The HEART of Regina Health Center





DONOR SPOTLIGHT ::

Using Social Media for Good

LONGTIME DONOR PAMELA ERB-MELVILLE TURNS TO FACEBOOK TO MULTIPLY HER IMPACT FOR REGINA HEALTH CENTER



Sr. Miriam Erb and her sister Pamela Erb-Melville

The motto "in all things charity" guides the mission of the Sisters of Charity of St. Augustine. The same motto has also helped guide one of Regina Health Center's most active donors, Pamela Erb-Melville.

Pam's connection to Regina Health Center began with her sister Polly—better known now as Sister Miriam Erb, CSA. Polly took their mother's name Miriam when she became a novice and received into the community of the Sisters of Charity of St. Augustine in 1958.

"Sr. Miriam has been the special, loving and caring glue of our family. I learned from her to consider the more charitable way to think about, react to or even be in many of the ordinary activities of life," said Pam.

Pam was introduced to Mt. Augustine (the congregation's motherhouse) in 1957 at the age of 6 when she would come there to see her sister on visiting Sundays. That was the same year that Polly graduated from St. Augustine Academy and went to the convent. After receiving a Master of Arts degree in Speech/Theatre from Bowling Green State University, Pam moved to New York City to pursue acting, where she had a successful career. She toured with the National Shakespeare Company, performed off-Broadway and in soap operas, and was seen and heard in TV and radio commercials. Today, she is the president

WINTER 2022

MISSION

Regina Health Center provides compassionate and holistic health care services primarily for members of religious communities, clergy and for other persons needing supportive services or residential nursing care. Regina Health Center is a collaborative ministry sponsored by the Sisters of Charity Health System.



RESIDENT CARE IS PRIORITY ONE

A LETTER FROM THE EXECUTIVE DIRECTOR

Resident care has always been our top priority at Regina Health Center, and that's never been more evident than during the past 20 months. During the early days of the pandemic, we adjusted to ensure we could still meet the spiritual and emotional needs of residents. It has taken a tremendous amount of time and planning to keep life as normal as possible for our residents.

Even as the Ohio Department of Health (ODH) began to ease restrictions, we took a conservative approach to be extremely safe—requiring advanced reservations, not allowing visits in resident rooms, requiring masks and more. Those restrictions have since been relaxed, with the exception of masks, which are still required for all visitors and staff.

The challenge comes in trying to find the balance between principles of good health and quality of life. We have to keep everyone safe, while still ensuring our residents can enjoy life. Thankfully, residents have been COVID free for many months and families have expressed their support for our conservative approach. I have heard repeatedly and continue to hear, "Thank you for doing that—for keeping my family safe."

To state the obvious, COVID has been an extreme challenge for everyone. In the longterm care industry, it has exacerbated financial challenges. Costs continue to increase, however we receive fixed government reimbursement for many of our residents. Unlike other businesses, we can't simply raise prices to cover shortfalls. That's why your support is so important. Our generous donors enable us to maintain our commitment to extending the healing ministry of Jesus and to ensuring resident care always remains our top priority.

As you'll read about in this issue, we raised more than \$290,000 at this year's Holy-In-One Golf Outing. That's a testament to the generosity of our supporters and to the hard work of our staff and many volunteers. Most recently, we raised \$19,485 during the annual #weGiveCatholic day of giving. You'll also read about two donors in this issue who have each taken their own approach to giving.

We encourage you to continue to consider Regina Health Center in your year-end giving plans. We are forever grateful for and amazed by your ongoing generosity. Thank you for helping us ensure resident care will always be priority one.

Deacon Mark

DEACON MARK C. YANTEK, LNHA Executive Director, Regina Health Center



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DONOR SPOTLIGHT continued from page 1

of P-E-M Communications, which trains and coaches employees in business communication skills.

As plans were being developed in the early 1990s to convert part of Mt. Augustine into Regina Health Center, Sr. Miriam provided Pam with an inside view of the transformation and then the newly opened ministry whenever she was in town from New York City. Sr. Miriam was part of the leadership team in the early planning of Regina Health Center. She is now the vice president of mission and ministry at St. Vincent Charity Medical Center.

