# VILLA VOICES

# DEAR FAMILY AND FRIENDS,

Summer is a special time of year to celebrate the joys of "family" and to reminisce together. The sweet fragrance of blossoming flowers, the trees blowing in the warm summer wind, and the birds singing their delightful melodies, joyfully remind us of our wonderful summer visits to see our dearly loved "family" and friends, especially grandma and grandpa. Their arms were always open wide to greet us! They taught us about love and the importance of doing good to all people and about doing the right thing, all of the time.

In a letter to the Galatians, chapter 6, verses 9 – 10, Paul writes: Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all, but especially to those who belong to the family of faith.

At Light of Hearts Villa, our "family" is privileged to have the opportunity to serve your "family" and friends. As a co-sponsored ministry of the Sisters of Charity of Cincinnati and the Sisters of Charity Health System, Light of Hearts Villa is a part of a large, diverse "family" of ministries, where the heart of each ministry is love and service.

Your loyal support and generosity make possible this wonderful work. The residents, staff, Board of Trustees and administration join me in Thanking You for your generous contributions made between January 1 and December 31, 2010. Know that we remember you in our prayers.

As you are enjoying your summer, may the unconditional love and acceptance of our Heavenly Father remind you of your cherished times with your "family" and friends and the importance of being a part of the "family" of God. Thank you for serving with us and for choosing us to serve you.

Arlene Jaroscak Executive Director

### SUMMER 2011

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Co-sponsored by the Sisters of Charity of Cincinnati and the Sisters of Charity Health System.



# Dr. Alagarsamy EMPLOYEE SPOTLIGHT

One look into Dr. Alagarsamy's (we affectionately call her 'Dr. Samy") expressive eyes and you know she has both compassion and spirit; two wonderful attributes for a doctor.

As we chatted and reflected on her first year as the Medical Director of Light of Hearts Villa, Dr. Samy said, "It's such a nice change from my office routine. I never have to wait for my patients; they are already here!"

"The families of our resident patients are more focused on keeping the residents comfortable rather than opting for lifestyle modification; which is a change from what I see in my office patient families. The atmosphere here at Light of Hearts Villa is much more relaxed and the residents are always so happy to see me!" Dr. Samy and her resident patients often talk about their families, the activities in which they are engaged and, of course, their diet. "They all say, 'I eat everything. The food here is great!' It's nice to have the residents eager to see me and to witness their friendly interaction with each other."

Dr. Alagarsamy

Dr. Samy and the Light of Hearts Villa Wellness staff have built a solid relationship and communicate well with each other. "They know what information I expect." That makes for optimum care for our resident patients.

Dr. Samy, an internist, has been a member of Cuyahoga Physician Network, the physician group employed by the Sisters of Charity Health System, for most of her career and has had an office at the Solon Medical Campus for 10 years. She wanted to be a doctor since childhood when she witnessed her parents ministering to those with disabilities. "When administering treatment, the results are almost immediate!" she exclaimed. The ability to help people and achieve positive results is very important to her and to us.

Dr. Samy and her husband, also a physician, have two wonderful sons. +

- Allie Zabrosky

### PROUD TO BE 100% DEFICIENCY FREE!

Light of Hearts Villa was found to be 100% Deficiency Free during our annual state survey in February 2011. We are proud of the joint efforts of our staff, residents, family members and volunteers who keep a focus on excellence.

#### **MONTHLY NEWSLETTER:**

Light of Hearts Villa has created a monthly newsletter called *From the Heart*. It contains our monthly activity calendar and noon meal menu along with articles and pictures of Light of Hearts Villa events. *From the Heart* can be emailed to you by contacting Allie Zabrosky at (440) 232-1991 or allie.zabrosky@lightofheartsvilla.org.

# Richard Varga RESIDENT SPOTLIGHT

One of our beloved residents, Richard Varga, has the very first listing in the new Benedictine alumni directory. Richard graduated from Benedictine in 1933 and may very well be Benedictine's oldest alumnus!

Richard and his deceased wife, Irene, were part of the Advisory Committee that guided the transition of Lumen Cordium High School into Light of Hearts Villa. He has been a resident at Light of Hearts Villa since 2009. •



BHS president, Fr. Gerard Gonda, OSB, presents a new embroidered Benedictine sweatshirt to Richard Varga.

# VOLUNTEERS

We have two favorite annual springtime traditions at Light of Hearts Villa. One is our Volunteer Appreciation Celebration and the other is Join Hands Day.





### **VOLUNTEER APPRECIATION CELEBRATION**

Volunteers are the heart of our Light of Hearts Villa community. They provided over 5,500 volunteer hours in 2010! Light of Hearts Villa honored the volunteers with a Mass, followed by a sumptuous French toast buffet brunch, inspired by Chef Raymond. This annual event celebrates the generous gifts of talent and time. This celebration, of these wonderful women and men, is a small token of our great appreciation for all that our volunteers do for our residents and staff! •

### JOIN HANDS DAY IS A WONDERFUL CELEBRATION OF THE SPIRIT OF VOLUNTEERING

On a beautiful, sunny Saturday in May, members of the First Catholic Slovak Ladies Association (FSCLA), family members, residents and staff helped to beautify our landscape by prepping the soil, transplanting, pruning and planting flowers. Indoor activities included a lively game of Bingo and the decorating of delicious hand-shaped cookies. An outdoor prayer service, Veteran's acknowledgement and balloon release marked the end of the celebration. Light of Hearts Villa is thankful for the generosity of the FCSLA as it is expressed in many ways throughout the year. •



#### EVERY ATTEMPT HAS BEEN MADE TO ASSURE ACCURACY. IF YOU HAVE CORRECTIONS, PLEASE CONTACT JODY SHY AT 440-232-1991. THANK YOU!

