The HEART

of Regina Health Center



SUMMER 2025

MISSION

Regina Health Center provides compassionate and holistic health care services primarily for members of religious communities, clergy and for other persons needing supportive services or residential nursing care. Regina Health Center is a collaborative ministry sponsored by the Sisters of Charity Health System.

Blessing the Community She Served

FORMER EMPLOYEE JEAN METZGER LEAVES REGINA HEALTH CENTER \$925.000 ESTATE GIFT



Conscientious. Kindhearted. Hardworking.
Organized. Knowledgeable. Attentive. Caring.

Employees who have half of these characteristics are considered exemplary. Former Regina Health Center (RHC) assistant administrator, the late Jean Metzger, embodied all of them.

Jean, who worked at RHC from 2002 until her retirement in 2014, is described by those who knew her as a doer and decider. She passed away at age 76 in July 2023. In 2024, RHC learned Jean had made a decision that further solidified her strong legacy: she included a gift to RHC in her will. The amount was more than \$925,000.

A Home Away from Home

Jean's decision to support RHC's mission of providing holistic, compassionate health care to residents upon her passing was not surprising to those who worked closely with her.

"As a Licensed Nursing Home Administrator (LNHA), Jean could have easily found a position as a lead administrator or executive director at another place. But she was very much at home at Regina Health Center," said Brian Flannery, RHC's administrator/executive director from 1995 to 2013.

Brian continued, "She appreciated that she worked for a ministry that valued her and her talents. I depended heavily on her, and the residents knew they had a friend in Jean. But she knew she had support behind her, especially from the CSAs [Sisters of Charity of St. Augustine]."







Jubilee Celebration

Regina Health Center celebrated its annual Jubilee Tea on June 25. Eight vowed Religious and clergy were honored. Find more photos and information about the jubilarians on page 6.

RHC BOARD OF DIRECTORS

John T. Mulligan, Esq., PRESIDENT Sharon Schneider, VICE PRESIDENT Sr. Katherine Andrews, CSA, SECRETARY Joseph C. Maurer, CPA, TREASURER Sr. Susan E. Bremer, OSU Rev. John Chlebo Sr. Miriam Erb, CSA Theodore J. Esborn, Esq. Karen M. Frey Charles Garven, M.D., F.A.A.F.P. Kathleen R. Homyock Rev. Walter H. Jenne John P. Klee Kathleen (Katie) C. Koch Melissa Rogers, CPA David A. Simia, CPA Lynn Yanke

IT TAKES ALL OF US: COMMUNITY SUPPORT NEEDED TO ADDRESS MEDICAID GAP

A LETTER FROM THE EXECUTIVE DIRECTOR



In the last newsletter, I wrote about relationships being at the heart of everything we do at Regina Health Center. As the Sisters of Charity of St. Augustine often fondly say, "We've never done it alone." This sentiment rings true. Our corps of supporters allows us to live out the mission of providing compassionate and holistic health care.

This powerful sense of togetherness — the tight-knit community that is Regina Health Center — is more important than ever as we navigate pending, critical

cuts to Medicaid reimbursement, and how the reductions impact our residents.

Changes to Medicaid hit us harder than many other assisted living and skilled nursing homes. The majority of residents, especially our Religious and clergy, rely on Medicaid to cover their stay. There is already a large gap in the cost-of-care vs. reimbursement. The average cost to care for each resident is \$416 a day. The Medicaid reimbursement is only \$235 a day.

That adds up to \$3.6 million in non-reimbursed care we provide each year. And we anticipate the reimbursement to decrease and the gap to increase due to proposed Medicaid changes at both the federal and state levels.

Make no mistake: Regina Health Center will continue to be a resource for everyone who needs us, especially retired Religious and clergy. All are welcomed, cared for and provided with essential resources, no matter the funding source.

However, we need strong partners who give us the philanthropic support required to keep moving forward. As you will read in the cover story featuring our former employee, the late Jean Metzger, gifts to Regina Health Center sustain us and ensure we are here for the next generation.

My challenge to you all is to join fellow community members, from individuals to corporations and foundations, in supporting Regina Health Center at an increased level. We are blessed that so many already share their time, talents and resources with us. Please prayerfully consider how you can further help us address the growing deficit in Medicaid funding.