"I had many a meal in the dining room with the residents and celebrated some wonderful services in the chapel at holiday time. Regina Health Center, the building and the grounds, became familiar all over again," said Pam. "This was a different relationship and feeling than when I would visit Polly in the novitiate so many years ago."

Pam began making monthly donations to Regina Health Center many years ago. As a fan of yoga and the "body, brain and spiritual connection to God that can be explored during yoga," she supported a chair yoga activity for several years. More recently, Pam said she was intrigued by the opportunity offered by holding a Facebook fundraiser. She has created a "Pam's birthday fundraiser" on Facebook for the past two years, requesting donations from friends prior to her birthday.

"If they knew me, they knew the story of my sister Polly, aka Sr. Miriam. They knew how important she has been to me throughout the many stages of my life in New York City, my careers, my marriage. I set the goal at \$2,500, which seemed substantial. I prayed I would meet it and thankfully have surpassed my goal both years," said Pam. "They have not just honored my birthday. They knew firsthand about the kind, loving and charitable person Polly is. They used this fundraiser for Regina Health Center in the honor of Sr. Miriam to acknowledge Polly and all she means to them. I have been deeply grateful and moved."

Pam said she is happy to do her part to help the mission of Regina Health Center in providing compassionate





health care. "As I age and look to what the future holds, I am at peace knowing that I have contributed, in a small way, to a safe, loving transitional home that feeds the body, mind and soul of so many special people."

She added, "Thank you, Polly, for your love and leadership and for just being my sister." +

To learn more about ways you can support Regina Health Center, please contact Mission Support and Donor Relations Director Colleen Day at 330-659-5132.

2021 Holy-In-One Scores First Title Sponsorship Honoring George Daverio



One of the Daverio family foursomes included Gerorge's son David (2nd from right); Another Daverio family foursome included George's wife Karen (2nd from right).

Over the course of 22 years, the Holy-In-One Golf Outing has had hundreds of generous sponsors. This year marked the first time the event has had a title sponsor, the Holy-In-One Golf Outing Honoring George Daverio. The golf outing has grown tremendously since 2000 when there were 80 golfers trying their luck at a one-shot hole on the grounds of Mount Augustine/Regina Health Center. The first year raised \$20,000. On August 19, 2021, 230 golfers played on two courses at the world-renowned Firestone Country Club, with the event raising more than \$290,000 to support the religious, clergy and seniors who call Regina Health Center home.

Regina Health Center was blessed for years to have George Daverio as a board member and golf committee member. His leadership and vision were invaluable for the development of the first one-shot golf event into a major golf outing at Firestone Country Club. Continuing the tradition, Karen Daverio, George's wife, serves on the committee and continues to support Regina Health Center. George passed away in 2020, but he will not be forgotten thanks to his involvement in building a highly successful golf outing.

A big thank you to all sponsors, golfers, donors and volunteers from 2021 who all made this golf outing a great success. The residents at Regina Health Center benefit enormously from the generosity of everyone involved. \star

Same State State

COLF OUTING

HEALTH CENT

Save the Date: Holy-In-One 2022 Tees Off August 18

Mark your calendars for Thursday, August 18, 2022, for the 23rd annual Holy-In-One Golf Outing at Firestone Country Club. Check your email for the official savethe-date card and register early to ensure your choice of course. Call or email us with your email to keep informed about this event.

Thanks to sponsor **Yanke Bionics**, you'll again have the chance to win the trip of a lifetime through the Pebble Beach® raffle with only 200 tickets available at \$100 each. Congratulations to the Pebble Beach winner for 2021–James Strunk with ticket #048. James has been buying his Pebble Beach ticket from Sister Allan.Kenzig, CSA, for the past several years.

Tickets for the raffle can be purchased in advance by going online to www.holyinone.com or by contacting Colleen Day at 330-659-5132. Winners need not be present for the raffle.

