New Look, Same Mission: Renovation Project Enhances God-Centered, Patient-Focused Care

RENOVATION CAMPAIGN OPPORTUNITIES REMAIN TO CREATE A LASTING IMPRESSION

The $2.5 million renovation of Regina Health Center’s (RHC) skilled nursing resident rooms, nursing stations and common areas is well underway and is expected to be completed by the middle of 2020. The transformation of the facility is about supporting the mission of Regina Health Center to provide compassionate and holistic health care services primarily for members of religious communities, clergy and the elderly.

“The dignity of each person is at the heart of our mission. Respect and a spirit of compassion promote holistic health care delivery and quality of life. The renovation has been an opportunity for us to connect supporters to our mission and ensure our future for the next generation of individuals who will call Regina Health Center their home,” said RHC Executive Director Mark Yantek.

The next phase of the renovation project is the completion of the first floor, where religious live. Areas where renovations are complete have been well received by residents, staff and visitors.

“It is a joy to show people around the newly remodeled areas. The Memory Care unit is nice and bright. The rooms look very modern with the new furniture and window treatments. The lighting down the hallways pairs well with the warm looking floors and the shower rooms are sleek and elegant,” said RHC Admissions Coordinator Sharon Bournigal.

“Visitors and families are wowed by the transformation and feel very welcomed and honored that we have created this environment for their family members.”

continued on page 4
HELP US CROSS THE FINISH LINE

Major renovation and construction projects are always tricky, especially when the work is being done where people live and work. With a good deal of strategic planning, generous donations to date, and on-point execution, the renovation project at Regina Health Center is past the halfway point and has minimized inconveniences for residents.

The second floor is almost completely rejuvenated and it looks terrific. That’s not just my opinion. We’ve heard fantastic things from residents, their families and staff about the new-look Regina Health Center. After work on our memory care area (2A) was finished, one staff member told me, “I feel like I work in a country club!” Residents have expressed similar sentiments, saying how great the renovations look.

That’s not only nice to hear, it’s proof that we made the right decision to undertake this $2.5 million resident-focused renovation project that is creating a more homelike environment that encourages more social contact while respecting residents’ abilities. We have always focused on providing compassionate, holistic health care services, and the physical environment is an important component of this focus and to our residents’ health and well-being.

While we have made great strides with the renovation project and the end is in sight, there are still plenty of opportunities for you—our generous supporters—to participate in helping us push the project across the finish line. Thanks to the Matching Gift Initiative and other support, we have raised more than half of the funds needed to cover the cost of renovations.

A recent LeadingAge Ohio conference in Columbus also confirmed that we’re on the right track with the renovation project. At the conference, we heard a lot of discussion about patient-centered care. It’s not a new concept in skilled nursing and certainly not new at Regina Health Center, but across the state and the country, more focus is being placed on this concept. Our renovation project fits perfectly into this renewed emphasis on residents.

Whether you can contribute $50 or $50,000, your ongoing support is critical to helping us continue to put resident safety and comfort first as we create a more welcoming, more modern environment that they call home.

For more information about funding opportunities—including a number of naming opportunities for resident rooms and gathering spaces—please see the article on page 5 of this newsletter or contact Colleen Corrigan Day at 330.659.5132.
REHABILITATION SPOTLIGHT ::

A Holy Space Where Healing Can Happen

Delores Young and her daughter Candy Young were familiar with Regina Health Center (RHC) after Delores’s sister spent several months there for rehabilitation. When Delores had a fall that resulted in a broken leg, the local hospital and rehab center were fine at first. However, her recovery was in jeopardy after she became septic and was facing a tough journey ahead to begin walking again. They both knew she needed more for rehabilitation and recovery. The answer to these serious needs was RHC.

Candy said, “We knew what Regina Health Center was like and what the rehab department was like, but mom needed a lot of care before much rehab could even be done, and we had confidence that Regina Health Center would give her that care.”

It is always scary when families and individuals have to make major health care choices. Candy was reassured by the EMS driver who brought them to RHC. He said, “This is one of the best places for your mother to be. I am in and out of these places all the time, and it is the best.”

Candy said she knew the care and treatment of her mother would be consistent, caring and reliable. Her friends questioned the decision, asking, “Why would you drive an hour and half to a rehab place?” Candy answered, “Because I know this is the right place for my mother’s recovery.”

After regaining her health, Delores was ready for rehab. With the help of the RHC Physical Therapy/Occupational Therapy department and care she received, Delores Young regained her health to return home to live with her daughter.