Two-thirds of skilled nursing homes are for-profit institutions, while the remaining one-third are non-profit. An even smaller portion of those are religiously affiliated. Regina Health Center is proud to offer a Catholic environment that treats retirees with the dignity and respect they deserve — something we have done for 32 years and will do so well into the future.

Deacon Mark C. Yantek, LNHA

Mark C. yant

Executive Director, Regina Health Center



During her tenure at RHC, Jean's responsibilities included overseeing human resources, especially recruitment, retention and workplace safety. Pastoral care, activities, admissions and marketing, programs and transportation, social services, housekeeping and laundry, and dietary services all also reported to her.

Her coordination on projects was second to none. "If you asked a question, she would retrieve it quickly; she always plowed ahead," said Brian. She often stayed late and came in on weekends to solve needs that would arise.

"Sometimes, a nursing home's needs do not fall into a certain category. Jean was business-like and took a firm approach to solving problems. But she always had a soft side when working with residents," said Brian.

Understanding - and Sharing - the Mission

Jean understood that high-quality patient care was paramount. Assisted living was particularly close to her heart. Because of her expertise in that area, Jean served as the interim executive director at fellow Sisters of Charity Health System ministry Light of Hearts Villa from September 2012 to January 2013.

Betty Hickle became Light of Hearts Villa's executive director after Jean. In her, Betty found not only a mentor, but a wonderful friend.

"For nearly three months, Jean trained me and guided me as I learned the job. She was a fount of knowledge. I will always be grateful for the way she treated me with respect, dignity and patience," said Betty. "She gave me the skills to be successful right off the bat."

Along with bringing Betty up-to-speed on Medicaid requirements and other assisted living rules and regulations, Jean taught her about the mission of the Sisters of Charity Health System. "She believed in what the Sisters were trying to accomplish. She cared deeply about the health system," said Betty.

After retiring from RHC, Jean joined the Light of Hearts Villa Board of Directors for two years. Betty and Jean's friendship continued, with the two women visiting each other frequently and often writing notes to each other.

"Jean was highly creative. She enjoyed flipping homes and doing the work herself, especially the painting. Each house was more beautiful than the other thanks to her," said Betty. "I think of Jean often and miss our conversations together; she was a dear friend."

Jean Metzger never lost sight that Regina Health Center (RHC) exists to serve others, especially Religious sisters and clergy. Her estate gift continues her legacy of being an empathetic leader who worked diligently to make RHC an inviting home for all.

Immediate Impact and Enduring Legacy

Jean's generous estate gift will touch the lives of many RHC residents and their loved ones. A portion of the funds will be designated for the Plaza Beautification Project (please see page 13 for more details).

The remaining proceeds will be designated for capital improvements and to boost RHC's endowment. Philanthropic investment in the endowment ensures the sustainability of this important ministry of the Sisters of Charity Health System by generating unrestricted income, helping to cover the gap between the actual cost of care and Medicaid reimbursements.

"The cost of care has been outpacing government reimbursements for a long time. That gap is only widening, and we do not expect a change in the trends anytime soon," said Executive Director Deacon Mark Yantek, LNHA. "With that reality, a significant endowment is essential to the future of Regina Health Center, which exists to ensure that aging clergy and vowed Religious have access to five-star care."

For her remarkable generosity, Jean will be listed in perpetuity as a member of the Regina Society, the giving society that honors all RHC legacy donors. In 2026, all living and deceased members of the Regina Society will be inducted as founding members of the St. Augustine Legacy Society of the Sisters of Charity Health System. •



A Charitable Legacy is Achievable for Anyone

FREEWILL MAKES ESTATE PLANNING EASY — AND FREE

Jean Metzger's bequest is a reminder of the importance of proper estate planning for you, your loved ones and the causes that matter to you.

An updated will or trust is an indelible statement about who you are and what matters most. It allows you to provide for your loved ones. And if funds remain to provide for a charitable cause, the impact can be astounding. Just think — Jean's estate gift towards capital, program and endowment initiatives will touch the lives of hundreds of residents for years to come!

That is why we are pleased to announce that Regina Health Center (RHC) has partnered with FreeWill to provide our supporters with easy access to impactful planning and giving tools.

