the memory of our mother that invests in quality staff, which Regina has, and directing the funds for education and skill development," said Mark.

Care Coordinator Natalie Truelson, LPN, is one of those frontline professionals who is benefitting from the generosity of the Ann T. Kadzielski Memorial Fund. Natalie has worked at Regina Health Center since 2012. She started as a float nurse before being promoted to care coordinator and weekend supervisor.

Natalie's mother was a nurse, which inspired her to become a licensed practical nurse (LPN) after her two children went to elementary school. She said heartfelt conversations with her mother guided her dream to first receive her LPN and then work on becoming a registered nurse (RN) before finally earning her Bachelor of Science in Nursing (BSN). The memorial fund is helping make that dream become a reality.

FALL 2020

MISSION

Regina Health Center provides compassionate and holistic health care services primarily for members of religious communities, clergy and for other persons needing supportive services or residential nursing care. Regina Health Center is a collaborative ministry sponsored by the Sisters of Charity Health System. "We rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us."

-Romans 5: 3-5

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HOPE THROUGH ENDURANCE

A LETTER FROM THE EXECUTIVE DIRECTOR

When reflecting on the journey over the last seven months, it can be easy to focus on the negative—the disruptions to everyday life, the effects of isolation, lost jobs, illness and lost lives. There certainly has been a torrent of negative news and it can be difficult to see an end to this unprecedented journey, but as we read in Romans 5; 3-5, in those sufferings, there is hope.

During these trying times, resident care continues to be our number one priority. We have vigilantly followed all Ohio Department of Health (ODH) guidelines to keep residents, caregivers and staff safe and healthy. We are blessed to have been free from COVID-19 infections throughout this time.

But, this has not come without sacrifice and suffering, as our residents and their loved ones had to turn to phone calls and FaceTime technology to stay connected. It wasn't until August 11 that we were allowed to begin outdoor visitations—almost a full five months since residents and their loved ones had been allowed to see each other in person. Now, the state is also allowing indoor visitation, just in time for colder weather. These visits must still be scheduled in advance and a number of stringent rules apply to keep everyone safe. We have the luxury of having a good deal of physical space here so these in-person visits can safely happen.

Our residents have been absolutely gracious in understanding the need to protect everyone. We are grateful to our residents and their loved ones for making so many sacrifices during this difficult, ongoing pandemic, and are thrilled that they can once again see each other in person.

An important aspect of life at Regina Health Center and of helping improve residents' overall health is spirituality. With residents unable to be physically present in our chapel, Pastoral Care Director Mary Takacs did a great job adjusting and finding ways to keep residents connected spiritually, including upgrading technology to offer more religious programming in resident rooms. You can read more about these efforts on page 3.

Despite the pandemic, we were able to hold our annual Holy-In-One Golf Outing in August with all activities outside and social distancing in place. We raised just as much money as last year with fewer golfers than normal. This was an incredible feat and is due to the heroic efforts of our staff and volunteers, and the continued generosity of our donors and sponsors.

For me, these trying times remind me that I am extremely proud to lead Regina Health Center and work with so many amazing people who care so much about our residents. I thank everyone—residents, caregivers, staff, supporters and families—for showing great character these past several months and for remaining hopeful for the coming months.

Jeacon Mark

DEACON MARK C. YANTEK, LNHA Executive Director, Regina Health Center





Spiritual Enrichment Continues in New Ways during the Pandemic

Spiritual care is an important part of life at Regina Health Center (RHC) and its faith-based environment. The COVID-19 pandemic temporarily upended spiritual events and activities, but the pastoral care department was able to quickly pivot to continue providing spiritual enrichment activities to residents.

Before March 18, residents could attend daily Mass, common prayer, and other religious and sacramental celebrations in the chapel, with communion being brought to residents not in the chapel. Coronavirus quickly changed all of that.

