The HEART



of Regina Health Center



FALL 2018

MISSION

provides compassionate
and holistic health care
services primarily for
members of religious
communities, clergy
and for other persons
needing supportive
services or residential
nursing care. Regina
Health Center is a
collaborative ministry
sponsored by the Sisters

of Charity Health System.

Regina Health Center

Generous Donors Boost 25th Anniversary Renovation Campaign

Regina Health Center (RHC) celebrated its 25th anniversary on September 8 at Portage Country Club. The highlight of the evening was the announcement of a \$1 Million Matching Gift Initiative for the 25th Anniversary Renovation Campaign to inspire others to join in the efforts to raise a total of \$2.5 million in philanthropic support. The Matching Gift Initiative offers donors a dollar-for-dollar match up to \$1 million for all new gift commitments to the campaign.

Having learned that RHC had started to secure gifts for the Matching Gift Initiative, long-time supporters Katie and Bud Koch decided to make a historic \$500,000 gift commitment, which made them the most generous individual donors in RHC history (as opposed to an estate or organization).

Bud said, "We know how important this renovation is and we wanted to give the renovation a boost to encourage others to make a gift." Katie added, "We wanted to do more for the mission of caring for these wonderful residents who have spent their lives taking care of others."

Katie and Bud began supporting RHC 20 years ago when they heard about the Holy-In-One Golf Outing. Bud, an avid golfer, thought the outing was a great opportunity to support a worthy charity and meet others with the same interests. Katie became more involved when RHC started doing home tours in the Glencairn neighborhood in Richfield. Katie and Bud, along with several residents of the area, opened their homes for a special fundraising tour to benefit RHC. Katie participated on the House Tour Committee and later chaired the committee.

The Kochs have been very charitable with annual gifts to RHC, and Katie is on the RHC Board of Directors and has served on several committees, including as the chair of the 25th Anniversary Planning

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REJUVENATION IS IN THE AIR



Fall might be in the air, but at Regina Health Center, this is a time of rejuvenation. We're thrilled to announce that the largest facility renovation in our 25-year history will kick off in mid-November. The singular focus of this renovation is to enhance the quality of life for residents, which is why we are focusing solely on resident living and gathering spaces.

We will be updating resident rooms with new beds, dressers, window treatments,
LED lighting fixtures, flooring and fresh paint, as well as renovating the dining and
common living areas with new tables, chairs, paint, lighting and flooring, and updating and upgrading
our rehabilitation unit and nursing stations.

As I've written about previously, these renovations are much needed after 25 years to enhance the experience of our residents and ensure we can continue to provide exceptional care in a warm, welcoming environment. We have undertaken extensive planning for the renovations so that life at RHC is uninterrupted as much as possible. To accomplish that, the project will proceed over the course of approximately 18 months. It will take that amount of time because the contractor will focus on renovating two or three rooms at a time. We'll start with empty rooms and then move to occupied rooms, with residents being temporarily relocated to nearby rooms for no more than two weeks.

Our renovation planning team includes multiple groups with extensive experience in health care facilities, such as Invacare Corp., a manufacturer and distributor of medical equipment; Norman Eckinger, Inc., a project design and general contracting firm with a staff that is certified health care construction trained; and, a committee of staff members, board members and CSA Sisters focused on project financing, functionality and aesthetics (working with a professional interior design firm).

Renovations will begin on the second floor in the B wing, which is our busiest area. As renovations proceed, we will keep you updated about progress via website updates or email.

In addition to being a time of rejuvenation, this is also a time to give thanks for our generous donors and supporters, many of whom joined us in September for our 25th Anniversary Gala celebration. The gala was a major success all around. Before it even began, we had raised \$1 million from six donors to start a Matching Gift Initiative to raise funds for the 25th Anniversary Renovation Campaign. The gala helped raise additional funds for the campaign, and was a great celebration and reunion among long-time supporters, friends, religious congregations and clergy.

My wife and I personally had a wonderful time connecting with our RHC constituency and meeting many others for the first time. The generosity before the gala and all who came from near and far really drove home the point of how much Regina Health Center means to so many. You could really feel the love for this ministry. Knowing how supportive, helpful and generous our friends and supporters are makes it that much easier for all of us to carry out our mission of providing compassionate, exceptional care to those who need it most.

And soon, we'll be providing that care in a rejuvenated home that's even more beautiful and comfortable than ever before.