With the help of the RHC Physical Therapy/Occupational Therapy department and care she received, Delores Young regained her health to return home to live with her daughter.
While the construction part of the renovation continues at a good pace to maintain the God-centered mission and patient-centered care, the fundraising part of the project still has to reach its goal of $2.5 million. The $1 million Matching Gift Initiative helped propel the 25th Anniversary Renovation Campaign to pass the halfway mark for the funds needed to complete the much-needed renovation.

**Make a Matching Gift**

Opportunities are still available for giving to fulfill the $1 million dollar match. Making a gift commitment to the renovation project at a level of $100 or more will be matched by the generous donors who made the lead $1 million dollar gift. Your donation with the match could qualify for a higher recognition level, with unique opportunities for visual recognition and naming opportunities also available.

“The generous support of donors has made this project a reality. We are in the home stretch of the matching gift campaign and you can make the difference by being a donor who names an area. We need to reach the goal and fully fund the necessary and critical updates for our residents, staff and families to continue to fulfill the five-star quality service, care and faith-filled work Regina Health Center is all about,” said RHC Executive Director Mark Yantek.  

“Visitors and families are wowed by the transformation and feel very welcomed and honored that we have created this environment for their family members.”

– RHC Admissions Coordinator Sharon Bournigal
Leave a Legacy at RHC Through Visual Recognition Opportunities

You can help RHC complete the important renovation project while also providing a lasting legacy for a loved one. There are several locations throughout the RHC campus that have been identified for possible naming opportunities, which should be in memoriam or to honor a religious person who made a difference in your life, a patron saint, or have religious connotation or significance. In concert with the Sisters of Charity of St. Augustine and RHC administration, the RHC Mission Support and Donor Relations staff will assist you on how to utilize the matching gift funds and guide you in the selection of a location for meaningful visual recognition that will both inspire other donors while leaving a lasting legacy.

Finally, while we are seeking to complete this renovation project, the need for unrestricted support for our mission remains critically important. The 2019 Year End appeal will be mailed in the coming weeks. Through this appeal, we will be asking for your continued support of our mission by making an unrestricted gift to maintain the level of first-class care at RHC.

For more information on how to make a matching gift for Regina Health Center’s renovation or about naming opportunities, please call Colleen Corrigan Day at 330.659.5132. You can also use the envelope inside this newsletter to make your gift.
Bob Nichols spent his career in the business world, working his way up the corporate ladder to eventually hold executive positions. He said he always has had a deep desire to put his career skills to work as a volunteer to give back to the community for “all the wonderful things God has given” him. He jumped at a new opportunity to give back when it presented itself through Regina Health Center (RHC).

Bob and his wife Dianne were hosting a family-needs campaign near Christmas 2009. He happened to drive by RHC and saw a sign for a Christmas craft sale, so he stopped in to see if there was anything to purchase for his personal “give back” effort.

“I encountered the friendliest people at that shop that I decided to follow up and see if any of my career skills could be used as a volunteer,” he said.

Bob signed up to be a volunteer and was placed on the fundraising committee because it mirrored his career skills. But, he decided he was looking for a different experience from his professional years. He stopped volunteering for a brief time. “My desire to go back began to intensify for all the same reasons I was interested in the first place—engaging with the extraordinary people I had met at the Christmas shop,” he explained.

He came back to volunteer with the Activities Department and has served in a variety of areas, from the bookstore to finance to the Holy-In-One Golf Outing and the Car Cruise-In. At the Car Cruise-In, he has been nicknamed “Mr. Popcorn” after making and distributing popcorn bags to residents and guests for a couple years.

“I have never encountered a more thankful and friendly environment than the one at Regina Health Center. It makes you want to do anything you can to help,” he said.

Doing anything to help extended to recruiting his wife Dianne, who has a passion for sewing and quilting. She has turned that passion into helping keep residents warm by creating lap blankets. She said the idea came from when her mother was in a skilled nursing facility and a volunteer there gave her a crocheted blanket. When her mother passed away, Dianne inherited several containers of yarn. She was wondering what to do with all the yarn when it occurred to her, “Why don’t I ‘pay it back’ in her memory and make crocheted lap blankets out of her yarn.”

Pieces of Dianne’s work are on every floor and touch almost every resident. She created an impressive quilt that hangs outside the Holy Family Chapel (pictured above). In addition to lap blankets in resident rooms, her work can be seen moving about the hallways in the form of carry bags (pictured above right, Sr. Patricia O’Brien, OCD) she creates for residents with walkers. The colorful, practical bags fit perfectly over the front of their walkers.

