# VILLA VOICES WINTER 2013



#### DEAR FRIENDS,

Yes - it's that time of year again, when we all get warm and cozy watching the snow fly and preparing our home for the coming of our Lord, Jesus Christ. The Villa is glowing in Christmas decorations and everyone seems to be a little bit more jolly and light on their feet. The residents and

Elizabeth J.Hickle, MPA. LNHA

their families are bright with anticipation and hope. It is the Season of Joy and Peace on Earth.

From the Board of Directors I am happy to report that we have recruited four new members. We look forward to their guidance and wisdom as we move forward with the operations of Light of Hearts Villa. Their assistance will be invaluable as the Villa is working on the plans for our 25th Silver Anniversary!

I am pleased to report to you that we received a 100% deficiency free rating from the Ohio Department of Health Surveyors who arrived in October for their annual inspection.

This past September, we completed the installation of the state-of-the-art Nurse Call System, which simulates GPS technology and allows the nursing staff to immediately know the location of the resident who activates the call system. This wireless system was made possible by grants from the SC Ministry Foundation, the Eva L. and Joseph M. Bruening Foundation and the Sisters of Charity Foundation of Cleveland. We are thankful to the Sisters of Charity Health System for their in-kind support of the wireless technology.

We face many challenges as we see the landscape of healthcare reform coming upon us, with government regulations causing dwindling funding streams. Each year the need for the Benevolent Fund increases as more of our seniors outlive their financial resources. The donations we receive in the enclosed envelope will be used for our Benevolent Care Fund. We are working hard to be strong fiscal stewards as we complete the budget

process for both operations and capital for 2014. We are grateful to the Sisters of Charity of Cleveland Foundation for their \$30,000 grant to support both the Community Social Service Program and the Pastoral Ministry Department.

Your loyal support and generosity make possible our ministry and help support our mission. The residents, staff, Board of Directors and administration join me in Thanking You for your charitable contributions.

On behalf of the Light of Hearts Villa family, I wish you the peace and joy of the Christmas season. May you and yours be blessed with good health and cheer for the Christmas Holiday and in the New Year.

In faithful leadership, Elizabeth J.Hickle, MPA, LNHA Executive Director



A co-sponsored ministry of the Sisters of Charity of Cincinnati and the Sisters of Charity Health System.

VILL

## IT IS IN GIVING THAT WE RECEIVE

Every day life at Light of Hearts Villa is filled with life-giving experiences for our residents and staff. We invited one of our young employees who aspires to be a journalist to offer a reflection.

#### Christmas, A Time for Family, Friends and Faith

Being a worker of the dining services department at Light of Hearts Villa, I have come to understand what it means to make someone smile and feel loved. Light of Hearts is a residence filled with love and compassion from every employee and every resident. Employees will always go out of their way to make a resident smile or laugh, and that is what matters.

If you ask me what my favorite time of the year is, I will have to say Christmas! It's a time of the year to gather with your family and friends, and to celebrate the birth of Jesus.

*Family* is an important part of everyone's Christmas. Gathering with family is always a blessing and a good time. You need to keep your loved ones close around the holidays, because for some families they might have a loved one that has passed on or just isn't there due to other circumstances.

Friends are another integral part of Christmas. They can brighten your mood with a gift or by just saying, "Merry Christmas!"

*Faith* is the biggest thing around the holidays for a lot of people, Christmas celebrates the birth of Jesus Christ. Mass on Christmas is a big celebration for many. Christmas is a time for laughter, happiness, and kindness towards others. Go out of your way to get a gift for a charity or for someone you may know who is struggling. Make someone smile and feel loved around this wonderful, splendid holiday we call Christmas.

Christmas Time at Light of Hearts is very special. You go out of your way for one second and make a resident smile, it can make them feel cared for the whole day. In conclusion, Christmas is a special time for everyone and a time to celebrate the many joys of life that are brought to us. Make this time of the year count as much as you can. I hope everyone has a blessed Christmas and a New Year filled with many happy beginnings to look forward to in 2014! God Bless!

Zach Ineman



- 1. Gingerbread Houses: Our Life Enrichment staff is skilled at drawing out the artist in each resident.
- 2. Residents Mae Stewart and Blanch Foster are among those who wrote Christmas Cards for our Troops.
- 3. Dennis Giangiacomo, Dir. of Environmental Services and Sr. Estelle Chopnak, SCN, Pastoral Minister delight in caring for the physical and spiritual needs of residents.
- Honoring our Veterans: Bedford Mayor elect, Stan Koci (2nd row far r) joined Thom Sivo (1st row far r) of Hospice of the Western Reserve for a Pinning Ceremony on Nov. 21st.