Regina Health Center Board of Directors

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Adam Gockowski

Deacon Mark

DEACON MARK C. YANTEK, LNHA

Executive Director, Regina Health Center

RHC Receives 9th Consecutive Assisted Living Deficiency-Free Survey



Receiving one deficiency-free survey is difficult to achieve. Receiving nine in a row is truly remarkable. Regina Health Center's Assisted Living facility recently received a deficiency-free survey from the Ohio Department of Health (ODH), which marked the ninth year in a row the ministry has received this perfect rating.

"Nine years in a row is an extraordinary achievement," said Mark Yantek, executive director, Regina Health Center. "There are many, many standards that are closely scrutinized during unannounced inspections. That's why it's such an impressive feat to be deficiency free so many years in a row."

On the skilled nursing side, Regina
Health Center also received an ODH
deficiency-free survey earlier this year—
meeting hundreds of federal and state
health and safety standards to achieve
a perfect survey. The survey process
focuses on how the needs of residents
are met, encompassing not only their
medical and nursing needs, but also
their social, psychological, spiritual,
nutritional and physical needs. Only 10
percent of all facilities nationally and in
Ohio receive a deficiency-free survey.

"With progressively more rigorous requirements, achieving a deficiency-free rating has become more difficult than ever, which shows how hard we work to ensure the health and well-being of our residents are being met. Survey results help provide insight into making an informed decision when choosing a skilled nursing facility," said Yantek. +

A Qualified IRA Charitable Distribution is a Great Way to Make a Matching Gift for the 25th Anniversary Renovation Campaign

For those 70½ or older who are required to take a required minimum distribution (RMD) from your IRA or some other tax-deferred retirement accounts, consider using those funds to make a qualified charitable distribution. The qualified charitable distribution involves a direct transfer from your IRA that is payable to the charity. The direct-transfer charitable distribution still counts toward your RMD. You can transfer up to \$100,000 per year per plan owner assuming you file a joint tax return. The amount transferred to charity will not be counted toward your taxable income, as would be the case with a regular, non-charitable distribution. The rules for a qualified charitable distribution are as follows:

- 1. You must be $70\frac{1}{2}$ or older before requesting the charitable distribution.
- 2. You can transfer up to \$100,000 per year from your own plan.
- 3. Funds must be transferred by December 31 to count toward RMD for the year.
- 4. Funds must be transferred directly to the charity and made payable to the charity.
- 5. Eligible plans include Traditional and Roth IRAs.

A qualified charitable distribution is easy to process. Just call your plan administrator and they will send you the appropriate forms.

By using a qualified charitable distribution to make a gift toward Regina Health Center's 25th Anniversary Renovation Campaign, your gift will be matched by the Matching Gift Initiative, as long as the fund has not been depleted. In any case, a qualified charitable distribution makes a lot of sense, and we see many gifts of this type throughout the year.

Please call Maureen O'Neill-Laszlo for more information at 330.659.5132.



Vowed Religious & Clergy CELEBRATE JUBILEE YEARS



Regina Health Center (RHC) is blessed to serve so many area religious and clergy in their retirement. They bring with them a lifetime of care and ministry through their years of service. In 2018, RHC celebrated 12 of these spiritually rich individuals who continue to serve within the halls, chapels and spaces at RHC.



Sr. Mary Eugene Gear, OSU 75 YEARS

Teacher, librarian, principal and program director are all titles that Sr. Eugene has held over the years, in

addition to her eight years of elected congregational leadership. Though she has been recognized and awarded by several educational associations, her heart has always remained with the poor, especially poor children. She said, "Since I entered the community in 1943, I have always been accompanied by Ursulines who put poor children first and who follow St. Angela's compassion for the poor."



Sr. John Mary Blaser, OSU 70 YEARS

Whether she was teaching grade school or math, leading in her several school administration roles, serving

on the Ursuline Sisters leadership team, or acting as the general treasurer for her congregation, Sr. John Mary has managed to keep herself busy. She even became a math tutor for seven years after her "retirement!" She said, "I am most grateful for our Ursuline Community. We are blessed by the relationships we have within our community. It is so evident here at Regina Health Center."



Sr. Patricia Dippel, OSU 70 YEARS

Sr. Patricia's gift is her genuine love and respect for those whom she served, learning from all of them—

children, parents, colleagues and the elderly. She taught elementary school, served as a principal, acted as formation director for young sisters and ministered to the elderly, enjoying her life at all stages. She said, "I am truly grateful to our dear Lord for allowing me the 'true gift' of a religious vocation and the graces needed to carry it out this long!"