“It gives me peace and internal happiness to know that I was able to make someone smile,” Said Dianne.

VOLUNTEER SPOTLIGHT ::

Bob & Dianne Nichols
Love to Give Back
Make an Impact for Regina Health Center and for you and your family

As the end of the year approaches, now is the perfect time to make a tax-deductible donation or charitable distribution to make a lasting impact during this holiday season. Because of you, we’re able to provide exceptional, compassionate care to those who need it most in a beautiful, comfortable home. Following are just some of the ways you can help us accomplish this important mission.

**Charitable Gift Annuity**
- The ability to make a meaningful gift
- The opportunity to increase fixed income
- The opportunity for tax-free income
- An immediate income tax deduction
- Capital gains tax liability spread over life expectancy

**Bequest by Will or Living Trust**
- Donate a portion of your estate
- If you already have a will, you can add a bequest for Regina Health Center

**Financial Account Beneficiary Designations**
- Direct holdings in retirement savings and bank accounts such as 401(k)s, IRAs, and CDs
- Update your beneficiary designation to Regina Health Center

**Life Insurance**
- Designate Regina Health Center the owner or beneficiary
- Deduct the cash values of policy as well as premiums
- Contact us before any changes are designated

**Other Gifts**
- Charitable Lead Trusts
- Charitable Remainder Trusts
- Gifts of stock, real estate or other valuable donations can be advantageous for you and Regina Health Center

Contact us about making your end-of-year gift and a lasting impact for Regina Health Center and the mission of the Sisters of Charity St. Augustine. Call Colleen Corrigan Day at 330.659.5132 or email cday@reginahealthcenter.org.

This information is not intended or offered as financial or legal counsel. Before making any of the aforementioned gifts, please consult with your financial and legal advisors. Inform us of any gift you intend to make so that we can discuss your preferences for gift acknowledgment and designation.

She and Bob have no plans of slowing down with their volunteer work at RHC anytime soon. “Regina offers everything that I am looking for in a place to ‘give back.’ The staff is extremely caring and friendly, and everyone is a pleasure to work with. The residents are well cared for, and they appreciate our efforts,” said Bob. “There is a sign in the entrance to the facility that says ‘Peace Site’ and it truly is.”

*Regina Health Center is fortunate to have many loving and dedicated volunteers that help the facility run smoothly and we cannot thank them enough. If you’re looking for rewarding, interesting volunteer opportunities, there are a variety of volunteer positions at RHC. Please call Jackie Clancy, volunteer coordinator, at 330.659.5128, for more information.*
The Grateful Hearts Tribute Program was established so donors can make a meaningful gift to support the mission of Regina Health Center and at the same time, remember or honor a loved one or a dear acquaintance. Between September 1, 2018, and August 31, 2019, 444 tribute gifts were made. Regina Health Center thanks the generous donors who made gifts of tribute and congratulates those who have been honored. We pray for all listed on these pages, living and deceased.

The Grateful Hearts Tribute Society

**PERMANENT TRIBUTES IN MEMORY OF:**

Sr. Rose Angela, OSU
Sr. Mary Annunciata, OSU
Sr. Mary Patricia Barrett, CSA
Margaret Anne Brosnan
Mary Barrett Brosnan
Patrick J. Brosnan
Elizabeth Carrarah
Daniel Cole
Madge Dzugan
Sister Elaine Eggert, OP
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Sr. Andrew Parchem, CSA
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Lois Soss
Sr. M. Martin Tominey, CSA
Sister Siena Ward, OP
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*Tribute gifts received between 9/1/19-8/31/20 will appear in the fall 2019 newsletter.
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Haas/Cochran Family
Anonymous 
Regina Health Center (RHC) is blessed to serve so many area religious and clergy in their retirement. They bring with them a lifetime of care and ministry through their years of service. In 2019, RHC celebrated nine of these spiritually rich individuals who continue to serve within the halls, chapels and spaces at RHC.
Holy-In-One Launches Third Decade; Expands Online Auction Bidding

Firestone Country Club hosted another winning outing this year. Regina Health Center held the 20th annual Holy-In-One Golf Outing on June 17 with 212 golfers and 300 dinner guests, and had the privilege of local TV anchor Todd Meany from FOX 8 serving as emcee.