While Mass was not able to be held in the chapel from March 18 to May 30 because of the pandemic, the pastoral care department ensured residents could listen to audio of daily mass from local parishes over RHC's chapel channel (channel 9), as well as daily rosary. Residents could also watch religious programming on EWTN, the global Catholic TV network. Starting Pentecost Sunday (May 31), weekly Mass was again held in the RHC chapel with resident and visiting priests presiding and residents able to watch from their rooms on the chapel channel. There have also been multiple prayer services in the chapel with a few residents attending and others able to watch from their rooms. Daily Mass in the chapel and communion returned September 14, with residents able to watch from their rooms and communion distributed to their rooms.

Through Formed.org, the pastoral care department has also been offering bible studies, spiritual programming and movies about saints that residents can watch in their rooms. Starting October 14, residents were able to again attend Mass in the chapel.

"The significance and importance of spiritual enrichment for our residents has been essential during this time, just as it always is. We made adjustments, invested in technology resources and kept our residents connected so they wouldn't have to miss out on nourishing their spiritual health and their connection to the Catholic faith."

Director of Pastoral Care Mary Takacs (pictured)

SURELY I CAN DO THIS FOR GOD.



The Lakewood Motherhouse

Sisters of Charity of St. Augustine Prepare to Celebrate 170 Years of Charity

"Surely I can do this for God," reasoned the young woman who would grow to become Sr. Augustine Brulois, one of the founding members of the Sisters of Charity of St. Augustine (CSA). At the request of Bishop Rappe, the first bishop of Cleveland, she, along with another postulant and two professed Sisters, made the journey to Ohio in 1851. Now, almost two centuries later, CSA will celebrate its 170th anniversary in 2021.

Despite unfamiliar language, a historically severe winter and the two professed Sisters returning to

1917, St. John Hospital

France, the two postulants persevered. CSA opened St. Joseph Hospital in 1852, the first Catholic hospital in Cleveland. CSA's ministry has grown to include health care, education and social services. The sisters established St. Vincent Orphanage in 1856, St. Vincent Charity Hospital in 1865, St. Augustine Academy in 1925, and Providence Hospital, South Carolina in 1937—to name only a few.

Throughout decades of change and uncertainty, CSA has remained true to its charism, "In all things charity." The sisters have continued to adapt to new needs. The CSA Sisters were there in 1918, providing treatment, comfort and hope during the flu pandemic and continue to do the same during the COVID-19 pandemic. Charity Hospital has grown to become St. Vincent Charity Medical Center; Saint Ann Hospital and its subsequent foundation have become the Sisters of Charity Foundation. In 1993, CSA opened its motherhouse at Mt. Augustine to those in need of care, establishing Regina Health Center in the same building.

The Sisters of Charity of St. Augustine, its associates and co-ministers continue to live its call to prayer, community life and service to God's people into the next decade "In All Things Charity." •





1912, Saint Ann Hospital



1957, Sisters moving into Mt. Augustine



CELEBRATING A MILESTONE

Dr. Elizabeth Macintrye and Dr. Joseph Sopko generously donated a rhododendron flowering bush in honor of CSA Sister Xavier Gorman's 100th birthday celebration that happened June 11. Pictured is Sr. Xavier.

End of 2020 Giving

Tips for Year-End Planning that Can Benefit Both You and Regina Health Center

Thanks to you, our generous donors, Regina Health Center is able to provide exceptional, compassionate care to those who need it most in a beautiful, comfortable home. The following are some points to consider as you plan your end-of-year giving.

IRA Charitable Rollover Gift

If you are 70½ years of age or older, you can support Regina Health Center through distributions from your Individual Retirement Account (IRA). Your IRA Charitable Rollover Gift may satisfy your annual required minimum distribution and reduce your taxable income. (Note: required minimum distributions from IRAs and pension plans for donors over the age of 70½ are suspended for 2020.)

CARES Act Giving Incentives

The Coronavirus Aid, Relief, and Economic Security (CARES) Act provides new, significant giving incentives, including:

- Donors can deduct cash donations up to 100% of their adjusted gross income (AGI) for 2020.
- In 2020 and future years, taxpayers can claim a \$300 (\$600 for a married couple) "above the line" deduction for cash donations to charities.
- The gifts apply to cash gifts only. Stock gifts remain limited to 30% of AGI and are not deductible above the AGI line.