Sr. Rosemarie Robinson, OP 70 YEARS

"Regina Health Center came together because of the willingness of the Sisters of Charity of St. Augustine and the hard work of Sr. Rosemarie to solve a serious problem for our religious friends."

-Sr. Bernadine Robinson, OP

To read more about Sr. Rosemarie, see the Resident Spotlight article on page 6.



Sr. Myra Skebe, OSU 70 YEARS

Nearly all of Sr. Myra's Ursuline life was devoted to education, having taught for many years in a number of

Catholic grade schools. She then served in the Cleveland Diocesan Religious Education Department for eight years and continued her educational ministry in Oberlin for 15 years. A highlight of Sr. Myra's ministry was her seven years as the local coordinator of the Rainbow Program, which provided peer support to help children who were grieving death, divorce or other painful family transitions.



Sr. Denise O'Riordan, SIW 70 YEARS

A "seamstress extraordinaire," Sr. Denise could be found many times over the years in the sewing room mending

a student's uniform, making garden seat cushions, mending or altering sisters' clothes, sewing the second-grade banners for first communion, and an assortment of other projects. Originally from Ireland, she obtained her bachelor's degree in elementary education from St. John College and went on to teach and tutor at several parochial schools. She also volunteered for summer school programs and PSR.



Sr. Catherine Walsh, CSA

Sr. Catherine is presently living and working in Akron at the Catholic Worker House on Princeton Street where she

serves to provide hospitality to women and children and the Hispanic community. She ministered to and served the Hispanic community at St. Bernard Parish after returning from her ministry serving on the Cleveland Diocesan Mission Team in El Salvador. Sr. Catherine continues to be Christ in action and a beacon of hope and hospitality to those most in need in the Akron area.



Fr. Robert Pittman, SSS 60 YEARS

Fr. Pittman's life can be briefly summarized as a teacher, a founder and a good priest. His 60 years of

priesthood can be best characterized by his perseverance and unswerving fidelity to his Eucharistic vocation. Fr. Pittman's creation of the Body of Christ Farm Community in his home state of Maryland was a gesture of social justice, along with his many mission appeals across the country. His favorite mission was also his first ministerial assignment in Maputo, Mozambique. (Excerpted from a Homily of Fr. Roger Bourgeois, SSS)



Sr. Jane Lab, CSA 50 YEARS

Celebrating her golden jubilee, Sr. Jane commented on her years of service during a recent celebration. "Reflecting

on my many years of serving as a chaplain and recalling the many grace filled moments I spent with numerous patients and their families as I ministered in good times and sad; be it an emergency situation, pre-surgery, post-surgery, daily spiritual visits. My own spiritual life was greatly enriched by these experiences. As I was going through my training as a chaplain, I recall reflecting on my ministry of 'be'—being who we are, being present in Jesus' name and being one with those we serve."

The following residents who passed away this year also celebrated their jubilee year:

Sister Sheila Kearns, OSU 75 YEARS
Sister Annn Clare Asbeck, OSU 70 YEARS
Sr. John Vianney Marria, OSU 70 YEARS

RESIDENT SPOTLIGHT

Sister Rosemarie Robinson, OP, Set the Stage for Regina Health Center



Sister Rosemarie Robinson (formerly Margery Ann Robinson), a member of the Dominican Sisters of Peace, has had a rich and rewarding life—and was one of many who helped lay the foundation for Regina Health Center (RHC) more than a quarter

century ago. She knew at an early age that she wanted to enter religious life. She was schooled by the Dominican priests and sisters at St. Dominic Parish in Youngstown, Ohio. And, she wanted to follow in her sister's footsteps, Sister Bernadine Robinson. She became a postulant her senior year of high school. On April 13, 1947, she received her habit and religious name, Sister Rosemarie.

Sr. Rosemarie was set to attend St. John College for fulltime study when an elder sister who taught at St. Bernard school in Akron became ill. Sr. Rosemarie was asked to take her place for one semester, which became seven years. She later attended St. John College and earned bachelor's and master's degrees in education.

Sr. Rosemarie went on to teach for many years and became the principal of St. Augustine School in Barberton. In 1969, she was elected to the Dominican Sisters of Peace General Council and in 1973 she became president of the congregation, serving in that position for eight years. Bishop Anthony Pilla appointed her in 1983 to serve as delegate for the religious of the Cleveland Diocese, where she served until the fall of 1991.

