

# The HEART of Regina Health Center



FALL 2016

#### **Mission**

*Regina Health Center provides compassionate and holistic health care services primarily for members of religious communities, clergy and for other persons needing supportive services or residential nursing care. Regina Health Center is a collaborative ministry sponsored by the Sisters of Charity Health System.*

## VOLUNTEER SPOTLIGHT ::

### *Many Hands Keep RHC Gardens Flourishing*

On a beautiful June day, like so many other days, Laverne Bishof can be found weeding and pruning the flowerbeds around Regina Health Center (RHC) and making the Madonna Garden the beautiful centerpiece it was intended to be. Laverne has been tending to the gardens at RHC for 19 years. It's clear from the moment someone pulls into the long drive at RHC how special a place it is. Continuing down the drive reveals the picturesque grounds and gardens, so much attributed to the loving hands of Laverne.

Laverne is quick to point out that she cannot take all of the credit, acknowledging Sister Pat McHale, CSJ, RHC's first activity director and a horticultural therapist, for overseeing the planning and design of the Madonna Garden in 1998. With funding from many friends and foundations, the garden was constructed in stages under her watchful direction. She chose traditional varieties of flowers and bushes to appeal to the residents who may have grown up with the plants to make them feel more at home. Laverne said, "Sister Pat taught me many things about gardening."

#### **A Sensory Experience**

"The garden allowed for a sensory experience through touch, smell, sight and even the sounds of beautiful grasses that swished in the wind," said Sr. Pat. Residents were also able to plant vegetables, which they still plant each year and celebrate with a tasting during harvest.

While many plants and flowers have been replaced with newer varieties, Sr. Pat said the garden has remained timeless with the dedicated work of Laverne. "She has kept up with the tedious demands that Mother Nature has thrown her way." To that, Laverne humbly replied, "I do what I can to keep things looking alive and fresh." Laverne also attributes the heavy

*continued on page 3*

# THERE'S SOMETHING GOOD GOING ON HERE



We like to say there is something different about Regina Health Center (RHC). It isn't always easy to put a finger on it. There's just a different feeling here—in a very positive way. It might be the compassionate, faith-based care everyone receives; the beautiful, peaceful grounds and gardens; the broad range of quality of life programming that affirms our commitment to the fullness of life; or, our caring and dedicated staff. Each one of those is a valid reason why it's different here. But, without a caring, dedicated staff, nothing else would really matter.

That's not just me saying that. It's evident in our consistently high resident and family satisfaction ratings. And, it's evident in the longevity of many of our staff members. Our 20 longest serving staff members have been with RHC a collective 561 years. That's almost unheard of in skilled nursing and assisted living. Staff turnover is typically very high at most facilities, even in administration, which impacts the quality of care because constantly churning staff won't be familiar with the residents they serve.

We can't say thank you enough to our staff for their unwavering commitment to the mission at RHC to provide compassionate, holistic health care and supportive services in serving our residents and enriching their lives. As you'll read about in this issue of *The Heart of Regina Health Center*, we have employees who have been here for 25, 40 and even 50 years.

That tells me that our staff also recognizes there's something different here. There has to be something good happening to have so many employees stay for so long. Then there's the Centers for Medicare & Medicaid Services (CMS), which recently gave us a quality bonus point in the important CMS quality rating system for being well above the state and national averages in staff retention.

Our reputation for excellence and ability to care for so many over the years is in big part because of our staff. To those who have been here for many years and to all of our amazing staff members, I again say thank you. Job well done!

A handwritten signature in black ink that reads "Mark C. Yantek". The signature is fluid and cursive.

Mark C. Yantek, LNHA

*Executive Director, Regina Health Center*



“WE ARE ABLE TO PRESERVE MORE ASSETS TO DIRECTLY SERVE OUR RESIDENTS BY RECEIVING THIS GENEROUS GIFT OF TIME, TALENT AND TREASURE.” —Mark Yantek

**HOLISTIC VISION CONTINUES** *Continued from page 1*



*(Left) Laverne Bishof and Sister Pat McHale, CSJ, in the Madonna Garden. (Right) The garden's namesake, Madonna of the Streets.*

lifting to volunteer Jim Rosinsky, who regularly helps keep the larger bushes trimmed.

Laverne became involved at RHC when she retired. “I did not see myself sitting around the house,” she said. She saw an ad in the church bulletin asking for volunteers. The next week, she met with Sister Patricia Gardener, CSA, to begin her volunteer work. She started on the resident floors, helping where needed. She said she enjoyed the work, but also had an interest in the gardens. She began working with Sister M. Justine Sendelbach, CSA, who had a passion for the gardens and the outdoors. The primary garden, now known as the Madonna Garden, did not have a name at the time. Since a prominent statue in the garden was named Madonna of the Streets, RHC residents chose the Madonna Garden name.

Laverne said the therapeutic vision of the garden still exists with its peace and calm. As an example, she noticed a resident priest who rarely left his room and she asked if he would like to visit the garden. “He was so thrilled and knew a lot about the different plants and trees,” she said. He and Laverne ended up becoming good friends.

Laverne continues to help residents in the nursing home, making sure they get to hair and beauty appointments, Mass and other areas of the building. She also serves as Sacristan for the RHC chapel. “Without wonderful

volunteers like Laverne who puts her heart into her work, we would be hard pressed to keep up with the aesthetic qualities that make Regina Health Center so special,” said Mark Yantek, RHC executive director.

**Lubrizol Employees Help Gardens Shine**

The Madonna Garden also received a nice boost from the Lubrizol Corporation, with a team of employees visiting RHC in June with rakes, power washers and paintbrushes to assist in and around the grounds. It was the sixth year in a row Lubrizol employees came to RHC as part of the company’s Building Bonds employee volunteer program. A number of volunteers pulled old plants and flowers and replaced them with new, colorful varieties in the Madonna Garden. Others helped by visiting residents, assisting with transport, painting walls, cutting down dying trees and more.

“It is unbelievable how great the building and grounds look after our Lubrizol friends leave,” said Mark. “Building Bonds is a wonderful program and we are so grateful to get this kind of generous support from a local company. We are able to preserve more assets to directly serve our residents by receiving this generous gift of time, talent and treasure from Lubrizol employees.”