## "Whoever has a heart full of love always has something to give." – Pope John XXIII

A heart full of love motivates all those associated with LOHV. Such generosity brings the Mission of Light of Hearts Villa to life and in turn makes life *carefree* and *life-giving* for our residents. Whether a resident enjoys independent or assisted living, if they are recipients of memory or respite care, a team of professionals and volunteers go out of their way to make good things happen.



## 24th Annual Fall Fest

The Annual Fall Fest is our major fundraiser. This year we served nearly 500 dinners and over 600 people came to experience the multi-faceted aspects of this event. Some 90+ volunteers, numerous sponsors and hundreds of donors helped LOHV net \$42,000+ for the Benevolent Fund. A light hearted spirit permeated the day which ended with the main raffle that divided \$5000 among the following lucky winners:

Carol Mayfield Jean Metzger Ronald M. Kulikowski Olga M. Horvath Mary Frances Becay Jane C. Eppich Robert Smolko Gerald A. Chapek Margaret J. Kiely Mary Abadie

#### St. Nicholas' Elves

St. Nicholas' Elves (aka: Lumen Alumnae) gathered on Dec. 5th to fill St. Nick bags for each resident and to continue a tradition they enjoyed.

Pictured from l to r: Barb Malec Demagall '76, Katie Burke, friend, Pamela Eyerdam '77, Lisa Vallejo



Yoikel '76, Viv Gatto Genter '76, JoAnn Siracusa Henderson '77, Lore Feitl Castigano '77, Teri Talarico Hembree '77, not pictured, Terry Battaglia Mlakar '77.

#### Thank You from LOHV

LOHV thanks Mayor Dan Pocek (standing) for his 30 years of service to the City of Bedford, first as a council person and recently for 14 years as mayor. He and his wife, Christine, have been supporters of LOHV since its inception. We wish Dan well as he retires.





The South East Harley Davidson Company in Bedford Hts. selected LOHV for its Giving Tree this year. On Dec. 12th they are providing a Christmas Party for the residents and giving each a gift.



#### Welcome to:

Nathan Haines, Staff Accountant; Barbara Devereux, RN, Director of Wellness; Anne Messer, Life Enrichment Coordinator; Ida Stanley, Director of Marketing & Admissions; Barbara Borkowski, Executive Administrative Assistant

## "The gift you have received, give as a gift."

The most valuable gift we are able to give is the gift of ourselves. At LOHV each resident, staff member, family member, volunteer and guest brings the best of themselves and are focused on the good of the other. Our faith shines forth as we strive to provide our residents the highest quality of life. In the process, we become a family that truly loves and cares for each individual. This communal aspect makes a difference.

#### 100th Birthday



Margaret Tkach is surrounded by her family as LOHV celebrated her 100th Birthday.

"I enjoy visiting and getting to know my neighbors. We get along well with one another. My favorite part of the day is attending the daily religious events."

#### Elmer Flick Memorial Dedication

Elmer Flick is a Bedford Baseball Hall of Famer who played for the Indians. In September the City dedicated a memorial in his honor and LOVH residents enjoyed the event.



Rose Grossenbaugh, George Jana, Mary Salamon and Karen Byars wonder where that ball went!



Slider made friends with Janet Griffiths, Jeff Kmetzko and Bob Skomrock.



#### IN MEMORIAM:

Kay Herring	1/23/13
Mary Williams	1/30/13
Evelyn Clark	2/11/13
Mary Fioritto	2/17/13
Dorothy Smigrocky	2/21/13
Irvil McCreight	2/24/13
John Farkasovski	3/13/13
Joyce Yorkievitz	3/21/13
Hank Jereb	4/30/13
Felix Smigel	4/30/13
Virginia Ake	5/1/13
William Prendergast	5/31/13
Michael Hornick	7/04/13
Rose Smolko	8/19/13
Jemma Martino	8/30/13
Cecilia Hilinski	9/12/13
Paul Kearns	9/15/13
Rita Srokowski	1/27/13
Roy Camillo	11/29/13
George Jana	12/9/13
Phyllis Dreher	12/14/13



"I feel very comfortable in my home at LOHV. I have made many friends and look forward to participating in the different activities available."

Rose Pivonka

"It feels like family here at Light of Hearts Villa."

Nancy Cull

"I just love it here ." Mae Stewart



Tom Butkovic, LPN, teaches residents Tai Chi in the Grand Parlor.