New Outdoor Community Space

It's difficult to find silver linings in the COVID-19 pandemic, but it did demonstrate the need for more functional outdoor gathering spaces. Despite being situated on expansive, scenic grounds, Regina Health Center (RHC) has limited outdoor gathering spaces and none that are covered. With indoor visitation impossible at the height of the pandemic due to public safety restrictions, there was strong demand for outdoor spaces for families and guests to visit with residents, as well as for events and activities. With no adequate outdoor gathering spaces, RHC was greatly constrained in what could be offered.

That small silver lining led to plans to construct an outdoor pavilion area. The pavilion will serve as a safe outdoor gathering space for family visits, spiritual and educational programming and enrichment, and more. The pavilion, which will have electricity, will feature comfortable, accessible furnishings, a television and other features to make it an attractive gathering space.

"Having this ability to gather outside and not being fully dependent on the weather will be central to the spiritual, physical and emotional well-being of our residents. The pavilion will be the ideal space for picnics and social gatherings, family visits, staff events, religious community meetings and community outreach events." –*Mark Yantek*, *RHC Executive Director*

The pavilion was the focus of the fund-a-need program at this year's Holy-In-One Golf Outing. Fund-aneed 2021 raised more than \$70,000 of the \$125,000 cost for construction of the pavilion thanks to generous supporters and donors. +

If you are interested in donating to this project to help raise the additional funds needed for construction costs, please contact Mission Support and Donor Relations Director Colleen Day at 330.659.5132.





DONOR SPOTLIGHT ::

Celebrating Stella

CARLA BURRUS INCLUDES REGINA HEALTH CENTER IN TRUST TO HONOR HER MOTHER



Donor Carla Burrus on her wedding day with her mother Stella Conte, who is now a Regina Health Center resident.

The following article was written by Carla Burrus. Her mother, Stella Conte, is a resident and Carla wanted to honor her mother by supporting Regina Health Center through her trust.

Certainly, one of the most important decisions I have ever had to make was to find an assisted living facility for my mom, Stella Conte. This was especially important since she was still struggling with the aftermath of an unwanted divorce after 47 years of marriage and had significant health issues, including impending blindness caused by diabetes.

I was so worried about finding the best place for her to receive the care that she so desperately

needed. The situation was also made more difficult because I live far away in San Diego, California.

Luckily, a dear friend told me about Regina Health Center. She told me that it was a place primarily for retired Catholic priests and nuns, but they also accepted laypeople of all faiths from the public. I loved the fact that my mom would not only receive the care that she needed, but she would also be able to continue to develop her Catholic faith.

My mom moved in to Regina Health Center in February 2012 and is so happy there. I believe one of the reasons she is so happy is because there is no peace like spiritual peace. Apparently, Regina Health Center is also a dedicated peace site. Sounds like the perfect place for one to live out the rest of his or her days. In addition, so many of the nuns have been so helpful and supportive of my mom.

Not too long after she moved in, she asked me how I was able to get her into assisted living there. I told her that God got her into Regina Health Center; I just filled out the paperwork! I then told her that she was on the launch pad to heaven, to which she replied, "Sometimes I feel like I'm already there."

God works in amazing ways. He called me back to my Catholic faith when my parents were divorcing and has been especially good to me since I helped her. I love visiting my mom at Regina Health Center, and I love the people, especially the Sisters. Because I am so grateful for the love and care that my mom receives daily, I have decided to include Regina Health Center in my trust. I believe it is so important to support this wonderful organization so many other Catholics can continue to develop their faith as they prepare to transition from this life to their next life with our Lord and Savior, Jesus Christ. \diamond

To learn more about supporting Regina Health Center, please contact Mission Support and Donor Relations Director Colleen Day at 330.659.5132.

Regina Health Center Tribute Gifts*

The Grateful Hearts Tribute Program was established so donors can make a meaningful gift to support the mission of Regina Health Center and at the same time, remember or honor a loved one or a dear acquaintance. Between September 1, 2020, and August 31, 2021, 395 tribute gifts were made. Regina Health Center thanks the generous donors who made gifts of tribute and congratulates those who have been honored. We pray for all listed on these pages, living and deceased.