The Master Gardeners of Summit County is another group that helps keep the RHC grounds and gardens glowing through many hours of volunteer work. They work with resident members of the RHC Garden Club monthly. Projects vary and this year the lineup has included sensory gardening, plantings, flower arranging, flower art projects, garden talks, pickle making and holiday celebrations. ♦



*Lubrizol employees*

**Thank You to All Volunteers**

Regina Health Center is grateful for the support we get from all of our volunteers. Sr. Pat McHale would certainly say that the therapeutic vision of the gardens is still alive and well at Regina Health Center because of our volunteers. For more information about volunteer opportunities at RHC, please call Jackie Clancy, volunteer coordinator, at 330.659.5128.

## JUBILEE CELEBRATIONS ABOUND

2016 was a year of parties and reflection at Regina Health Center (RHC) as seven vowed religious and clergy celebrated milestone years of service. The rich heritage of RHC stems from the many priests, sisters and brothers who have graced the halls since 1993, when the Sisters of Charity of St. Augustine opened the doors of their Motherhouse in Richfield, Ohio. With opened arms, they welcomed retired and infirmed members of numerous religious communities, diocesan priests and lay persons in need of supportive services.

“Jubilee years are very special for our religious residents,” said Sister Donna Mikula, OSU, director of pastoral care at RHC. “It usually involves weeks of gatherings with other community members, visits from friends and family, prayers, and deep reflection on who they were when they gave themselves to our Lord, and what they have accomplished over many years in his service. We are fortunate for these many dedicated and accomplished individuals who have given us the opportunity to care for them in their old age.” Sr. Donna is also one of the jubilarians.



Seven vowed religious and clergy celebrated jubilee (milestone) years of service in 2016, ranging from 50 years up to 75 years. Pictured here: seated in back (left to right) Fr. Elmer, Fr. Bob, Fr. Mike; and in front (left to right) Sr. Loyola and Sr. Elizabeth.

### Residents

#### *Serving 75 Years*

Sr. Loyola Ernst, OP

#### *Serving 70 Years*

Sr. Elizabeth Schur, CSA

#### *Serving 60 Years*

Sr. Eileen Keating, CSA\*

Fr. Robert Lussier, SSS

#### *Serving 50 Years*

Fr. Elmer Marquard

Fr. Michael Noreika, SSS

### Staff

#### *Serving 50 Years*

Sr. Donna Mikula, OSU,  
director of pastoral care

*\*deceased*

# Helpful Tips for Planning Your Estate

## WILL VS. TRUST

Everyone has heard of wills and trusts. Most articles written on these topics, however, often presume that everyone knows the basics of these important documents. But, in reality, many people do not. If you are not an estate planning attorney, the concepts tend to remain complicated. Know that you are not alone.

Attorney Marie Mirro Edmonds serves on Regina Health Center’s Mission Support and Donor Relations Committee. Through her relationship with the *Wealth Advisor*, she sent us the following excerpt from their most recent newsletter. The article helps define the difference between a will and a trust and why you might want to consider having one over the other, but more importantly, why you should have one at all.

Since everyone’s circumstances are different, it is important to analyze your situation and what the future may hold. The following comparison can help guide your estate planning decision making. According to *Wealth Advisor*, most people receive the greatest overall benefit from having a trust.



**A WILL** is an important document that allows you to direct who will receive your assets when you are no longer here. It is a signed and witnessed document that goes into effect after death.

**A will:**

- Provides for the distribution of assets owned by you, but not assets directed to others through beneficiary designations (e.g. life insurance or retirement benefits)
- Sends assets in your individual name or payable to your estate through the probate process
- Allows you to appoint permanent guardians for your minor children
- Names the person you wish to settle your estate (e.g. executor or personal representative)
- Doesn't always include protective trusts for beneficiaries and tax planning because many wills are simple 2-3 page documents
- Permits you to revoke or amend your instructions during your lifetime
- Tends to cost less than a trust on the outset but costs more to settle during court proceedings after death



**A TRUST** is a legal document, signed and witnessed, and effective during your lifetime, during any period of disability and after death. Because the trust is effective during your lifetime and you can change it, it is referred to as a “living” document.

**A trust:**

- Has lifetime benefits
- Provides for the distribution of your assets
- Avoids probate if fully funded
- Provides for a successor trustee upon your death or incapacity
- Allows for the management of your property—even if you're incapacitated
- Can address appointing disability guardians for minor children
- Often includes protective trusts for beneficiaries and tax planning
- Permits you to revoke or amend your wishes during your lifetime
- Costs more than a simple will at the outset but much less upon administration, while typically providing significantly more value



## THE PROBATE PROCESS: A Key Element in Deciding Between a Will and Trust

One key element in deciding between a will and a trust is understanding the probate process. The term “probate”—which literally means “proving”—refers to the process wherein a decedent's will must be authenticated, outstanding legitimate debts paid and assets transferred to the beneficiaries.

The downside is that probate can take a long time—even years. It's expensive in many places and the entire process is completely public, meaning your nosy neighbors or predators both know exactly who got what and how to contact them. In virtually all cases, the only upside of probate is that creditor claims are cut off.

**Probate Guaranteed with a Will.** If you use a will as your primary estate planning tool, you own property in your individual name or property is made payable to your estate, probate is guaranteed.

**Probate Avoided with a Trust.** If you use a fully-funded trust as your estate planning tool, probate is avoided—saving your family time and money.

In either case, without an estate plan in place, you and your family are left completely unprotected, and state law may make decisions for you. When updating or putting together a new estate plan, please consider a provision to benefit Regina Health Center.