During that time, it became increasingly evident to her that a crisis was looming around the health care needs of the aging religious. Sr. Rosemarie said that she and Sr. Mildred Baker, IHM, visited with just about every religious congregation in Northeast Ohio to determine the needs of their members. She discovered that it was becoming

very difficult for congregations to continue to care

for their elder members. Younger members were in fulltime ministry and additional staff was needed to care for infirmed members.

Following her initial assessment of need of whether existing infirmaries could be used, she reached out to the Ohio Department of Health and other government agencies to see if there was a way to care for older members without being a licensed nursing home. Alternative options were discussed with the Conference of Religious Leadership (CORL) of the diocese. They discussed a collaborative remedy where communities could be in one location and could have the companionship of other members as well as the spiritual nourishment so vitally important to them.

Sr. Rosemarie knew that the congregation of the Sisters of Charity of St. Augustine was considering repurposing a portion of its motherhouse at Mt. Augustine in Richfield, Ohio, and that they had a health care background in the diocese. She reached out to the congregation and planning ensued. Twenty-two congregations said "yes" to the resulting establishment of RHC. Twenty-five years later, Sr. Rosemarie Robinson has gone full circle and is now a resident at RHC.

Sr. Bernadine said of her sister, "Regina Health Center came together because of the willingness of the Sisters of Charity of St. Augustine and the hard work of Sr. Rosemarie to solve a serious problem for our religious friends."

Sr. Rosemarie added, "I am thankful to be at Regina Health Center." •

Correction: Sr. Rosemarie Robinson, OP, was erroneously listed as Sr. Rosemarie Robinson, CSA, in the spring 2018 The Heart of Regina Health Center newsletter

Sister Judith Ann Karam, CSA, Inducted into Ohio Hospital Association Hall of Fame



Congratulations to Sister Judith Ann Karam, CSA, for being inducted into the Ohio Hospital Association (OHA) Health Care Hall of Fame at the

annual OHA recognition dinner in June. Sr. Judith Ann joins a distinguished group in the hall of fame. Last year's recipients included Governor John Kasich and former Cleveland Clinic President & CEO Toby Cosgrove, M.D.

The OHA Hall of Fame recognition honors the men and women who have made significant contributions—beyond having successful organizations or careers—that have notably helped advance the interests and image of Ohio's hospitals or health systems.

Following are excerpts from the OHA's induction announcement: "Dedication. Compassion. Faith. Those three words best describe how Sister Judith Ann Karam, CSA, tirelessly leads the Congregation, the Sisters of Charity of St. Augustine.

Sr. Judith Ann has been recognized by local, state and national organizations for innovation in health care. Her leadership to provide quality health care access to the underserved embodies the altruistic values of her religious congregation, which came to Cleveland in 1851. This legacy continues today through the Sisters of Charity Health System and its many ministries. This new recognition continues to exemplify the indelible impact her leadership has had on our community and hospitals across the state of Ohio." •

You Can Make a Gift to Regina Health Center and Receive Income for Life

Charitable Gift Annuities (CGA) continue to be a popular gift for many. A Regina Health Center Charitable Gift Annuity is a simple agreement between you and Regina Health Center (RHC). In exchange for your gift, RHC promises to pay you a fixed sum each year for life. After your lifetime, the remainder will go toward RHC's mission of care and compassion. A Regina Health Center CGA allows you to make a gift that will pay you income for life at very attractive fixed rates of return. Current bank certificate of deposit rates are paying up to 3% if you are lucky, but if you are 75 years old, you can establish a Regina Health Center CGA with an income rate of 6.2%, and because your income payments are partially tax-free, that is an equivalent rate of 9.5% (based on a marginal income tax bracket of 31.8%). The minimum age to establish an RHC annuity is 60. The illustration below shows how you will benefit from a CGA.

Age 75:	Certificate of Deposit	Charitable Gift Annuity
Amount	\$10,000	\$10,000
Payout	3.0%	6.2% *
Annual payments	\$300	\$620
Charitable Tax Deduction	\$0	\$4,575**

^{*} Gift annuities are open to those 60 years or older. (Rate for a 60 year old is 4.7%). The older you are, the higher the payout rate.

There are many reasons to consider a Regina Health Center Charitable Gift Annuity

- · Simple agreement between you and RHC
- · Reliable fixed income for life
- Possible charitable income tax deduction
- Partially tax-free income for most
- Additional fixed quarterly income payments to be used any way you wish
- · Capital gains savings for gifts of appreciated securities
- Membership as a Regina Society member
- Satisfaction of ultimately supporting the mission of care and compassion at RHC

Call Maureen O'Neill-Laszlo, director of mission support and donor relations, at 330.659.5132 for a personalized, no obligation gift annuity illustration. Or, complete the envelope inside this newsletter.