Write a legally binding will in about 20 minutes

The step-by-step process is flexible for a wide range of situations and preferences. Bequests to people and organizations like RHC can be for a set amount or a specified portion of available assets. They can also be outright or contingent.

Wills and living trusts are two ways to make a meaningful legacy gift. Other options include:

Beneficiary Designation: You can direct holdings in retirement savings and bank accounts, such as 401(k)s, IRAs and CDs, be transferred or paid to RHC without going through probate. FreeWill offers tools to help you manage your beneficiary designations.

Life Insurance: If your family no longer needs your life insurance policy, you can make RHC the beneficiary or even the owner.

Charitable Trusts: If your estate is particularly large or complex, gift instruments such as Charitable Lead Trusts (CLT) and Charitable Remainder Trusts (CRT) may be worth considering.



Like Jean, you can help secure the future of Regina Health Center. Your legacy gift to the endowment will ensure outstanding care is available to all who need it for years to come. To get started on your plans, visit FreeWill.com/RHC or scan this QR code.

If you have already included a provision for Regina Health Center in your estate plans, please contact PJ Reindel at preindel@reginahealtcenter.org or 330.659.5132. We would love to thank you for your generosity, welcome you as a member of the Regina Society and discuss your preferences for how your gift should be used.

Community. Compassion. Celebration. Join Us at Holy-In-One!



The 26th annual Holy-In-One Golf Outing and Luncheon is Thursday, August 21, at Firestone Country Club in Akron — and you don't need to be a golfer to be part of the fun and make a difference!

NFW IN 2025

Earlier Start Time: Golf — which is sold out for 2025 — will begin at 8:30 a.m.

Luncheon: All supporters are invited to attend a 2 p.m. luncheon in Firestone's Grand Ballroom. This replaces dinner, allowing for more to join us during the day to learn about Regina Health Center. Tickets are \$125 per person.

Fund-a-Need: This year's Fund-a-Need contributions will help bridge the Medicaid gap as cost-of-care increases and reimbursement decreases. Help us continue our promise that ensures no resident's dignity is ever dependent on dollars.

With the cost of care at Regina Health Center increasing, your seat at the table means more than ever. Join us to sustain the mission of providing faith-based, compassionate care to our residents.

RAFFLES & LUNCH

Visit www.holyinone.com or scan this QR code.



QUESTIONS?

Contact Mackenzie
Phelps at 216.875.4639 or
mphelps@sistersofcharityhealth.org.

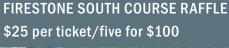
AUCTION AND RAFFLES RETURN!





GREENBRIER GETAWAY RAFFLE \$50 per ticket









Vowed Religious & Clergy

CELEBRATE JUBILEE YEARS

Regina Health Center (RHC) is blessed to serve so many Religious and clergy in their retirement. They bring with them a lifetime of care and ministry through their years of service. In 2025, RHC celebrated eight spiritually rich individuals who continue to give of themselves to family, friends and fellow community members through prayer and acts of kindness.

75 YEARS







Sr. Catherine Fitzgerald, SIW Sr. Joan Gallagher, CSA

Sr. Mary Jacob Yelcho, CSA

70 YEARS







Sr. Evelyn Flowers, CSA



Sr. Marilyn Scott, OSU

25 YEARS



Sr. Carlene Blavat, SSJ-TOSF



Fr. Barry T. Gearing



Jubilee Tea Tradition Continues on at RHC

The eight jubilarians with a total of 530 years of service were honored at this year's Jubilee Tea celebration on June 25. Following a prayer service in the Holy Family Chapel, the jubilarians and their guests made their way to the assembly room for a beautiful tea celebration coordinated by Director of Pastoral Care Mary Takacs and her team. Live music and sweet treats were enjoyed as RHC's Religious and clergy received muchdeserved recognition and prayers.





Thanks and Gratitude

Regina Health Center is blessed to have ardent supporters who pay it forward in support of residents and the care they receive from our diligent staff members. In 2024, 893 individuals, corporations and foundations donated \$2,071,009. Thank you to the many who share their time, talent and treasures with our residents. All donors, both living and deceased, are prayed for daily during Mass in the Holy Family Chapel and remembered in the hearts of many at Regina Health Center.