The CARES Act has led to the temporary suspension of the requirements for required minimum distributions for the 2020 tax year. Consult your financial advisor for the most advantageous opportunities for you.

Gifts of Stock

You may also consider donating gifts of stock. Depending on the stock's current value, you may avoid capital gains tax or deduct the loss in value while donating the proceeds of the sale to Regina Health Center. Consult your financial advisor for the most advantageous opportunities for you.

Bequests

Creating a bequest is one of the most popular options for legacy giving. With the help of a lawyer, you can designate which charities or nonprofits are included in your will. This can be done a number of ways:

- **Percent bequest** where a certain percent of your estate will/can be donated
- · Specific bequest where a certain dollar amount is gifted
- Residual bequest where a gift is made from the balance of your estate.

Bequests are ideal for donors who want to split their estate between family, friends and their favorite charitable nonprofits. You can also designate that your bequest be spread out across several years, so the money isn't spent all at once.

For your convenience, you can also support Regina Health Center through your Donor Advised Fund. Please call Colleen Corrigan Day at 330.659.5132 for more information.

This information is not intended or offered as financial or legal counsel. Before making any of the aforementioned gifts, please consult with your financial and legal advisors. Inform us of any gift you intend to make so that we can discuss your preferences for gift acknowledgment and designation.

Naming Regina Health Center in Their Will

Calvin & Rita (Burdick) Covell have followed a simple but powerful mission in life, treat others as you wish to be treated: with love and respect and have fun doing it. These newlyweds were blessed to find each other and have made a commitment to support Regina Health Center (RHC) through a bequest. Rita connected with RHC first when her mother became a resident, visiting her mother every day. Rita has fond memories of decorating for Christmas with her mom. Rita became president of the Friends of Regina, a group that formerly organized events to help raise funds to directly help residents. Rita remains involved with RHC, serving on committees. She and Calvin also attend as many events as they can and always donate and support RHC with the annual Let There Be Light Campaign and Grateful Hearts Campaign. \blacklozenge



Most Reverend Bishop Gries with Rita and Calvin on their wedding day.

"Making Regina Health Center a significant part of my will is something I know and feel confident will help continue the great work, love, respect and care that Regina is all about." — Rita Burdick Covell



SOLD OUT LAST YEAR! REGISTER NOW!



Save the Date: Warmup for Holy-In-One 2021 at TOPGOLF

SUNDAY, FEBRUARY 28, 2021 FROM 1 TO 3 P.M.

Join us at TOPGOLF to support the 2021 Holy-In-One golf outing You and 5 friends can share a private golf bay, enjoy delicious appetizers (limited amount), receive 2 drink tickets and play fun games at the most exciting new outdoor venue in Northeast Ohio – TOPGOLF in Independence

SPONSORSHIPS & TICKETS:

GOLD	\$1,000 Title Sponsor, social media advertisement,
	one private bay (6 golfers), one Pebble Beach ticket
SILVER	\$600 Event Sponsor, social media advertisement,
	one private bay (6 golfers), one Pebble Beach ticket
BRONZE	\$300 One private bay (6 golfers)
GOLFER	\$50 Individual ticket
RAFFLE TICKET \$100 Pebble Beach ticket (Only 200 sold)	

REGISTRATION OPENS OCTOBER 30, 2020

REGISTER AT event.gives/warmuptopgolf

Contact: Colleen Corrigan Day cday@reginahealthcenter.org 330.659.5132



REGINA HEALTH CENTER

DONOR SPOTLIGHT continued from page 1

Natalie is now enrolled in the University of Akron LPN to BSN program and expects to earn her bachelor's degree in 2023. The fund covers the cost of tuition, books and medical supplies, as well as contributing to commuting expenses due to living off campus.

"I am very appreciative to Mr. Kadzielski and Regina Health Center for the nursing education financial support. I hope to stay here for the duration of my nursing career," said Natalie. "The spirituality of the residents and staff provide a peaceful, relaxing and welcoming work environment. It is truly a family feeling."