^{**}Applies to individuals who itemize. Due to the 2018 higher standard deduction, check with your tax advisor about the deductibility of your gift.

GENEROUS DONORS cont. from page 1



Katie and Bud Koch

Committee, with the event being a success on every level. She and Bud are also involved with the annual Holy-In-One Golf Outing and were both instrumental in completing the developmental study last fall, which led to the facility update plan.

Executive Director Mark Yantek said,
"We are fortunate to have great supporters
at RHC. Bud and Katie exemplify the many
who believe in this ministry of caring for
the aging religious, clergy and laity. Words
cannot describe how elated we all are
to have such wonderful friends as Bud
and Katie to lead the charge in this most
meaningful way. We are truly grateful."

The Matching Gift Initiative will match dollar-for-dollar all gifts of \$100 or more contributed by donors toward the 25th Anniversary Renovation Campaign until \$1 Million in the matching gift fund is reached.

For more information about how to make a matching gift for Regina Health Center's renovation, call Maureen O'Neill-Laszlo at 330.659.5132. You can also use the envelope inside this newsletter to make your gift.



CELEBRATIN

Regina Health Center is well on its way to securing the necessary funds to begin work on the much-needed renovation of resident rooms and community spaces. The renovation project kicked off at a 25th Anniversary Gala celebration at the Portage Country Club in Akron on September 8. Leaders from the original 22 congregations who collaborated with the Sisters of Charity of St. Augustine to open Regina Health Center (RHC) were invited to attend as guests.

The evening began with a champagne reception to celebrate RHC's board members, gala sponsors and visionary leaders who created a Matching Gift Initiative to help inspire others to join in the effort to raise funds for the 25th Anniversary Renovation Campaign.



Seated are Sr. Judith Ann Karam, CSA (left), Bob and Aggie Maynard, Bishop Roger Gries and guests.

Guests were
entertained with
upbeat tunes by
Cats on Holiday
during the cocktail
reception before
enjoying a sit-down
dinner. Sr. Judith
Ann Karam, CSA,
congregational
leader of the

Sisters of Charity of St. Augustine, spoke at the event, fondly reminiscing about those who helped create RHC. Everyone took home a commemorative anniversary teacup filled with teabags and honey sourced from the hives on the Mt. Augustine grounds, home of RHC.

The gala raised \$93,000 and net proceeds will go directly toward the cost of the renovation, which is slated to begin in November.



Members from some of the original congregations

G 25 YEARS IN STYLE



RHC Executive Director Mark Yantek, Susan Strauss, and Tom Strauss, president and CEO of Sisters of Charity Health System

In conjunction with the funds that were raised for the gala, a Matching Gift Initiative was announced at the event, with \$1 million raised by six donors to create the initiative. Through the Matching Gift Initiative, RHC can match dollar-for-dollar all gifts contributed by donors toward the 25th Anniversary Renovation Campaign up to \$1 million. In addition, major donors now have a number of recognition opportunities, including visual recognition and named spaces throughout RHC.

"Thank you Regina Health Center for 25 years of FAITHfully keeping the care in healthCARE."

- Dr. Elizabeth Macintyre, matching gift donor



RHC board President Dave Simia and his wife, Georgeann

Thank you to Katie Koch for chairing the 25th Anniversary Planning Committee.

And, THANK YOU to these generous friends whose extraordinary gifts created the Matching Gift Initiative to encourage others to join them in continuing RHCs legacy of care and compassion: Kathleen (Katie) and Charles (Bud) Koch;

Drs. Elizabeth P. Macintyre and Joseph A. Sopko; Sisters of Charity of St. Augustine; Sisters of Charity Foundation of Cleveland; Ursuline Sisters of Cleveland; Donor who wishes to remain anonymous. •

LEAVE YOUR OWN LEGACY

In celebration of Regina Health Center's 25th anniversary, we are pleased to announce a Matching Gift Initiative that has been established by a group of generous benefactors. These donors have agreed to match dollar-for-dollar all gifts of \$100 or more made by other donors up to \$1 million (as of 9/30/18.) The generosity of the matching gift donors has also provided us a unique opportunity to offer visual recognition and naming opportunities in various spaces throughout Regina Health Center. These opportunities begin at the \$25,000 level and can be paid over time.