*Source: Marie Mirro Edmonds has a law practice in Medina, Ohio.*

# REGINA HEALTH CENTER

# TRIBUTE GIFTS

*Detail of a painting by an RHC resident.*

**THE GRATEFUL HEARTS TRIBUTE PROGRAM** *was created so that donors can make a gift to help the mission of Regina Health Center while also honoring or memorializing a loved one. In 2015, 178 Tributes were created comprising gifts from 293 individuals and organizations. This program is a testimony to the importance of family and friends who deeply touch the lives of so many. Listed below are the names of those who were given tribute followed by the names of contributors. Regina Health Center thanks the generous donors who make gifts to the Grateful Hearts Tribute Program. We congratulate those who have been honored and extend our deepest sympathy to the families and friends grieving the loss of a loved one. Our prayers are with all listed here—living and deceased.*

## REGINA HEALTH CENTER HONOR AND MEMORIAL CONTRIBUTORS

In memory of Sister Mary Ann Andrews, CSA  
Reverend Lawrence Jurcak  
Anonymous

In memory of Nadia Anikienko  
Ms. Luda Grossman

In memory of John Babson  
Mr. and Mrs. Larry Anderson

In honor of Sister Mildred Baker, IHM  
Mr. and Mrs. James P. Marron

In memory of Father George Balum  
Mr. James N. Martin

In memory of Sister Mary Patricia Barrett, CSA  
Ms. Robin J. Bachman  
Dr. and Mrs. John A. Bastulli  
Mr. and Mrs. Jack S. Graybill  
Mrs. Margaret Howley  
Ms. Mary Sexton  
Mr. and Mrs. David K. Stewart  
Mr. and Mrs. Joseph N. Tenik  
Mr. Ronald Yackly and  
Mrs. Jeanne Geisman Yackly

In memory of John Bartu  
Ms. Carol E. Bartu  
Mr. John Bolick  
Ms. Joyce M. Robinson

In memory of Lorraine Bilek  
Ms. Marianne Crosley

In memory of Bittner & Schmidt Families  
Mr. and Mrs. Harry P. Schmidt

In memory of Lillian Brandt  
Ms. Terese E. Kaminski

In memory of Sister Peter Brumter, OP  
Ms. Rose Marie Torma

In honor of Sister Mary Bryan  
Mr. and Mrs. Carl R. Bryan

In memory of Julie and Mike Buckley  
Mr. and Mrs. James M. Buckley

In memory of Fern and Howard Buncher  
Ms. Barbara Shumaker

In memory of Rebecca Popovich Burdick  
Mr. John M. Burdick

In memory of Melina Caruso  
Ms. Elizabeth Ann Hagen

In honor of Father James Cassidy  
Reverend John A. Valley

In memory of Genevieve Charobee  
Mr. and Mrs. Michael P. McFadden

In memory of Wanda Chojnicki  
Mrs. Marilyn Friga

In memory of Frances Comiono  
Mr. and Mrs. Walter S. Glazer  
Mr. and Mrs. Robert O. Griffin  
Mr. Dustin Rawlin  
Rawlin Gravens & Pilawa Co., LPA  
Mrs. Jan Witt

In memory of K.T. and Jim Conway  
Mrs. Colleen C. Cooney and  
Mr. John Cooney

In memory of James W. Cowden  
Mrs. Mary Ann Cowden

In memory of Matthew Crozier  
Mr. and Mrs. George E. Kneier, Sr.

In memory of Father Chester Cudnik  
Mr. and Mrs. Michael Ciccarello  
Mrs. Dorothy M. Kurgan

In honor of Kathryn and John Cummins  
Mrs. Gail E. Takacs

In memory of Rudolph and Agnes Cunat  
Mr. Donald J. Nekl

In memory of Father Francis Curran  
Mr. and Mrs. Phillip C. Reardon  
Mr. and Mrs. Thomas E. Wargo

In memory of Dr. Arthur and Kathy D'Alessandro  
Ms. Rita M. D'Alessandro

In memory of Kathy Godi D'Alessandro  
Ms. Rita M. D'Alessandro

In memory of Helen Sforza Dase  
Dr. and Mrs. Frank Westmeyer

In memory of Jane Davis  
Mr. and Mrs. Rodney G. Armstrong Jr.  
Mr. and Mrs. Thomas Griffiths

In memory of Tony Dayson  
Dr. and Mrs. Randolph M. Heinle

In honor of Sister Carole DeCrane, CSA  
Mr. and Mrs. Robert A. Ogle, Sr.

In memory of Leo M. DeGrandis  
Ms. Kay B. DeGrandis

In memory of Mary V. Dempsey  
Mr. and Mrs. Thomas C. Dempsey, Sr.

In memory of Sister Noel Dieska  
Ms. Ellie Hogan

In memory of Rita Dominak  
Mr. and Mrs. Robert P. Dominak

In memory of Joseph and Eileen Donahue  
Mrs. Sheila Mockler

In memory of Frank and Barbara Durkin  
Mr. and Mrs. James M. Durkin

In memory of Madge Dzugan  
Mrs. Lana J. Graber and Mr. John O'Patka

In memory of Kathryn Eging  
Mr. and Mrs. Carl J. Eging

In memory of Robert and Miriam Erb  
Mr. David W. Melville and  
Mrs. Pamela M. Erb-Melville

In memory of Sister Cabrini Ferritto, CSA  
Harold & Catherine Folk Charitable  
Foundation  
Ms. Betty Marcincin

In memory of Geraldine Fischer  
Ms. Mary Ann Fischer

In honor of Brian Flannery  
Mr. Gerald Schroer, Jr.

In memory of Thomas Fleming  
Mr. and Mrs. Edward W. Fleming  
Ms. Elizabeth M. Fleming  
Mr. and Mrs. Ronald Koss  
Ms. Lea Neill

In honor of Brendan Fox  
Mrs. Therese G. Fox

In honor of Michael Fox  
Mrs. Therese G. Fox

In memory of Anne Fredrick  
Ms. Maryann Zapior

In memory of Sister Lillian Fries, CSA  
Mr. and Mrs. Richard Mahl  
Mr. Ronald Yackly and  
Mrs. Jeanne Geisman Yackly

In memory of Coletta C. Fuerst  
Mr. and Mrs. Gerald E. Fuerst

In memory of Susan Gauntner  
Mr. and Mrs. Daniel R. Potopsky, Sr.

In honor of Deborah Geer  
Anonymous

In memory of Joseph H. Gilchrist  
Mrs. Joann Gilchrist

In memory of Mary Gillota  
Ms. Margaret A. Gillota

In honor of Sister Xavier Gorman, CSA  
Anonymous  
Mr. and Mrs. Michael B. Ferris  
Mr. and Mrs. Thomas E. Kaforey  
Mr. and Mrs. Robert A. Ogle, Sr.