THANK YOU 2024 DONORS

The donor listing provided here represents Circle of Giving Society individuals who made gifts of \$100 or more during 2024. Organizations and foundations who made gifts of \$300 or more are also listed. Additionally, those whose continued support has accumulated to milestone levels are recognized.

REGINA SOCIETY

PLANNED GIFTS

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Elizabeth A. Willacker*

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Lakeliuist i oulidation

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Saint Ann Foundation

Sisters of Charity Foundation of Cleveland

Sisters of Charity of St. Augustine

Sisters of the Incarnate Word

Summa Health System

Ursuline Sisters of Cleveland

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Sisters of Notre Dame of the United States

SOAR!

W. O'Neil Foundation

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Lorraine Dodero

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Sue Schmidt

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Maria K. Volk

Lynn and Mark J. Yanke

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M.G. O'Neil Foundation

Sisters of Charity Foundation of Cleveland

Sisters of the Incarnate Word

St. Michael's the Archangel Catholic

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Karen M. Frey

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Victor Davis

Victor DiGeronimo, Sr. and Lurlie Digeronimo

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Theodore J. and Chriss Esborn

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Brian J. and Sheila Flannery

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Mark A. Kadzielski

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Kevin and Michelle Mahl

Rev. James G. Maloney

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Terri and John Parker

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S.A. Comunale Co. Inc.

Smiley Family Charitable Foundation

The Venner Family Foundation



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We thank our many other donors who made thoughtful gifts to Regina Health Center in 2024. Please consider joining one of our Giving Circle Societies in 2025. We regret if we have inadvertently excluded or misspelled any names. Please call the Mission Support and Donor Relations

office at 330.659.5132 so that we can

correct any errors. Thank you.

Contribute to Support Regina Health Center

Gifts from friends like you are essential to the mission of providing faith-based, quality health care to the Religious, clergy and lay people who call Regina Health Center home. Thank you for all that you do! Without your thoughtful generosity, this peaceful, healing atmosphere would not be an option for those in need of the care we provide.

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Front Plaza Renovation Next on Deck in 2025: Learn How You Can Help!

After enhancing the Madonna Garden and building the outdoor pavilion, attention turns to better outfitting the campus's "front porch." Plans are in progress to renovate the plaza area across the driveway from the main entrance.

To provide residents with additional handicapped-friendly space to entertain visitors and enjoy the outdoors, the plaza will feature:

- · An easy-to-access brick path and patio area
- Sturdy benches, both refurbished and new
- Colorful flowers
- A pergola

Additionally, the Sisters of Charity of St. Augustine Bell will be moved to serve as the centerpiece of the renovated space. An artist's rendering of the project is pictured here.

Thanks to gifts already made to the Beautification Fund, as well as a contribution from Jean Metzger's generous bequest, construction is expected to begin in 2025. **However, additional naming recognition opportunities are available!** This will help with the upkeep of all of

Continued on page 15





Amplifying Their Voices: Resident Councils Share Thanks, Questions and Feedback

"Can we get fresh coffee in the kitchenette earlier in the day? Would it be possible to extend the time we have access to the Madonna Garden during the summer? What is this year's retreat topic? How are the food menus created, and can we have more fruit and softer foods?"

Those are just some of the questions that come up at monthly resident council meetings, which are held individually for skilled nursing and assisted living residents and facilitated by Director of Social Services Shawn Mickle, LSW.

Resident Deacon Joe Bourgeois, SSS (pictured above right) is the assisted living council president, a title he has had for two years. Deacon Joe often meets with Shawn to discuss resident needs and plan for upcoming meetings. Serving as president is important to him, as he is proud to call Regina Health Center home. "People have a voice here," he said.

Meetings start with words of gratitude from residents. They share who they would like to send thank you cards to, whether it be students who visited for Mass or someone on the staff who has gone above and beyond to help them.

Each director then can share updates with residents. This includes dining services, nursing, pastoral care and activities. They explain new procedures, offer reminders about upcoming events and give updates on day-to-day operations.

Most importantly, the directors answer questions and obtain feedback from residents on what can be improved or continued. The goal is to make sure residents are heard, aware of what is happening at their home and having their needs met as best as possible.