Thanks to the support of sponsors, golfers, donors, guests and volunteers, the event raised an amazing $213,785 to help cover the costs of caring for the aging vowed religious, clergy and family members who receive 5-star care at RHC.

New this year was an online bidding process for some auction items. The online auction will be back and bigger for the 2020 outing so anyone interested in bidding can do so without having to be present at the event (see sidebar for more details).

**SAVE THE DATE FOR 2020—Monday, June 15 at Firestone Country Club**

Check your mail for the official “Save the Date Card” and register early to ensure your choice of course. Sponsorships are available now. Call Colleen Corrigan Day at 330.659.5132 for more information.

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**Christmas Shopping? Help Us Build Auction Baskets for Holy-In-One 2020**

A gift for you and a gift for RHC! Help us build our silent auction with a donation from our Amazon Wish List. Visit bit.ly/HolyInOne where you’ll find items to help build our auction baskets. You can also donate an Amazon gift card. Please mail to Regina Health Center or drop off to the RHC Mission Support & Donor Relations department.

**Pebble Beach® Raffle sponsored by Yanke Bionics Makes a Nice Stocking Stuffer**

Thanks to Yanke Bionics, you’ll again have the chance to win the trip of a lifetime through the Pebble Beach® raffle with only 200 tickets available at $100 each.

**19th Hole/Top Shelf Bar Cart Raffle**

For the second year, you can win a rolling bar cart that is fully stocked and valued at $1,000+. The 19th Hole Top Shelf Raffle tickets are $5 each or 5 for $20.

Tickets for both raffles can be purchased in advance by contacting Cheryl Dolego at 330.659.5142 or cdolego@reginahealthcenter.org. Winners need not be present for either raffle.

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**Get in on the Online Auction by Providing Your Email Address**

Don’t miss out on the fun and unique online auction items to support the 2020 Holy-In-One! Anyone can participate from any location with the online auction, which will begin prior to the June 15 event. These auction items will all be valued at more than $1,000 each. One of the biggest items from this year will be available again in 2020—the Firestone Country Club Overnight Golf Trip for 4 People ($4,500 value).

To find out more and to participate, please provide us with your email address. Contact Cheryl Dolego at cdolego@reginahealthcenter.org to ensure your email is on file.
RHC Ranks #3 in Ohio for Residential Care Family Satisfaction and #13 for Nursing Home Satisfaction

Regina Health Center (RHC) has again scored high in the Ohio Department of Aging (ODA) Family Satisfaction Survey for both skilled nursing and assisted living.

In the survey for residential care facilities (assisted living), RHC had a score of 97.4 out of 100, which is the third highest score among 743 total facilities, placing it in the top 1 percent in Ohio. The statewide average score was 82.6.

In the counterpart skilled nursing family survey, RHC had a score of 91.2 out of 100, ranking 13th among 986 total facilities in Ohio. The statewide average score was 77.8.

ODA’s biannual family satisfaction surveys are conducted by the Scripps Gerontology Center of Miami University. The surveys ask family members and friends of nursing home and assisted living residents about their perception of the facilities’ activities, administration, meals and dining, direct care, nursing and other factors that affect their family members’ lives.

“We are extremely proud to rank so high among all assisted living and skilled nursing facilities in the state. The satisfaction scores are a reflection of our caring, compassionate staff. We receive a lot of positive feedback from families, but it’s great to see family members feel the same way when surveyed by an outside group,” said RHC Executive Director Mark Yantek. “The family satisfaction scores are in line with our resident satisfaction scores, which were also among the best in the state last year.”

Dec 3 SUPPORT RHC
ON #WE GIVE CATHOLIC

Tuesday, December 3
12:00 A.M. TO 11:59 P.M.
Make your end of year donation to Regina Health Center on Tuesday, December 3, which is also known as “Giving Tuesday,” a global day of giving. Visit bit.ly/wegiveRHC for an easy way to make your online contribution. Or, you can make an online gift at any time at reginahealthcenter.org; click on the Giving tab and donate today. Watch for our year-end Let There Be Light annual appeal in your mail soon.