In memory of Megan Mary Gray  
Mr. and Mrs. William F. McNamara

In honor of Sister Barbara Green  
Ms. Barbara J. Craighead

In memory of Mark Grosel  
Mr. and Mrs. Henry S. Grosel

In memory of Frances Guarnera  
Ms. Rose Giangioffe

In memory of Sister Maura Hannam, CSA  
Mrs. M. Eileen Hegarty  
Mr. and Mrs. Thomas M. Maloy  
Ms. Kathleen T. Young

In memory of Max Heinle  
Dr. and Mrs. Randolph M. Heinle

In memory of Mary Elizabeth Hilts  
Ms. Christine M. Hilts

In memory of the Hosta family  
Mrs. Evelyn M. Hosta

In memory of Angela Hronek  
Ms. Kathleen A. Hronek

In memory of Sister Mary Genevieve Hudacko, SC  
Mr. and Mrs. John R. Hudacko

In memory of John P. Hughes  
Mr. and Mrs. John J. Crane  
Mrs. Anne M. Hughes  
Mr. and Mrs. John M. Hughes

In memory of Sister M. Inez  
Mr. Francis G. Boehnlein and  
Dr. Mary Boehnlein

In memory of Helen M. Jaworski  
Mr. and Mrs. Thomas J. Hartman

In memory of Reverend William J. Johnson  
Mr. and Mrs. James L. Mulac

In memory of Ron Kabelac  
Mr. and Mrs. Gary G. Blankenship  
Mr. and Mrs. Robert A. Martuch

In memory of Ann and Karl Kadzielski  
Ms. Lucia A. Kadzielski  
Mr. Mark A. Kadzielski

In memory of Walter and Katherine Kasmarcak  
Mr. and Mrs. John W. Kasmarcak

In memory of Walter T. Kasmarcak  
Mr. and Mrs. Vincent A. Sinko

In memory of Ann Terese Kessler  
Sisters of Charity of Cincinnati

In memory of Charles Kishman  
Ms. Gayle A. Campbell  
Mr. and Mrs. Paul Lauer

In memory of Sister M. Venard Kline  
Mr. and Mrs. Carl J. Zimmerly

In memory of George and Lottie Kneier  
Mr. and Mrs. George E. Kneier, Sr.

In memory of Jack Kosman  
Mrs. Diane K. Kosman

In memory of Sister Stephanie Kovach, CSA  
Mr. and Mrs. Carl J. Zimmerly

In memory of Sister Flora Kovics  
Mr. and Mrs. Dale F. Fashinpaup  
Mr. Kenneth J. Keipert  
Ms. Mary L. Smith

In memory of John Kurkul  
Mrs. Lois M. Kurkul

In memory of Sister Jane Frances Labadie  
Mr. and Mrs. James K. Valus

In memory of Marilyn Laboda  
Mr. Robert E. Laboda

In memory of Florence Labuda  
Mr. and Mrs. Robert Czaplinski  
Mr. Jason Fleming  
Industrial Safety Products, Inc.  
Mr. and Mrs. Mark Kadlec  
Mr. Ken Kadlec  
Ms. Geri Labuda  
Ms. Marie Labuda  
Mr. and Mrs. Michael Labuda  
Mr. and Mrs. Richard Manfredi  
Mr. and Mrs. Kenneth J. Nodes  
Mr. and Mrs. Frank S. Zalar

In memory of Sisters Catherine  
and Rosalyn Lang  
Mrs. Ellen McIntyre  
Mr. and Mrs. James K. Valus

In memory of Bernice Lipski  
Mr. and Mrs. Leslie Lipski

In memory of Sister Mary Edna Lodge, CSA  
Mr. James I. Miller

In memory of Sister Rita Louise Neader  
Reverend Theodore Marszal

In memory of Ruth Lyons  
Reverend John F. Lyons

In memory of Walter Lyons  
Reverend John F. Lyons

In memory of Iola Maher  
Mr. and Mrs. John R. D'Agati

In memory of Father Tim Mangan, SSS  
Ms. Hannah M. Mangan

In memory of Sophie Maslanka  
Mr. and Mrs. Larry Anderson  
Ms. Rose M. Braidich

In memory of Dorothy Masterson  
Mr. and Mrs. Michael F. Masterson

In memory of Antonia Matis  
Mr. and Mrs. Barry A. Zimmer

In honor of the Maurer and Ginal families  
Mr. and Mrs. Joseph C. Maurer

In memory of Anne Maurer  
The Progressive Insurance Foundation

In honor of Esther Mazeika  
Mr. and Mrs. Timothy L. Sullivan

In memory of Sister Agnes McMahon  
Reverend James G. Maloney

In memory of Ordell McMahon  
Ms. Linda R. McMahon

In memory of Sister Coletta McNamee, CSA  
Mr. Ronald Yackly and Mrs. Jeanne  
Geisman Yackly

In memory of Garnett Mencer  
Mr. and Mrs. Wade Maupin

In memory of Mr. and Mrs. Walter Mikitta  
Ms. Carol A. Mikitta

In memory of Josephine Miklich  
Mr. and Mrs. Thomas R. Miklich

In memory of Carl Mileca  
Mr. Michael J. Mileca

In memory of Josephine Mileca  
Anonymous  
Ms. Mary Barron  
Mr. and Mrs. Stephen Bossin  
Ms. Barbara Checovich  
Mr. and Mrs. Ronald A. Chura  
Mr. Lawrence Cristino, Jr.  
Mr. Andrew Fargo  
Mr. Scott Fletcher  
Healthspan  
Mr. and Mrs. Jeff Hildebrandt  
Mr. and Mrs. Alex J. Lazar, Jr.  
Ms. Helen Merk  
Mr. Michael J. Mileca  
Mr. and Mrs. Frederick G. Morey

Mr. and Mrs. Robert A. Ogle, Sr.  
Ms. Maureen O'Neill-Laszlo and  
Mr. Charles K. Laszlo  
Ms. Cynthia A. Piskura  
Mr. and Mrs. Leonard S. Potoczak  
Mr. and Mrs. Robert M. Rivera  
Ms. Mary E. Sandy  
Mr. Phillip Sejnowski  
Mrs. Barbara Slavin  
Dr. and Mrs. James Steed

In memory of Rose Marie Mileca  
Mr. Michael J. Mileca

In memory of Elsie Miller  
Mr. James I. Miller

In memory of Antonino Motta  
Mrs. Dorothy A. Motta

In honor of Antonio Motta  
Mrs. Dorothy A. Motta

In memory of Sister Juletta Murray, CSA  
Mr. Thomas R. Marco

In memory of Sister Rita Louise Neader, CSA  
Mr. and Mrs. Francis Strahler

In memory of Joseph and Anna Nekl  
Mr. Donald J. Nekl

In memory of Joseph M. Nock  
Mrs. Marcia M. Nock

In memory of Sisters Michael, Gabriel and  
Patricia O'Regan  
Mr. and Mrs. James Fox