Call Maureen O'Neill-Laszlo 330.659.5132 to discuss these opportunities and how you can leave a legacy for generations to come. In some cases, a planned gift (will or trust provision, charitable gift annuity, other beneficiary designations) will qualify for visual recognition opportunities.

Regina Health Center Tribute Gifts

The Grateful Hearts Tribute Program was established so donors can make a meaningful gift to support the mission of Regina Health Center and at the same time, remember or honor a loved one or a dear acquaintance. Between January 1, 2017, and August 31, 2018, 449 tribute gifts were made. Regina Health Center thanks the generous donors who made gifts of tribute and congratulates those who have been honored. We pray for all listed on these pages, living and deceased.

PERMANENT TRIBUTES

Margaret Anne Brosnan
Mary Barrett Brosnan
Patrick J. Brosnan
Elizabeth Carraher
Sister Elaine Eggert, OP
Thomas and Louise Fleming
Donald A. Gedeon
Mary Ellen and John Grecol
Elizabeth Miskalo and John Miskalo
Ruth Marian Raybuck
Lois Soss
Sister Siena Ward, OP

2017-2018 TRIBUTE GIFTS*

IN MEMORY OF

All Sisters and Priests
Mr. and Mrs. Gary L. Elton

David Anderson Mrs. Mary Gardner

Jim Anderson Mr. Joe Graviss

Sister Mary Ann Andrews, CSA Ms. Margaret A. Keenan Ms. Lucile H. Maher

Nadia Anikienko Ms. Luda Grossman

Sister Mildred Baker, IHM Mr. and Mrs. James P. Marron Father Paul J. Rosing

Father George Balum Mr. James N. Martin

Jean Barber Williams
Clara Faber Foundation

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Lorraine M. Bilek
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Bittner & Schmidt Families

Mr. and Mrs. Harry P. Schmidt

Blair Family
Mr. and Mrs. Richard M. Blair

Irene and Joseph Bogdan
Mr. and Mrs. William J. Bogdan

Jim Brigotti

Ms. Kathleen Brennan
Mr. and Mrs. Craig Brown
Calanni Family
Mr. Luciano Calanni
Ms. Judy Carroll
Ms. Margaret Claeys
Mr. John Gregor
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Julie and Mike Buckley
Mr. and Mrs. James M. Buckley

Fern and Howard Buncher Ms. Barbara Shumaker

Nancy C. Buzzelli Buzzelli Family

Mary E. Casey
Mr. and Mrs. Larry Anderson

Marcella Celedonia
Mr. and Mrs. Frank Celedonia

Connie Centorbi Mr. and Mrs. James Centorbi Vicki Centorbi
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Wanda Chojnicki Mrs. Marilyn Friga

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Mr. and Mrs. Ronald P. Coakley

Sister Martha Connelly, CSA Mr. and Mrs. Michael J. Connelly

Concetta F. Costanzo
Dr. Mary Ellen Hunt

Crisafi Family
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Iris and Richard Criscoe Mr. and Mrs. Timothy H. Duncan

Marie Csokmay

Mr. and Mrs. Joseph Prizzi

Brittany Cummins
Ms. Patricia Glancy

Father Francis D. Curran
Mr. and Mrs. Phillip C. Reardon

Deceased CSA Sisters
Mr. and Mrs. Mark Rubin
Mrs. Frances C. Werstak
Mr. and Mrs. Eugene G. Yurick

Sister Carole DeCrane
The Honorable Colleen C. Cooney
and Mr. John Cooney

Mary V. and Thomas C. Dempsey, Sr. Mrs. Delann Dempsey

Tressa Diorio Mr. James Rakauskas

Rita Dominak
Mr. and Mrs. Robert P. Dominak

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Sister Mary Lillian Fries, CSA Mr. and Mrs. Douglas E. Fries Mr. and Mrs. Jerry Mahl Mr. and Mrs. Richard Mahl

Coletta C. Fuerst
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Charlotte Ganim
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Mr. and Mrs. Daniel R. Potopsky

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Joseph H. Gilchrist Mrs. Joann Gilchrist Mr. and Mrs. Michael Gilchrist

Elizabeth Grossi Mrs. Gloria Hejl Frances Guarnera

Ms. Rose Giangiobbe

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Haas/Cochran Family
Mr. and Mrs. Reeves P. Cochran

Sister Maura Hannam, CSA Mrs. M. Eileen Hegarty Ms. Patricia S. Timms Ms. Kathleen T. Young