Dec 8 SPECIAL CHRISTMAS CONCERT and RECEPTION
(by invitation)

Sunday, December 8, 3 p.m.
The well-known Peace Together Choir will perform for residents, guests and RHC supporters. Light refreshments will be served after the performance. The Peace Together Choir is an interfaith choir whose mission is to perform and record meaningful music to bring hope and peace to its listeners. Look for invitations to arrive in November.
Regina Health Center Receives Circle of Excellence Award from National Nursing Administration Association for Deficiency-Free Rating

The National Association of Directors of Nursing Administration in Long Term Care (NADONA) awarded RHC with its highest honor, the Circle of Excellence Award, at a conference in Las Vegas. The award recognizes RHC for being one of only a handful of nursing homes in Ohio to receive a deficiency-free survey from the Ohio Department of Health (ODH) in 2018.

The survey process involved an unannounced visit from multiple ODH employees who spent several days reviewing organizational procedures, observing hands-on operations and speaking to residents. The survey process focuses on how the needs of residents are met, encompassing not only their medical and nursing needs, but also their social, psychological, and spiritual, nutritional and physical needs.

Accepting the award for RHC at the conference was Shevawn Smith, RN, assistant director of nursing, who also received a NADONA Fellow in Executive Leadership Award. To receive that award, she had to display outstanding service to residents, being intentional about leading others and demonstrate a commitment to taking her career to the next level by participating in the NADONA Executive Fellow Graduation Leadership Program. She was one of only eight 2019 graduates of this specialized executive program.

“NADONA is a prestigious organization in the nursing and health care arena and it means a lot to be recognized as a facility and for one of our nursing leaders, Shevawn, to complete NADONA’s intensive executive training program.”

— RHC Director of Nursing Janet Cinadr

Employee Achievements

We are pleased and proud that Regina Health Center employees continuously seek to improve themselves both personally and professionally. Congratulations to the following individuals for their recent achievements:

Sam Beeler is now a licensed practical nurse.

Lana Gerashenko is now wound care certified by the National Alliance of Wound Care and Ostomy.

Activities Assistants Sandra Platt and Patricia Conklin are now Certified Dementia Practitioners.

Mar 11 “AN EVENING OF GRATITUDE” LES DELICES MUSICAL EVENT IN THE HOLY FAMILY CHAPEL (by invitation)

Wednesday, March 11, 2020
Les Délices, Cleveland’s acclaimed early music ensemble, presents a special program of timeless melodies and inspired improvisations that finds common ground between the tender sentiments and rich harmonic language of 17th-century love songs and 20th century tunes made famous by Nina Simone, Edith Piaf, Billie Holiday and more.

Apr 30
Thursday, April 30, 2020
CIRCLE OF ABIDING LOVE — DONOR RECOGNITION MASS AND DINNER WITH BISHOP GRIES (by invitation)

Jun 15 Save the date!
21ST ANNUAL HOLY-IN-ONE GOLF OUTING

Secure the course of your choice (north or west) with an early sponsorship. Call Colleen Corrigan Day at 330.659.5132 or register online at www.holyinone.com.
WISH list

The Wish List continues to be a success for those wishing to help in a specific way. We thank the Wish List donors who gave cash or gifts-in-kind in response to our last newsletter’s request, and share our current needs below. We are extremely thankful, grateful and appreciative of your ongoing support!

NURSING DEPARTMENT

— 5 Full-Body Patient Slings – $83.15 each
— 4 Positioning Wedges – $66.22 for two
— 5 Folding Fall Mats – $93.59 each

ACTIVITIES DEPARTMENT

— Order Out/Eat-In Program — donations to enable residents to enjoy lunch from well-known restaurants who are unable to travel to their favorite eateries.

MISSION SUPPORT

— Gently used or new baskets, trays, crates, buckets or other suitable containers to help create gift packages.
— Packing peanuts – leftover foam fillers from your online or catalog orders to help fill gift baskets.

PHYSICAL THERAPY

— Tennis balls (for the bottom of walkers)

PASTORAL MINISTRY

— Poinsettia for Christmas – $25 each
— Candles for the 2019 Advent Wreath – $80
— Hosts for a month – $80
— Sacramental wine for a week – $30
— Easter Candle for 2020 – $200

HOLY-IN-ONE AUCTION & RAFFLE ITEMS

Gift items that can be used for the online and silent auctions, and raffles at the annual Holy-In-One fundraiser: bottles of wine or other spirits, gourmet foods, tickets to sporting events, theatre productions or unique experiences like weekend getaways, amusement parks, and sight-seeing trips, sporting goods and collectibles, small appliances, gift certificates or cards for Amazon, local restaurants, entertainment venues, etc.

Contact Cheryl Dolego at 330-659-5142 or cdolego@reginahealthcenter.org to make arrangements or if you have questions.