In honor of Ted Osowski  
Mr. and Mrs. Casimir J. Osowski

In memory of Sister Andrew Parchem, CSA  
Mrs. Lana J. Graber and Mr. John O'Patka

In memory of Edward and Marguerite Pasek  
Ms. Eleanor M. Pasek

In memory of Sister Marie Pierre, CSA  
Reverend James G. Maloney

In memory of Mary Jane Pike  
Mr. and Mrs. William E. Rosenberg

In memory of Sister Lois Platten  
Dr. and Mrs. David L. McNamee

In memory of Annamae Pratt  
Mr. Gordon M. Pratt

In memory of Mary C. Quayle  
Ms. Patricia L. Gumina

In memory of Bishop Alexander J. Quinn  
Great Western Open Memorial Committee

In memory of Sister Francesca  
Rauckhorst, CSJ  
Mr. and Mrs. John E. Bullock

In memory of Margaret and William Rawlins  
Mrs. Mary Jean Donovan

In honor of Sister Francesca Reardon  
Ms. Maureen R. Murman

In honor of Regina Health Center  
Residents and Staff  
Mr. and Mrs. Dale F. Fashinpaur

In memory of Geraldine A. Rini  
Ms. Marilyn L. Beem

In memory of Pedro Rivera and Family  
Mr. and Mrs. Robert M. Rivera

In memory of Thomas Robejsek  
Anonymous  
Mr. and Mrs. Tony Cancilliere  
Cariglio & Associates Co.  
Mr. and Mrs. James R. Darwal  
Mr. and Mrs. Gerald J. Deszcz  
Ms. Cristina A. Dienes  
Mr. Jim Diorio  
Mr. and Mrs. Dale F. Fashinpaur  
Mr. Arthur Frindt  
Mr. and Mrs. Joseph D. Gaby, Jr.  
Independence Bank  
Mr. and Mrs. Samuel R. Lupia, Jr.  
Mr. and Mrs. Paul G. Olecki  
Mr. and Mrs. Martin Powers  
Mr. and Mrs. James Sabat  
Ms. Fabiola D. Siciliano  
Mr. and Mrs. Samuel Silvestri  
Ms. Jeannette V. Slusarski  
Mr. and Mrs. William St. Andrassy  
Mr. and Mrs. Edward W. Stanzaski  
Mr. and Mrs. Ben A. Stidd  
Mr. and Mrs. Terry D. Stilla  
Mr. and Mrs. Mark M. Tepper  
Walthall, LLP Certified Public Accountants

In honor of Honorable Kenneth A. Rocco  
Mrs. Ute L. Vilfroy

In honor of Sister Adelberta Rohaly, SM  
Mr. and Mrs. Carmen A. Matteo, Sr.

In memory of Carl Rowland  
Mr. Terry L. Schreiner

In memory of Fr. Joseph Roy, SSS  
Mr. and Mrs. Dale F. Fashinpaur

In memory of Angela Sable  
Mr. and Mrs. Daniel Merkel

In memory of Mildred S. Savena  
Mr. Frank R. Savena

In memory of Mary Schervish  
Mr. and Mrs. Craig R. Vernick  
Mr. Gregory C. Walk

In honor of Abbot Christopher Schwartz, OSB  
Ms. Mary C. McGuirk

In memory of Sr. Justine Sendelbach, CSA  
Mr. and Mrs. Christopher McDonald

In memory of Paul Shumaker  
Ms. Barbara Shumaker



In memory of Mary Silva  
Mr. and Mrs. Robert A. Bulk  
Mrs. Therese M. Burger  
Ms. Laurel K. Dowd

In memory of Jean Simeone  
Mr. and Mrs. Russell L. Simeone

In honor of John and Mary Simonetti  
Mr. and Mrs. Thomas E. Banyas

In honor of Sisters of Charity of St. Augustine  
Ms. Robin J. Bachman

In memory of Albina Skocaj  
Ms. Rosalie A. Skocaj

In memory of Eleanore Skunta  
Mr. Doug Ciprian and Ms. Mary  
Beth Skunta  
Ms. Rose Consolo  
Mr. and Mrs. Steve J. Kaselak  
Mr. and Mrs. Joel A. Makee  
Ms. Maureen O'Neill-Laszlo and  
Mr. Charles K. Laszlo  
Ms. Lynn Skunta and Mr. William Helmink

In memory of Irene Skunta  
Ms. Maureen O'Neill-Laszlo and  
Mr. Charles K. Laszlo

In honor of Jeannette Slusarski  
Mr. and Mrs. Terry D. Stilla

In memory of Agnes Sordly  
Mrs. Lana J. Graber and Mr. John O'Patka

In memory of Ann Spirko Olenchuk  
Mr. and Mrs. Edward Spirko

In memory of Irene M. Stacko  
Mr. and Mrs. Christopher R. Mayer

In memory of Terese Stehura  
Mr. Benedict E. Stehura

In honor of Betsy, William, and  
Richard Stoops  
Mr. and Mrs. Timothy H. Duncan

In memory of Father William Sullivan, SJ  
Ms. Sheila T. Becker

In memory of Lillian Szwed  
Mr. and Mrs. Stanley F. Szwed

In memory of Mary Thomas  
Mr. and Mrs. Daniel G. Amon  
Mr. and Mrs. Robert R. Bell  
Mr. and Mrs. Paul Converse  
Mr. and Mrs. Charles R. Martinez  
Mr. and Mrs. Michael Shannon  
Ms. Mary Ellen Sich  
Mr. and Mrs. Lindsay M. Thomas  
Ms. Ruth Thomas

In memory of Betty Unger  
Anonymous

In honor of Ursuline Sister Jubilarians  
Gesu House

In memory of Jacquelyn Lang Valus  
Mr. and Mrs. James K. Valus

In memory of John and Eleanor Veres  
Mr. and Mrs. Jonathan Veres

In memory of Sister Mary Virginia Wampfler  
Mr. and Mrs. Albin J. Weiler

In memory of Sister Siena Ward, OP  
Family of Sr. Siena Ward

In honor of Father Edward F. Weist  
Mrs. Mary Ann Cowden

In memory of Ruth Mercedes Werner  
Laurel School

In memory of Edna Wolf  
Ms. Kathleen A. Byrnes  
Mr. and Mrs. George A. Hamm  
Mr. and Mrs. Terry T. Hargis  
Ms. Joan M. Harmon  
Mr. and Mrs. J. Kevin Kington  
Mr. and Mrs. Robert S. Mamich  
Ms. Mary Mutschler