GRATEFUL HEARTS TRIBUTE SOCIETY

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The Grateful Hearts Tribute Society offers an opportunity for family and friends to establish a permanent tribute to honor or memorialize their loved ones. Permanent tributes can be established for tribute gifts with accumulated giving of \$5,000 or more. Permanent tributes are included in the intentions at daily Mass at Regina Health Center. The book of tribute names is located at the rear of the main chapel. We thank the thoughtful families and friends who remember their loved ones in this way.

IN MEMORY OF:

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70 years





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Mildred Zielaskiewicz Dr. Paul J. Soska, III

Mary Zingale Ms. Concetta R. O'Brien



IN HONOR OF:

All COVID-19 support staff Mr. and Mrs. Eugene G. Yurick

All Health Care Workers M. Eileen Hegarty

Sr. Katherine Andrews, CSA Dr. and Mrs. Charles A. Peter

Joseph and Lisa Bena Mr. and Mrs. Joseph Bena

Carmelite Sisters Mr. and Mrs. John Buck, Jr. Mr. and Mrs. Joseph Geiger

Cunnane Family Mrs. Lorraine E. Cunnane

Sr. Miriam Erb, CSA Anonymous Mr. and Mrs. Roger DeCesare David Melville and Pamela Erb-Melville Dr. and Mrs. Emil D. Poporad

Hosta Family Mrs. Evelyn M. Hosta

Sr. Evelyn Flowers, CSA Reverend Eileen F. Vizcaino

Mandy Fullmer Mr. and Mrs. John P. Delaney

Sr. Joan Gallagher, CSA Judge Colleen Conway Cooney and John Cooney Dr. and Mrs. Emil D. Poporad

Adam Gockowski Ms. Elizabeth J. Hickle

Sr. Xavier Gorman Ms. Barbara A. Bobula Mr. and Mrs. Michael B. Ferris Brian J. and Sheila Flannery Ms. Luda Grossman Mr. and Mrs. Steven G. Horne Mr. and Mrs. Thomas E. Kaforey Reverend James G. Maloney

Sr. Rosemary Hocevar, OSU Ms. Kathleen M. Hocevar

Father Walter Jenne Ms. Rose Marie Torma Mr. Jonathan Veres

Sr. Ignatia, Angel of AA Dr. and Mrs. Emil D. Poporad

Sr. Judith Ann Karam, CSA Ms. Rita L. Brumbaugh Jackson Ms. Marcia Derenzo Mr. and Mrs. James E. Gulick Mr. and Mrs. John J. Hennelly Ms. Rita L. Brumbaugh Jackson Mr. and Mrs. Thomas C. Keith

- Sr. Adelaide Landoll, OSU Mr. and Mrs. Patrick G. Garry
- Sr. Ann Letitia, OSU Mr. and Mrs. Patrick G. Garry
- Reverend Dominic Mondzelewski Anonymous
- Sr. Ruth Ann Patrick, CSA Mr. and Mrs. Steven G. Horne
- Physical and occupational therapists Reverend Edward F. Weist

RHC Nursing Department Ms. Melysa J. Foster

- Sr. Adelberta Rohaly, SM Mr. and Mrs. William Thrasher
- Abbot Christopher Schwartz, O.S.B. Mr. Howard Novak

Sisters of Charity of St. Augustine Ms. Rita L. Brumbaugh Jackson Mr. and Mrs. Fausto G. Hidalgo Ms. Mary Jo P. Lackamp

St. Barnabas staff Mr. and Mrs. John Marion

RHC Staff & Residents for their great care and kindness to our mother, Alene Wargo Mr. and Mrs. Thomas A. Droughton

Dorothy Starrmann Ms. Kelly Masarik

Ursuline Sister Jubilarians Sr. Therese Martin Turocy, OSU

- Sr. Sharon Anne Yanak, CSA Ms. Francina Yanak
- Sr. Mary Jacob Yelcho, CSA Drenda K. and M. John Heydel Mr. and Mrs. Thomas C. Keith Ms. Therese A. Loftus

We regret if we have inadvertently excluded or misspelled any names. Please call the mission support and donor relations office at 330.659.5132 so that we can correct any errors.