Attracting and retaining talented nurses and other caregivers has become more challenging in light of the pandemic. Being able to offer opportunities for advancing education is an important recruitment and retention tool.

"The Ann T. Kadzielski Memorial Fund is helping us invest in our employees by helping them expand their skills through continuing education," said Mark Yantek, executive director, Regina Health Center. "Not only does providing education money to frontline health professionals expand their skills, it's one more incentive for our staff to stay here because they know we're willing to invest in helping them grow."

Although he lives in California, Mark continues to make donations to the fund he and his sister started in 2000 to keep expanding its impact on RHC's frontline workers. Mark grew up on Cleveland's West Side and graduated from St. Ignatius High School and then John Carroll University. He attended Penn Law School and earned his law degree in 1976. Preferring warmer climates, he headed to California, passed the bar exam and joined a health care law firm at a time when that legal specialty was in its infancy. He is now a partner





Natalie Truelson, LPN, the recipient of the Ann T. Kadzielski Memorial Fund, attended nursing school at the University of Akron. She is pictured here with her partner Chuck Kennedy.

with BakerHostetler in Los Angeles, where he provides regulatory and operational guidance and representation to hospitals, medical staffs, managed care enterprises, and institutional and individual health care providers throughout the United States.

"Sharing the career success of Natalie at this time is a perfect way to express our gratitude and support of the mission and the work Regina Health Center does. It is a wonderful facility," said Mark Kadzielski. +

Holy-In-One 2020 Plays Through Covid-19

On August 25, the sun blessed the day and the 186 golfers at Holy-In-One 2020 who all experienced a socially-distanced, outdoor event to support the residents and mission of Regina Health Center.

A huge THANK YOU to the outstanding sponsors, golfers and Firestone Country Club staff. Thank you to new event sponsor Norman Eckinger, Inc. All were inspired by the Sisters of Charity of St. Augustine and Regina Health Center's mission of compassionate and quality care for the skilled nursing, memory care and assisted living residents who call Regina Health Center home.

Holy-In-One 2020 was a great success, raising more than \$215,000. The event included 18 holes of golf, a dinner in an open-air tent, an online auction and fund-a-need request. The online auction and fund-a-need were supported not only by guests at the event, but also virtually.

Fund-a-need 2020 is raising funds to meet important resident needs, including a computer program for the memory care unit, two body scales for skilled nursing, and liturgical music for Sunday and Holy Day Masses. Fund-a-need 2020 has raised more than \$29,000 from generous donors so far. The goal is \$38,000. If you are interested in helping reach that goal, you can still donate. Call 330.659.5132 +







Save the Date: Holy-In-One 2021 Tees Off August 19

CENTER

REGINA HEALY

Mark your calendars for Thursday, August 19, for the 22nd annual Holy-In-One at Firestone Country Club. Check your mail for the official "Save the Date Card" and register early to ensure your choice of course.

Thanks to sponsor Yanke Bionics. you'll again have the chance to win the trip to Pebble Beach[®]. Only 200 tickets available at \$100 each! The Pebble Beach winner for 2020 was Dolores Czech and the ticket number was 138.

Tickets for the raffle can be purchased in advance by going online to www.holyinone.com or contacting Cheryl Dolego at 330.659.5142 or cdolego@ reginahealthcenter.org. Winners need not be present for the raffle.

Regina Health Center Tribute Gifts*

The Grateful Hearts Tribute Program was established so donors can make a meaningful gift to support the mission of Regina Health Center and at the same time, remember or honor a loved one or a dear acquaintance. Between September 1, 2019, and August 31, 2020, 336 tribute gifts were made. Regina Health Center thanks the generous donors who made gifts of tribute and congratulates those who have been honored. We pray for all listed on these pages, living and deceased.