# 25 Years Lighting the Way for Senior Care

It is hard to believe that Light of Hearts Villa is celebrating twenty-five years as a premier residence for Seniors. Twenty-five years ago the Sisters had a dream that LOHV would be a place where seniors would feel joy and be light of heart. This year we celebrate the amazing miracles and graces for the smiling faces who continue to find quality living in the LOHV family.

We continue to dream about the changes we can make in order to meet the needs of those who call LOHV home. We hope that you will join us in making this a special year.



Anna and Veronica Gadek, sisters, enjoy an ice cream outing.

## Faithful Friends



The Chuck St. John family holds an annual golf outing with proceeds coming to Light of Hearts Villa. Betty Hickle accepted the \$2500 gift from the family. Right to left: Chuck, Betty, Lois, Sue and Chris. Thank You from all of us.

Betty Hickle presented Sr. Regina Kusnir, SC with an Ohio Assisted Living Association 2013 Honoring Excellence Award. Betty nominated Sr. Regina for the award which recognizes individuals who demonstrate outstanding vision, leadership, innovation, compassion, creativity, talent or effectiveness in their position. Sr. Regina is Director of Pastoral and Special Ministries. Visit the LOHV Facebook page for the full article.





The Administrative Team met with Bedford Police Chief, Chris Nietert and Fire Chief, David Nagy to look to the future, discuss safety issues and consider improvements.

#### LIGHT OF HEARTS VILLA 100% RATING

Congratulations to Betty Hickle and the entire staff who make LOHV special any day of the year. The Ohio Department of Health Surveyors arrived October 10th, just three days before the Fall Fest. We are pleased to announce that once again, Light of Hearts Villa was found to be 100% deficiency free.



Vivian Precario holds up her Prayer Flag. Residents and staff each made a flag to offer their prayer for LOHV in celebration of this anniversary.

#### Invitation

We invite you to send us your wish, your memory, your hope for Light of Hearts Villa in this 25th Anniverary Year. You can enclose it in the envelope with your donation, you can send it to Sr. Regina at regina.kusnir@lightofheartsvilla.org or you can post it on www.facebook.com/lightofheartsvilla.



**283 UNION STREET** BEDFORD, OHIO 44146 (440) 232-1991 FAX: (440) 232-1782

Light of Hearts Villa provides independent and assisted living, respite and memory care. For information call 440-232-1991.

# **UPCOMING** events

DECEMBER – JANUAR	Christmas Angel and International Nativities Display.	
	Christmas Wafers (Oplatky) Available at the front desk.	
DECEMBER 20	10:30 am Bell Choir and Voice Choir Performance	
DECEMBER 2	9:00 am Christmas Mass Celebration	
DECEMBER 2	<b>3</b> 4:00 pm Mass for the Benefactors of Light of Hearts Villa	
DECEMBER 3	4:00 pm Mass for Residents who died in 2013	
DECEMBER 3	1:30 pm Prayer for World Peace in 2014	
JANUARY 1, 2014	9:00 am New Year's Day, Mass, Feast of Mary the Mother of God	
JANUARY	<b>3</b> 1:30 pm Missioning Ceremony & Mission Award Presentation	
APRIL	9:00 AM-Noon Ethics in Mental Health	
	3CEU's \$35.00 Jim Collins Ph.D. RSVP by April 2	
25th Anniversary Celebrations ~ Dates, Venues to be announced		
	~ Rock-a-Thon, for folks of all ages, Rock the Rockers in the	
	Spring ~ Semi-Formal Dinner, Speaker, Dance in June or July	
	~ Mass of Thanksgiving and Reception in August	
	~ LOHV Summer Family Picnic for Residents, Families, Staff	

We are here for seniors who are in need of compassionate, faith-based, person-centered care. We can help make a difference in their lives. If you have a family member, neighbor, or friend who may have need of our life-giving services, please invite them to contact us, or bring them to LOHV for a tour. We provide independent and assisted living, respite and memory care.

Nonprofit Org. U.S. Postage

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#### **Board of Directors**

Mary Ann Bobulsky, Chair Patrick Carney David M. Cecero Laurie Delgado Victor DeMarco, M.D. Sr. Regina Fierman, CSA John Horrigan Sr. Margaret Mach, SC Christine Pocek Robert Smolko Chuck St. John Carol Szczepanik Todd Turner

Visit us on our facebook page www.facebook.com/lightofheartsvilla.org

There you can keep up to date with the happenings at LOHV.

**OCTOBER 12** Annual Fall Fest ~ Closing Event of 25th Anniversary Year