Seeking Caring Individuals Who Want a Satisfying Career

Would you like to play a role in the ministry of healing? Do you want to grow professionally, personally and spiritually? Or, do you know someone who does? At Regina Health Center, our caregivers receive an opportunity to blend their skills, compassion and faith in a rewarding and challenging atmosphere.

We are seeking caring individuals who are passionate about providing exceptional care, great customer service skills and the ability to work as a team in a faith-based, compassionate environment to achieve quality results. Regina Health Center is a CMS Five-Star, mission-based skilled nursing and assisted living facility. We are also rated in the top 2% in Ohio for both family and resident satisfaction. Come join a collaborative team that supports a fabulous mission while enjoying a great work environment. Applicants may apply in person at: Regina Health Center 5232 Broadview Road, Richfield, OH 44286

Phone: 330.659.4161 Fax: 330.659.5113 RHCMail@ReginaHealthCenter.org

Online at:

- indeedhi.re/3ayfWUN
- reginahealthcenter.org/careers



ReginaHealthCenter.org





Make Your Voice Heard

ASK YOUR LEGISLATORS TO MAKE INVESTMENTS TO SUPPORT OLDER ADULTS

The past 20 months have been extremely challenging for the long-term care industry—to say the least. For many providers, financial challenges have existed for years. The pandemic has only made those challenges even more severe across the entire industry. Right now, the infrastructure for aging services needed to care for and house older adults throughout the country needs to be improved.

As a long-term care provider, we work strategically with trade associations, such as LeadingAge, and legislators in assisting the industry with much-needed regulatory reform and support. We need your help to make sure Congress hears how their actions impact you and your loved ones.

The U.S. House of Representatives recently passed the Build Back Better Act. It is the largest expansion of the social safety net in decades and includes a wide range of programs to address health care, child care and elder care. The legislation is now in the U.S. Senate, where portions of it are expected to be changed. If the Senate makes any changes to the package, the House will have to vote on it again.

The funding for programs included in the Build Back Better Act framework are an historic step—but we urge that the final bill also include expanded support that millions of older adults need. As negotiations continue, please reach out to ask Congress now to enhance the Build Back Better Act.

One key component is to preserve or increase the bill's \$150 billion for Medicaid Home and Community Based Services. Older adults must be able to get the help they need to age in place wherever they call home. This minimum investment will help ensure access to services as well as bolster wages of the direct care professionals, who deliver that care. +

To see a full list of priorities and to ask Congress to include stronger supports for older Americans and their families, visit this link to LeadingAge's Make Your Voice Heard website: bit.ly/SupportOlderAdults

Once there, click on the "Expand and Protect Funding for Older Adults in Build Back Better Act" link to send a message to your legislators. Thank you for your help in giving older adults a voice.



Join us for a Top Golf Event! Check out the indoor golf experience venue with Regina Health Center

"Warm Up for Holy-In-One 2022"

Sunday, February 27, 2022 2:00 p.m. to 4:00 p.m.



Top Golf, 5820 Rockside Woods Blvd. North Independence, Ohio 44131

\$75 a ticket

Includes indoor golfing experience in a golf party bay, appetizers and event area exclusively for our guests. Drink tickets will be available to purchase. Proceeds will go to Regina Health Center for the 2022 Holy-In-One event.

Or \$600 for private bay of 6 golfers & 6 drink tickets







Register online at event.gives/warmuptopgolf22



REGINA HEALTH CENTER

A Ministry of the Sisters of Charity Health System

Feb. 27

TOPGOLF HOLY-IN-ONE WARMUP Sunday, February 27, 2 to 4 p.m.



Join us at Topgolf in Independence from 2 to 4 p.m. for a fun afternoon that also helps support the 2022 Holy-In-One Golf

Outing. You and five friends can share a private bay, enjoy delicious appetizers And play fun golf games. Register online at **event.gives/warmuptopgolf22** or call Colleen at 330.659.5132.