Hosta Family Mrs. Evelyn M. Hosta

Angela E. Hronek Ms. Kathleen A. Hronek

Sister Mary G. Hudacko, SC Mr. and Mrs. John R. Hudacko

John P. Hughes Mr. and Mrs. John J. Crane Mrs. Anne M. Hughes Mr. and Mrs. John M. Hughes Sister Mary Inez
Mr. and Mrs. Francis G. Boehnlein

Reverend William J. Johnson Mr. and Mrs. James L. Mulac

Sister Maurice Joliat, IHM Mr. and Mrs. Richard Joliat

Leona Jurlina
Mrs. Linda Jurlina Baznik

Ann and Karl Kadzielski Ms. Lucia A. Kadzielski Mr. Mark A. Kadzielski

Thomas A. Kelly
Ms. Ann Bluemle
Mr. and Mrs. Richard D. Cervenak
Mr. and Mrs. James M. Kelly
Mrs. Jacqueline M. Kruggel
Mr. and Mrs. John Urban

Lloyd Kibler
Mr. and Mrs. Jeffrey M. Csire
Mr. and Mrs. Lawrence L. Sull

Father John Kilcoyne
Mr. and Mrs. Thomas M. Lynch
Mr. James M. McGuirk

Sister Assumpta Kneier, CSA Mr. and Mrs. Joseph V. Crowley

Winifred Kozdron
Ms. Dianne Buran
Mr. John Kozdron
Mr. and Mrs. Eugene F. O'Callaghan
Mr. and Mrs. Raymond J. Schmidlin
Ms. Ann Zupancic

Marilyn Laboda Mr. Robert E. Laboda

Florence Labuda
Mr. and Mrs. Mark Kadlec

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We regret if we have inadvertently excluded or misspelled any names. Please call the mission support and donor relations office at 330.659.5132 so that we can correct any errors.

THANK YOU



support & donor relations, and Pat Primm of Cascade Auto Group

Hole in One at the Holy-In-One!

Regina Health Center finished strong with another successful Holy-In-One Golf Outing at Firestone Country Club on June 18 with 218 golfers and 300 dinner guests who helped raise a record-breaking \$219,400.

Maureen O'Neill-Laszlo, RHC director of mission support and donor relations, said, "This outing is successful because those who support it truly appreciate RHC's mission of caring for our local retired religious and clergy, and the lay residents who enjoy being in a God-centered environment in the company of their religious friends. We have several resident family members who come to the event in support of their loved ones."

There was added excitement this year when Mike Beck from Akron scored a hole in one and won a five-day Carnival Cruise compliments of Cascade Auto Group, the 2018 Hole-In-One Sponsor. Cascade also offered a two-year lease on a 2018 Audi A-5 Cabriolet on two separate holes. Maybe next year Mike will score on the "car" hole. Congratulations Mike!

Congratulations are also in order for the winner of the Pebble Beach vacation. Dan Marchetta from Akron won a trip for two that includes a three-night stay in an ocean view room at Pebble Beach, airfare and rental car, two rounds of golf, and a gift card. Thanks to Yanke Bionics, Inc. for making the vacation possible through the Pebble Beach Sponsorship. Pebble Beach tickets for 2019 will be available by November 1. Call Cheryl Dolego at 330.659.5142 to purchase your raffle tickets before they are gone.

Thanks to all of our sponsors, golfers, volunteers, auction donors and all who make this golf outing a great success. The residents at RHC benefit enormously from the generosity of all involved. •

Nov. 27 Join RHC FOR ONLINE DAY OF CATHOLIC GIVING

Tuesday, November 27

RHC is participating in the Catholic Community Foundation's third annual day of Catholic giving on Tuesday, November 27, which is also known as "Giving Tuesday," a global day of giving. This powerful online event provides parishes, schools, ministries, Catholic Charities sites/programs, special ministries and Catholic nonprofits a unique way to build community, connect with donors, and generate excitement for the charities the foundation serves. Consider getting a head start on your year-end giving by visiting the WeGiveCatholic.org website on November 27, click on Search Organizations and type in Regina Health Center. It's an easy way to make your online contribution. Or, you can make an online gift at any time at reginahealthcenter.org; click on the Giving tab and donate today. Watch for our year-end Let There Be Light annual appeal in your mail soon.

December SPECIAL CHRISTMAS CONCERT and RECEPTION (invitation only)

December (date to be determined) The talented Peace Together Choir will perform for residents, guests and RHC supporters. Light refreshments will be served after the performance. The Peace Together Choir is an interfaith choir whose mission is to perform and record meaningful music to bring hope and peace to its listeners. The non-profit organization gives proceeds from CD sales and donations to charitable groups. This event is by invitation only. Look for invitations to arrive in November.