In honor of Monsignor Robert Wolff  
Mrs. Patricia Mascolo  
Mr. John J. Weiss

In memory of Norine F. Woost  
Mr. and Mrs. Jack T. Baird

In honor of Sister Sharon Anne Yanak, CSA  
Ms. Carrie LeBeau  
Mrs. Elsie B. Milano  
Mrs. Francina Yanak

In honor of Suzanne Yanak  
Mrs. Francina Yanak

In honor of Sr. Mary Jacob Yelcho  
Ms. Laura Mae Krebs

In memory of Sr. Rosemary Yonkers  
Mr. and Mrs. William Mills

In memory of Mildred Zielaskiewicz  
Mr. Paul J. Soska III

In memory of Linda Louise (Urbanski) Zimlich  
Mr. and Mrs. Robert G. Urbanski

In memory of Mary Zingale  
Mr. and Mrs. Dennis J. Green

In memory of Leonard A. Zmijewski  
Mr. and Mrs. Harold D. Steinhauser

*We regret if we have inadvertently excluded or misspelled any names. Please call the RHC Mission Support and Donor Relations office at 330.659.5142 so that we can correct any errors. Thank you.*



## GRATEFUL HEARTS TRIBUTE SOCIETY

*The Grateful Hearts Tribute Society offers an opportunity for family and friends to establish a permanent tribute to honor or memorialize their loved one. Permanent tributes can be established with accumulated tribute giving of \$5,000 or more. Individuals of permanent tributes are included in the intentions at daily Mass at Regina Health Center, and their names are included annually in the Heart of Regina Health Center newsletter. Tribute names are also included in the permanent tribute book located at the rear of the main chapel. We thank the thoughtful families and friends who remember their loved ones in this way while supporting the important mission at RHC.*

### PERMANENT TRIBUTES

Margaret Anne Brosnan  
Mary Barrett Brosnan  
Patrick J. Brosnan  
Elizabeth Carraher  
Thomas J. Fleming  
Donald A. Gedeon  
Mary Ellen and John Grecol  
Ruth Marian Raybuck  
Lois Soss  
Sister Siena Ward, OP

## CAREGIVER SPOTLIGHT ::

### *Pat Rantucci Sets the Gold Standard for Longevity of Service*

Pat Rantucci started working as a baker at Mount Augustine in 1966, which was exclusively the Motherhouse for the Sisters of Charity of St. Augustine that was then partially converted into what is now Regina Health Center (RHC). At the time, gas cost 32 cents a gallon, the average cost of a car was \$2,700 and Lyndon Johnson was president. Pat celebrates 50 golden years at RHC this year. Another eight staff members have remained committed to its faith-based mission of caring for 25 years or more.

Five years ago, Pat was profiled in *The Heart of Regina Health Center* newsletter and stated at the time, “I would like to stay another five years, God willing, and make it 50 years.”

*“I like the work, the community and I get along with everybody.”*

**Pat Rantucci,  
baker, 50 years**

Pat has since fulfilled that calling and fondly reflects on her steadfastness with the ministry. “I like the work, the community and I get along with everybody,” said Pat. “Sr. Mary Dorothy (Tecca, CSA) taught us the right way to bake everything when I started. She was a good boss. I think I will miss it here when I am gone. I am grateful for all of the nice people I met along the way.”

Listed below are the eight other employees who have been with Mount Augustine and RHC for 25 years or longer and what they had to say about their tenure.

*“The best thing is the people—both staff and residents. The fact that we have been able to keep reinventing this facility and institution, while keeping the same mission, is amazing.”*

**Bill Vorndran,  
maintenance director,  
43 years**

**Bernetta Stahl (Bea), dining  
services aide, 40 years**

*“It has a good administration that understood when I needed to leave for my kids. I like the residents the best. It’s interesting to meet the different personalities and interact with them.”*

*“I made a commitment with the Sisters of Charity to take care of them and honor the mission. I think it’s a different type of facility than others; it is peaceful and calm.”*

**Jacqueline Robards, State Tested  
Nursing Assistant (STNA), 35 years**

**Cindy Slowey, dining services supervisor, 40 years**

*“I’ve always enjoyed working here where everyone is nice to each other and everyone helps each other. It’s different than the outside world. People are courteous, respectful and kind to each other here. Plus, I like being a mentor and teacher to the students just starting out.”*

**Jean Csanyi, switchboard operator, 26 years**

*“The day I was hired by Sr. Judith Ann Karam, CSA, was an exciting day. Working for a nursing home was a place I never worked before. Everything was different, from religious to lay people. Who would think after 26 years I’m still working here and loving it.”*

**“You couldn’t ask for any better co-workers with which to work. I like the atmosphere; working with the sisters makes it better because they take a more thoughtful approach to their decision making.”**

**Charles Bryant, maintenance, 26 years**

**Lois Czekaj, LPN, 26 years**

*“We are a family; we spend a third of our life with each other and it’s a good thing that so many have genuine concern for others. I try to serve the residents with a servant’s heart. This is their home and I try to make it as ‘homey’ as possible.”*

*“I like the staff and working conditions; it’s a good place to work. Everyone helps each other and you can address any issues you may have.”* **Zsofia Gyorfi, STNA, 25 years**

## Many Ways to Make a Gift to Regina Health Center



The residents at Regina Health Center (RHC) are truly blessed to be supported by so many faithful and loving individuals and organizations. Most gifts come to RHC in the form of cash, personal or corporate check, or credit card. There are several other ways that gifts can be made to RHC or other charities:

**Securities** — Gifts of appreciated securities offer double tax benefits. Because you are making a gift to a qualified charity, you can take an income tax deduction on the fair-market value plus you will escape capital gains tax associated with the appreciation of your securities.