Aug. 18 Save the date! 23ND ANNUAL HOLY-IN ONE GOLF OUTING



ONE GOLF OUTING Thursday, August 18, 2022, at Firestone Country Club. Secure the course of your

choice (north or west) with an early sponsorship. Call Colleen at 330.659.5132 or register online at **reginahealthcenter.** org/newsroom/holy-in-one

Be a Sponsor or Donate a Gift Card for the Auction

- Sponsorships begin at \$250
- Seeking Independent/Local Restaurant Gift Cards, Fine Wine or Cash Donations

Contact Colleen at 330.659.5132

RHC News and Events



(l to r) State Representative Bill Roemer, Sr. Judith Ann Karam, CSA, Executive Director Mark Yantek and State Senator Kristina Roegner.

Regina Health Center Recognized for Excellence by Ohio House of Representatives

Regina Health Center is honored to be recognized for excellence by the Ohio House of Representatives. State Representative Bill Roemer and State Senator Kristina Roegner presented the Ohio House's commendation to Regina Health Center's leadership, represented by Congregational Leader Sr. Judith Ann Karam, CSA. The citation recognizes Regina Health Center's selection as one of the "Best Nursing Homes" for 2020-2021 by *U.S. News and World Report.* "We are extremely honored to receive this citation from Rep. Roemer and Sen. Roegner," said Executive Director Mark Yantek. "We are proud of the exceptional care delivered by our staff each and every day, and we are grateful for this recognition of their efforts to provide compassionate and skilled service to our residents."

Providing Meals for Homebound Seniors

Over the course of the last 13 years, Regina Health Center's dietary staff has prepared somewhere around 70,000 meals for homebound residents in Richfield as part of the Regina Lunch Express program. The Richfield Senior Center coordinates the program and organizes volunteers to deliver the meals that Regina Health Center prepares, with 15 to 20 meals prepared and delivered every day of the week. In addition to delivering meals, Regina Lunch Express volunteers also check for signs of illness and offer help to clients who might need it.



Dietary staff (l to r) Ryan Modin, Teresa Lenehan and Jerry Modin.



St. Columbkille School Students and Residents Become Pen Pals

The 2020-2021 Eighth Graders from St. Columbkille School in Parma took on a worthy project to connect and meet RHC's assisted living residents. There were several exchanges during the school year that talked about the challenges of the pandemic for both the young students and residents. They exchanged Christmas traditions and memories, school accomplishments and dreams for their futures. A huge thank you to Mrs. Deena Brennan, teacher and organizer of this valuable project. The letter-writing project turned out to be engaging and entertaining for both students and residents. REGINA HEALTH CENTER 5232 BROADVIEW ROAD RICHFIELD, OHIO 44286 330 659 4161

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WISHlist

The Wish List continues to be a success for those wishing to help in a specific way. We thank the Wish List donors who gave cash or gifts-in-kind in response to our last newsletters request, and share our current needs below. We are extremely thankful, grateful and appreciative of your ongoing support!

ACTIVITIES

Activities could use the donation of any small, portable working CD players that you are no longer using. Many of our Residents enjoy listening to CDs of music or audio books and we receive more requests for CD players than we have. Also, we have an extensive collection of music CDs, but could use CDs of music from the 1970s if anyone has any they are willing to donate.

Thank you for your continued support of the Activities Department and our Residents at Regina Health Center! We appreciate you!

DINING ROOM

A new sound system/equipment is needed in the dining room for the Assisted Living residents. Items needed include an amplifier, tuner and CD player.

ORDER OUT/EAT-IN PROGRAM

Donations would be appreciated to enable residents to enjoy carryout lunch from their favorite restaurants as a special treat.

Contact Colleen Day at 330-659-5132 or cday@reginahealthcenter.org to make arrangements or if you have questions.



FOLLOW OUR STORIES ON SOCIAL MEDIA

NEWSLETTER CREDITS

The Heart of Regina Health Center newsletter is published in the spring and fall to keep our supporters and residents updated on the many wonderful people and things that take place here every day.

WRITERS/EDITORS Brad Hauber Colleen Corrigan Day

CONTRIBUTING WRITERS Melysa Foster

DESIGN Diane Roberto



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