GRATEFUL HEARTS TRIBUTE SOCIETY

PERMANENT TRIBUTES IN MEMORY OF:

Sr. Rose Angela, OSU Sr. Mary Annunciata, OSU Sr. Mary Patricia Barrett, CSA Margaret Anne Brosnan Mary Barrett Brosnan Patrick J. Brosnan Elizabeth Carraher **Daniel Cole** Madge Dzugan Sr. Elaine Eggert, OP **Thomas and Louise Fleming Charlotte Ganim Donald A. Gedeon** Mary Ellen and John Grecol **Elizabeth Miskalo and John Miskalo** Fr. Anthony Muzic **Christine Muzic** Sr. Andrew Parchem, CSA **Ruth Marian Raybuck** Sr. M. Raymond, CSA Lois Soss Sr. M. Martin Tominey, CSA Sr. Siena Ward, OP Jean Barber Williams **Delores Young**

The Grateful Hearts Tribute Society offers an opportunity for family and friends to establish a permanent tribute to honor or memorialize their loved ones. Permanent tributes can be established for tribute gifts with accumulated giving of \$5,000 or more. Permanent tributes are included in the intentions at daily Mass at Regina Health Center. The book of tribute names is located at the rear of the main chapel. We thank the thoughtful families and friends who remember their loved ones in this way.

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IN MEMORY OF:

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75 YEARS



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70 YEARS











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60 YEARS











CELEBRATE JUBILEE YEARS

REGINA HEALTH CENTER (RHC) IS BLESSED TO SERVE SO MANY AREA RELIGIOUS AND CLERGY IN THEIR RETIREMENT. THEY BRING WITH THEM A LIFETIME OF CARE AND MINISTRY THROUGH THEIR YEARS OF SERVICE. IN 2020, RHC CELEBRATED 14 OF THESE SPIRITUALLY RICH INDIVIDUALS WHO CONTINUE TO SERVE WITHIN THE HALLS, CHAPELS AND SPACES AT RHC.

Vowed Religious & Clergy CELEBRATE JUBILEE YEARS Rivera Family Mr. and Mrs. Robert Rivera Therese Robejsek

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Mildred Zielaskiewicz Mr. Paul J. Soska, III



IN HONOR OF:

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Sisters of Charity of St. Augustine Ms. Robin J. Bachman

RHC Staff & Residents for their great care and kindness to our mother, Alene Wargo Mr. and Mrs. Joseph A. Pentek

Marty and Frances Strancar Mr. and Mrs. Louis Szabo

Sylvia Turk Anonymous

Marion Wolf Mr. Robert R. Forster, Sr.

Msgr. Robert Wolff John J. Weiss

Sr. Sharon Anne Yanak, CSA Mrs. Elsie B. Milano

James and Rachel Zangardi Mr. Paul J. Kosakowski and Mrs. Debra A. Perotti

We regret if we have inadvertently excluded or misspelled any names. Please call the mission support and donor relations office at 330.659.5132 so that we can correct any errors.

THANK YOU



Dec. 1 SUPPORT RHC ON #WEGIVECATHOLIC

Tuesday, December 1 12:00 a.m. to 11:59 p.m.

Last year, more than \$13,000 was raised for RHC on Giving Tuesday, breaking all records for this day of giving! The lead matching gifts from Joe Maurer, board chair, and Dave Simia, board member, were major boosts to help exceed the 2019 goal. We are grateful for their generous support. Help us reach our 2020 goal of \$15,000 to directly support residents and programs at Regina Health Center.

Visit www.wegivecatholic.org/ organizations/regina-health-center

for an easy way to make your online contribution. If you would like to mail a donation or make a donation by phone, contact Colleen Corrigan Day 330.659.5132.



Sunday, February 28, 1 to 3 p.m.

Join us at TOPGOLF in Independence for a fun afternoon that also helps support the 2021 Holy-In-One Golf Outing. You and five friends can share a private bay, enjoy delicious appetizers, receive two drink tickets and play fun golf games. Register online at **event.gives/warmuptopgolf.**

Aug. 19 Save the date!