**Matching Gifts** — Many organizations will match your charitable contribution. Ask your human resource or financial manager if your organization has a matching gift policy. They should have a simple form for you to complete and then notify the RHC Mission Support and Donor Relations department so we can complete requirements on our end. If they ask, yes we are a 501(c)(3) Non-Profit organization.

**Regina Health Center Charitable Gift Annuity** — Join the Regina Society by establishing a charitable gift annuity that pays income for life. (See article about RHC’s Charitable Gift Annuity Program on page 13.)

**Your Estate Plan** — There are many ways to leave RHC in your estate plan, including a will bequest, trust, life insurance or retirement plan beneficiary, or the beneficiary of a savings or investment account. All individuals who make an estate gift to benefit RHC are eligible for membership in the Regina Society, which was established to recognize our legacy donors.

**Don’t forget! You can now make tax-free direct transfers of your qualified retirement plans to charity.**

Call Maureen O’Neill-Laszlo at 330.659.5132 for more information. It is our pleasure to assist you and your call will be kept confidential.

## RESIDENT SPOTLIGHT ::

# *Fr. Elmer Marquard: A Natural Ham*



*Father Elmer Marquard proudly displays his ham radio receiver and a plaque commemorating amateur radio's celebration of Pope Francis' World Meeting of Families.*

**S**ome call him **Elmer**. Some Padre. Others call him Whiskey Bravo 8 Yankee Yankee Delta (WB8YYD.)

In the world of amateur radio—also known as ham radio—that's Father Elmer Marquard's call sign. Fr. Elmer has been a resident at Regina Health Center (RHC) for five years and has been a ham radio enthusiast for nearly 40 years.

When he's not busy celebrating Mass, hearing confessions, anointing the sick, participating in the many activities at RHC or socializing with other

residents, he can be found talking to fellow ham operators around the world and even in outer space—all from the comfort of his room.

During Pope Francis' visit to the United States in 2015, Fr. Elmer and other ham radio operators had a special link to the Pope's caravan. Fr. Elmer was able to communicate with the caravan on five separate occasions and received a certificate acknowledging the accomplishment. He has also communicated with astronauts in space. He and a friend were able to track the astronauts' location and when they were high above RHC, they sent them a radio message. The astronauts sent back an audible beep to acknowledge receiving Fr. Elmer's message.

He was introduced to amateur radio in 1966 by a parishioner at his first parish assignment at St. Mary of the Immaculate Conception in Wooster, Ohio. Because ham radio operators must take a test and be licensed by the Federal Communications Commission (FCC), the parishioner served as Fr. Elmer's "Elmer"—coincidentally, Elmer is the term used to describe a ham radio mentor—helping him receive his first amateur radio license. He has since obtained more advanced licenses, so he can use more of the radio spectrum to communicate with ham operators around the world through a program on his computer.

"Ham radio introduces me to a diverse group of people, cultures and languages. It really opens up the world," said Fr. Elmer.

As Fr. Elmer moved to new locations within the Diocese of Cleveland, his love for ham radio followed. He spent 11 years in Wooster, also serving as the campus minister at Wooster

College. He then served as the director of continuing education for the diocese. In addition to holding positions at five separate colleges, he hosted a two-hour radio talk show on Sunday nights called “In Touch” on WJW-AM. He said it was two hours of “sheer terror” because he never knew who might call in to the show and what they might say.

He went on to serve at more parishes before eventually becoming the chaplain at St. John Medical Center for 14 years. While he has slowed down some, he appreciates that he can still be as active as he wants at RHC.

“The spirit of the sisters, priests and lay people who live and work here all build the foundation that makes this such a nice, holistic environment. Being engaged with others is important and there are many ways to do that here.” – *Fr. Elmer*

## Income for Life:

### REGINA HEALTH CENTER CHARITABLE GIFT ANNUITY PROGRAM

Most charitable gift annuity donors are eligible to enjoy these benefits:

- Very easy to establish – simple agreement available at Regina Health Center
- No fees
- Fixed income payments for life for you and another, if designated
- Current charitable income tax deduction
- Partially tax-free income
- Annual rates usually much higher than bank CDs or security dividends
- Capital gains tax savings when you establish your gift annuity with appreciated securities
- Membership in Regina Health Center’s Regina Society
- Your gift ultimately supports the mission of caring for the aging religious, clergy and lay residents.

A charitable gift annuity is a gift to Regina Health Center, however while you are living, you will receive income payments for life at rates that normally surpass bank interest rates or security dividends.

#### SAMPLE

##### Charitable Gift Annuity for Individual Age 70

<b>Annuity amount</b>	<b>\$10,000</b>
<b>Income rate</b>	<b>5.1%</b>
<b>Equivalent rate of return*</b>	<b>7.7%</b> (includes tax-free portion)
<b>Annual Income</b>	<b>\$510</b>
<b>Tax free portion</b>	<b>\$390.15</b> (tax free for approx. 15.9 years.)

\*Based on a 28% Individual Income Tax Rate.

Calculations are for illustration purposes only and should not be considered legal, accounting or other professional advice. Your benefits may vary depending on your age, tax rate, timing of gift and other factors.

**Call Maureen O’Neill-Laszlo today at 330.659.5132 for more information on how you can establish a charitable gift annuity with Regina Health Center.**



Bishop Roger Gries, O.S.B., making sausage with Carl Liccardi and Rocco Esposito, and the Dale Kaprosy family who was the auction winner. The sausage-making dinner with Bishop Roger is a popular item at the Holy-In-One evening auction and dinner.

## Holy-In-One Keeps Swinging After 17 Years

### Join us next year for the 18th annual Holy-In-One Golf Outing Monday, June 19, 2017.

Regina Health Center's premier fundraising event has continued to grow more popular over the years. Golfers are able to test their swing at the challenging Firestone Country Club, home of the Bridgestone Invitational. The Holy-In-One Golf Outing started as a fundraiser and entertainment on the RHC grounds in 2000, and has grown to be RHC's premier fundraising event. Event proceeds go toward the growing cost of caring for the religious, clergy and lay residents who call RHC home.

Thank you to our 2016 leadership sponsors, including event sponsor Donley's; cart sponsor Congregation of the Blessed Sacrament; dinner sponsor Cavanagh Hoyt; Pebble Beach sponsor Yanke Bionics; and, photography sponsor Dominican Sisters of Peace.