June 17 SAVE THE DATE! 20TH ANNUAL HOLY-IN-ONE GOLF OUTING

Monday, June 17, 2019 At Firestone Country Club. Secure the course of your choice (north or west) with an early sponsorship. Call Maureen O'Neill-Laszlo at 330.659.5132 or register online at www.Holyinone.com.

RHC News & Events

RHC Hospital Readmission Rate Well Below State Average

Hospital readmissions for patients discharged to skilled nursing facilities, while often unavoidable, can be costly. In Ohio, 16.7 percent of skilled nursing Medicare fee-for-service patients discharged from a hospital were readmitted within 30 days from April 2017 through March 2018.

The rate at Regina Health Center during the same period was 55 percent less than the Ohio average, with only 9.2 percent of patients being readmitted. Hospital readmissions are identified through Medicare claims data.

"Having such significantly lower hospital readmission rates than the Ohio average speaks to the quality of nursing care and overall care our residents receive," said Executive Director Mark Yantek. "There are several benefits to reducing hospital readmission, first and foremost being resident quality of life. Older adults are at increased risk for detrimental effects associated with hospitalization."

There's also the risk of reduced Medicare value-based payments from the Centers for Medicare and Medicaid Services (CMS). The Skilled Nursing Facility Value-Based Purchasing Program focuses on better outcomes and rewards skilled nursing facilities with incentive payments for the quality of care they give to people with Medicare, in particular reducing hospital readmissions.

Welcome New Director of Marketing & Community Relations



Melysa Foster is the new director of marketing & community relations. Foster has extensive experience in the health care industry, ranging from being a licensed medical massage therapist to having worked in business development

and community relations for several assisted living and skilled nursing facility services in Northeast Ohio. As director of marketing & community relations, Foster is spending much of her time in the community building relationships with physicians, congregations and other community organizations. She also supports digital and promotional marketing efforts for RHC.

WANTED: Pets for Pet Therapy



Pet Therapy is a very important part of comfort to many of our residents. If you have a dog or cat who has been through a certified program and have time and interest in visiting residents, please contact Vicky Putt, director of activities, at 330.659.5154 or vicky.putt@reginahealthcenter.org

Resident Satisfaction Among Tops in Ohio

RHC received among the highest marks in Ohio in the most recent biennial resident satisfaction surveys for nursing and assisted living facilities from the Ohio Department of Aging (ODA). RHC scored in the top 1 percent of all Ohio assisted living facilities in the ODA resident satisfaction survey. With a score of 96.26 out of 100, Regina Health Center ranked ninth statewide and number two in Northeast Ohio.

On the skilled nursing side, RHC achieved similar high scores in the counterpart survey for nursing homes. RHC was in the top 2 percent in the ODA resident satisfaction survey. With a score of 90.30 out of 100, RHC ranked 23rd statewide and number three in Northeast Ohio for resident satisfaction.

"We can say we provide exceptional care, but it's the opinions of our residents that matter the most. On the assisted living side, we rank in the top 1 percent of all facilities in Ohio for resident satisfaction. On the nursing side, we rank in the top 2 percent. These high rankings are a testimony to our hard working staff and Director of Nursing Janet Cinadr. Knowing our residents are so happy means we're truly providing person-centered care that leads to a higher quality of life."

- Mark Yantek, RHC executive director

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${f WISH}$ list

The Wish List continues to be a success for those wishing to help in a specific way. We thank the Wish List donors who gave cash or gifts-in-kind in response to our last newsletter request.

RESIDENT ACTIVITIES DEPARTMENT

The Regina Health Center Activities Department could not be any happier at the success of our monthly "Order Out, Eat In" program! Due to the generosity of our donors, as many as 30 Residents at a time have been treated to lunch from local requested eateries: Augie's Pizza & Catering, Honey Baked Ham Company, Mr. Chicken, and Al's Corner Restaurant, to name a few. Activities staff takes the orders and "sets the mood" with music and fellowship. Donations for this program would be gratefully appreciated by many of our residents who can no longer journey out to one of their favorite places to enjoy a meal.



Please Like us on Facebook. We frequently share resident events and photos, organizational news and employee recognitions.

NEWSLETTER CREDITS

The Heart of Regina Health Center newsletter is published in the spring and fall to keep our supporters and residents updated on the many wonderful people and things that take place here every day.

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