Being part of the resident council meetings is important to many. Ursuline Sister Therese Martin, an eight-year assisted living resident, said, "It's an opportunity to hear what's going on and also to bring up concerns."

Sister Lucia, an Ursuline sister who has called Regina Health Center home for the last three years, added, "As a community, it is gratifying to get affirmation from each other." •

RHC news and events







Resident Stories Recorded Thanks to Local Students

Residents have fascinating life stories to tell. Thanks to six area homeschooled students, many of those stories are now audio recorded. The students, under the direction of Richfield Library's Early Childhood Librarian Diane Nagy and Teen Librarian Abigail Krukemeyer, visited Regina Health Center in early June. However, the students' prep work began in March, when they drafted interview questions. They were well prepared on interview day, as they asked residents about their backgrounds, schooling and careers. Additional residents will hopefully be interviewed this fall.



Welcome PJ Reindel, Director of Major Gifts

A warm welcome is extended to Patrick J. "PJ" Reindel, Regina Health Center's new director of major gifts. PJ began in April and will lead major gift fundraising efforts, focusing on building and sustaining relationships with individual benefactors. Previously, PJ was the executive director at the Howley Foundation. Prior to that, he served

as the director of development at Ursuline College. PJ can be reached at preindel@reginahealthcenter.org or at 330.659.5132.

SAVE THE DATE

Sept. 3

ANNUAL CAR CRUISE-IN

Visit the Regina Health Center grounds on Wednesday, September 3, for the annual Car Cruise-In, featuring both classic and muscle cars! Proceeds benefit the RHC Resident Activities Fund. The rain date is Wednesday, September 10.

Go to our News & Events webpage or check Facebook later this summer for more details.



FRONT PLAZA continued from page 13

Regina Health Center's outdoor spaces for years to come.

- New Bench (6 Available): \$2,500 each
- Refurbished Bench (5 Available): \$1,500 each
- Plant a Tree (12 Available): \$1,000 each

The 100% tax-deductible sponsorship of a bench or

bronze plaque. You can use the plaque to honor a loved one or to identify yourself, your congregation or your family as supporters of the Regina

tree entitles you to recognition on a

Health Center mission.



To secure your recognition opportunity, scan the QR code shown here or go to www.reginahealthcenter.org/donate-now/

ways-to-give and select Beautification Fund as the gift designation. Payments can be made in full or through a formal pledge agreement.

Questions about the Plaza Renovation Project? Contact Regina Health Center Director of Major Gifts PJ Reindel at 330.659.5132 or preindel@reginahealthcenter.org. • REGINA HEALTH CENTER 5232 BROADVIEW ROAD RICHFIELD, OHIO 44286

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WISH list

The Wish List continues to be a success for those wishing to help in a specific way. We thank the Wish List donors who gave cash or gifts-in-kind in response to our last newsletter request. Here are some of our current needs:

HOLY-IN-ONE AUCTION & RAFFLE ITEMS

Fine wine and spirits, as well as gift cards for Amazon, unique experiences, and locally-owned and high-end restaurants are all needed to make the Holy-In-One Auction on Thursday, August 21, a success.

ORDER OUT/EAT-IN PROGRAM

Residents can order food from a local restaurant and have it delivered for a special treat thanks to donations specifically earmarked for the Order Out/Eat-In Program.

AMAZON GIFT CARDS FOR MEMORY CARE UNIT ITEMS

Montessori puzzles and lap blankets, plus other comforting items, can be ordered via Amazon thanks to gift cards provided.

GENTLY USED BABY CLOTHES, SOCKS AND WASHCLOTHS

The items mentioned above will be used for sensory sorting in Regina Health Center's Special Care Unit.

Contact Kate McCall at 216.875.4635 or kmccall@sistersofcharityhealth.org to make arrangements or if you have any questions. Thank you for supporting the Regina Health Center mission.



Please Like us on Facebook. We frequently share resident events, photos, organizational news and employee recognitions.

NEWSLETTER CREDITS

The Heart of Regina Health
Center newsletter is published
twice a year to keep our
supporters and residents
updated on the many wonderful
people and things that take
place here every day.

WRITERS/EDITORS Brad Hauber Kate McCall

PJ Reindel

CONTRIBUTING PHOTOGRAPHER Melysa Foster

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