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# Welcome! We have added to our Light of Hearts Villa team.

Light of Hearts Villa welcomes (left to right) Jeannine Lehman, Director of Accounting, Jody Shy, Director of Development & Dennis Giangiacomo, Director of Facility and Operations. +

# Planned Giving at Light of Hearts Villa

Everyone wants to lead a fruitful life, have a successful career, earn the respect of others. But most people, given the opportunity, would like to feel that they have made a lasting contribution toward a better world, and that their lives have touched others, perhaps for many generations to come. There are several thoughtful ways that you can significantly support Light of Hearts Villa through our Planned Giving Program - in many cases without using current assets.

- Charitable Gift Annuity part investment and part gift, this provides supplemental income payments (for your lifetime and the lifetime of your spouse), significant tax breaks and support for our organization.
- Gifts by Will or Living Trust this allows you to retain full use of your gift property during your life. There are several options including general bequest, percentage bequest, specific bequest, residuary bequest and contingent bequest.
- Gifts from Life Insurance You can name Light of Hearts Villa as a beneficiary of your life insurance, or you can transfer the actual ownership of the policy to the organization.
- Gifts from Retirement Plans You can name Light of Hearts Villa as a beneficiary of your IRA, 401(k) or other retirement account, to avoid state and federal "death tax" and income taxes.

Other options may be available. Please contact Jody Shy, Director of Development, at (440) 232-1991, ext. 519 or via email at jody.shy@lightofheartsvilla.org for more details. +

### IN MEMORIAM:

"You have gone no further from us than to God and God is very near." We miss those residents who have died over the past year and know they rest in peace:

Lottie Chapek Mary Chepeus Rose Cinadr Mary Pat Daley Mildred Drewing Betty Edler Helen Konst Mary Kurtik Marion Malone Margaret Matyus Justine Mueller Angela Rakar Marie Sejhar Vivian Vopat *Veryl Whetstone* James Whitely Colleen Woodmansee



# OCTOBER 23 - SAVE THE DATE!

Sunday, October 23rd is the date of the Annual Fall Fest Dinner at Light of Hearts Villa. We've already started making plans for the event! This year we will have a raffle for a trip to Hudson, Florida for 1 lucky winner. The trip includes a 7 night stay in a beautiful, 2 bedroom, 2 bathroom, Gulf-front condo which sleeps 4-6 people, PLUS a \$500 Visa gift card!

The vacation can be used between May The 2011 Annual Fall Fest will also be availability of the donor. Photos of this vacation condo can be viewed at http://www.gulfcoastrentals.com/ florida-10/2hud-tilleryJ-hudson.htm. Tickets are \$50 each and there are a limited amount of tickets available. Once they are gone, they are gone! Winner need not be present to win.

1, 2012 and December 1, 2012 based on holding a 50/50 raffle and 1 lucky winner could win up to \$5,000 if all tickets are sold. Tickets are \$10 each and if we sell the 1,000 ticket limit, the winner will get \$5,000 and Light of Hearts Villa will receive \$5,000 as well. Contact Jody Shy, Director of Development, at (440) 232-1991, ext. 519 or via email at jody.shy@lightofheartsvilla.org for tickets.



283 UNION STREET BEDFORD, OHIO 44146

Fax: (440) 232-1782 Visit us on the Web!

www.lightofheartsvilla.org

(440) 232-1991

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# UPCOMING events

SEPTEMBER 11	10th Anniversary Memorial Prayer
SEPTEMBER 27	Feast of St. Vincent DePaul
SEPTEMBER 27	9:00 – 11:00 am Community Day of Prayer
OCTOBER 23	Our Annual Fall Fest Dinner Fundraiser – <i>Dinner, Raffle, Craft Fair &amp; Bakery</i> New this year! Condo & Gift Card Raffle; Limited tickets are available. For information, or, if you do not receive our mailing by September 16, please call: 440-232-1991
NOVEMBER 3	7:00 – 8:30 pm <mark>Prayer Service</mark> Remembering our Deceased Residents & Loved Ones
DECEMBER 3	10:00 am – Noon. Christmas Decorating Day Lunch provided. Families and friends are welcome to join us as we turn Light of Hearts Villa into a Christmas wonderland. Please RSVP by Dec. 1
DECEMBER 12	1:00 – 3:00 pm. A Christmas Celebration sponsored by the First Catholic Slovak Ladies Association. Mass following at 4:00 pm.
APRIL 18, 2012	9:00 am – Noon <mark>Mark the Date</mark> Three CEU Ethics Seminar with Jim Collins, Ph.D.

### HAND-IN-HAND DIFFERENCE

Our commitment to Person-Centered Care constantly surfaces ideas that will improve our home-like environment. But, we can't do it without your support! We want to refurbish our outdoor spaces with new patio furniture, new fencing and decorative planters. We envision a new, cozy sitting and TV area with a fireplace in a section of the Activity Center.

If you, or someone you know, have the means to make a donation of items or money to make these projects a reality, please contact Jody Shy, Director of Development, at (440) 232-1991, ext. 519 or via email at jody.shy@lightofheartsvilla.org.

Below are a few of the items we need:

- Flat screen television (42" or larger)
- DVD player
- Electric fireplace
- Outdoor patio furniture
- Decorative planter boxes