22ND ANNUAL HOLY-IN ONE GOLF OUTING

Thursday, August 19, 2021, at Firestone Country Club. Secure the course of your choice (North or West) with an early sponsorship. Register online at www.Holyinone.com or contact Contact Colleen Corrigan Day at 330.659.5132 or CDay@ReginaHealthCenter.org

RHC News and Events

New and Improved Website to Come Soon

A website upgrade has been in the works for a few months and we're proud to announce the new ReginaHealthCenter.org website will launch soon! The updated site includes easier-to-navigate menus for mobile, tablet and desktop users. The structure of content will also be improved to make it easier to find specific content for a faster read. There's a whole host of smaller, but impactful changes, all to make the experience on the new site better and easier. The site will include new graphics and a gallery's worth of images. The website will be able to be viewed on desktop, tablets and all mobile devices at *www*. reginahealthcenter.org





Welcome New Director of Fiscal Services James Karasek

James Karasek became the new director of fiscal services upon the retirement of former director, Adam Gockowski. James has 30 years of non-profit experience providing leadership, strategic direction and oversight in the areas of accounting, finance, facilities, information technology and human resources. He has worked for large nonprofit organizations like Goodwill Industries and Red Cross, and smaller local non-profits that serve homeless families, and people with mental health and substance abuse issues. Welcome James!

Congratulations Lisa Serrano on Becoming an LPN

Congratulations *Lisa Serrano* on becoming a licensed practical nurse (LPN)! Lisa started working as a nurse aide (STNA) at Regina Health Center last summer after being referred by a friend. She recently received her LPN from Hondros College of Nursing, graduating on September 21. Lisa said that her supervisors and colleagues were extremely encouraging and supportive of her pursuing her LPN, even offering to help her study for her final tests. Lisa works on 1C, where all the residents are religious. Lisa said she also appreciated the support and love she received from residents, with some sisters praying with her before her big test.





Welcome the Most Reverend Edward C. Malesic

Pictured with Bishop Malesic on September 14, the day he was installed as the 12th bishop of the Catholic Diocese of Cleveland, are (left to right) Thomas Strauss, president & CEO of the Sisters of Charity Health System, Jan Murphy, president & CEO of St. Vincent Charity Medical Center and Sister Judith Ann Karam, congregational leader of the Sisters of Charity of St. Augustine (CSA). REGINA HEALTH CENTER 5232 BROADVIEW ROAD RICHFIELD, OHIO 44286 330 659 4161

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PAID

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WISHlist

The Wish List continues to be a success for those wishing to help in a specific way. We thank the Wish List donors who gave cash or gifts-in-kind in response to our last newsletters request, and share our current needs below. We are extremely thankful, grateful and appreciative of your ongoing support!

ACTIVITIES DEPARTMENT

The activities department would be incredibly appreciative of Amazon gift cards, to be used for the purchase of new DVDs to add to our collection. After the libraries were closed for several months, we went through our entire collection.

ORDER OUT/EAT-IN PROGRAM

Donations would also be appreciated to enable residents to enjoy carryout lunch from their favorite restaurants as they are restricted from traveling to their favorite eateries at this time.

NURSING DEPARTMENT

- Thermometers \$40 each
- Stethoscopes \$10 each

PASTORAL MINISTRY DEPARTMENT

- Matthew Kelly book for residents and employees for Advent and Lent
 - \$500 for both
- Poinsettia for Christmas \$25 each
- Candles for Advent wreath \$60
- Hosts per month \$80
- Sacramental wine per month \$30
- Easter candle for 2021 \$200

ADMISSIONS DEPARTMENT

 Replacement television remote controls - \$10 each

Contact Cheryl Dolego at 330.659.5142 or cdolego@reginahealthcenter.org to make arrangements or if you have questions.



FOLLOW OUR STORIES ON SOCIAL MEDIA

NEWSLETTER CREDITS

The Heart of Regina Health Center newsletter is published in the spring and fall to keep our supporters and residents updated on the many wonderful people and things that take place here every day.

WRITERS/EDITORS Brad Hauber Colleen Corrigan Day

CONTRIBUTING WRITERS Cheryl Dolego Melysa Foster

DESIGN Diane Roberto



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Regina Health Center has chosen to print responsibly on paper containing post-consumer recycled fiber.