### PURCHASE YOUR PEBBLE BEACH VACATION RAFFLE TICKETS TODAY

Yanke Bionics has again made possible the Pebble Beach raffle. Tickets are \$100 each and only 200 tickets will be sold. The Pebble Beach vacation for two includes airfare to California, three nights in an ocean-view room at the Lodge at Pebble Beach, golf for two with carts on the Pebble Beach Golf Links and the Links at Spanish Bay, rental car during your stay, and gift card.

*Call Cheryl at 330.659.5142 to purchase your ticket today.*



## Classic Cars Cruise-In to RHC

The annual Car Cruise-In cruised into RHC August 24. The popular event again drew people from throughout the community, donors who enjoyed a private picnic and residents who love the show.

## Assisted Living Receives Seventh Deficiency-Free Rating in a Row

Regina Health Center is proud to say that the Ohio Department of Health recently gave our assisted living facility a deficiency-free rating. Assisted Living has received the deficiency-free rating since 2010.

# upcoming events



## Residents Show Their Creative Side

The LeadingAge Ohio Art and Writing Show for the East and Midwest Regions again turned out many Regina Health Center winners. The annual show lets everyone be an artist again, even if they have not done an art project since they were in school. Congratulations to the following residents for showing their talents in so many ways.

### Individual Awards

Fr. Thomas Gilles – second place regional for Prose

Fr. Michael Noreika, SSS – second place regional for Poetry

Sr. Ruth Ann Patrick, CSA – third place regional for Poetry, third place regional for Three Dimensional, second place regional for Photography, first place regional for Computer Art, second place regional for Jewelry

Fr. Joachim Pastirik, OSB – first place regional for Fine Art II

Marian Covell – third place regional for Fine Art II, first place regional for Jewelry

Jeanette Slusarski – second place regional for Three Dimensional

Fr. Elmer Marquard – honorable mention regional for Three Dimensional

Jackie Rhoney – first place regional for Photography

Mary Ondrejka – honorable mention regional for Wearable Arts, first place regional for Woven Arts

Fr. Christopher Schwartz, OSB – second place regional for Small Quilted Works

Sr. Betty McCafferty, CSJ – honorable mention regional for Jewelry

Kathleen Barta – first place regional for Special Three Dimensional

Mary Benyo – second place regional for Special Three Dimensional

Alene Wargo – honorable mention regional for Special Three Dimensional



The art program at RHC identifies many talented and diverse artists.

## Sunday, November 13, 11 a.m.

MASS *for Holy-In-One sponsors, volunteers and participants at the RHC Chapel. Donuts and coffee to follow.*

## Saturday, December 10, 3 p.m.

SPECIAL CHRISTMAS CONCERT *and RECEPTION for residents and RHC donors. Invitations to be mailed in November.*

*To learn about how you can be a part of these exciting Regina Health Center events, please call the RHC Mission Support and Donor Relations department for information at 330.659.5142.*

### Cooperative Awards

Sr. Carole DeCrane, CSA, Tracy James, Violet Schulte, Helen Stupka, Sr. Catherine Waldron, OSU – third place regional and state for Cooperative Prose & Poetry

Sr. Ruth Ann Patrick, CSA, Fr. Christopher Schwartz, OSB – first place regional for Cooperative Arts

Jeannette Slusarski, Fr. Joachim Pastirik, OSB, Nancy Buzzelli, Helen Stupka, Betty Grossi, Alene Wargo, Therese Robejsek, Sr. Joan Walsh, SIW, Elizabeth Coffee, Marian Covell, Fr. Christopher Schwartz, OSB, Sr. Sheila Kearns, OSU, Deb Bartel, Katherine Prystasz – second place regional for Cooperative Arts

Dorothy Gordon, Fr. Joachim Pastirik, OSB – third place regional for Cooperative Arts

Sr. Mary George Haky, OSU, Kathleen Barta, Alene Wargo, Sr. Betty Herris, CSJ, Katherine Pence, Marian Covell, Fr. Joachim Pastirik, OSB, Jeannette Slusarski, Sr. Joan Walsh, SIW – honorable mention regional for Cooperative Arts

Marian Covell, Nancy Buzzelli, Therese Robejsek, Fr. Andy Beaudoin, SSS – People's Choice regional for Cooperative Arts

Sr. Gale Marn, OSU, Violet Schulte, Sr. Carole DeCrane, CSA, Sr. Mary Bryan, CSA, Sr. Ann Clare Asbeck, OSU, Sr. Catherine Waldron, OSU – first place regional for Special Cooperative Arts

Violet Schulte, Tracy James, Dorothy Ellis, Sr. Mary Bryan, CSA, Sr. Catherine Waldron, OSU – second place regional for Special Cooperative Arts

### CORRECTION:

#### RHC Employees Shine as Stars on Broadview

*We apologize to the 2015 Stars whose names were misspelled in the spring 2016 issue of the Heart of Regina Health Center newsletter.*

**Katrina Hanzal**, Dining Services; **Juanita Lockard**, Unit Secretary

REGINA HEALTH CENTER  
5232 BROADVIEW ROAD  
RICHFIELD, OHIO 44286  
330.659.4161  
[reginahealthcenter.org](http://reginahealthcenter.org)

Nonprofit Org.  
U.S. Postage  
**PAID**  
Cleveland, OH  
Permit No. 2364

# WISH *list*

*Thank you to our Wish List donors who donated either cash or items in response to wish list items in our last newsletter. Several items were purchased to enhance the lives of the residents. Listed below are new items that have been requested from the residents or caregivers for resident use. We appreciate monetary gifts for use of the item designated. If an excess of gifts are received for a particular item, your gift will be directed to the annual fund to further our mission.*

## RESIDENT RELAXATION ROOM

- Tabletop fountain \$200.00
- CD Player \$150.00

## ENHANCE THE MUSIC ENRICHMENT PROGRAM

- 2 Ocean Drums \$200.00

## EUCCHARISTIC MINISTERS NEEDED

- Eucharistic ministers are needed. *Please contact Sister Donna Mikula at 330.659.5136 if you or someone you know is interested.*

## GARDEN VOLUNTEERS NEEDED

- Volunteers are needed to help tend to the beautiful gardens at RHC. *Please call Jackie Clancy, volunteer coordinator, at 330.659.5128*



REGINA HEALTH CENTER

*A Ministry of the Sisters of Charity Health System*

 LIKE REGINA  
HEALTH CENTER'S  
FACEBOOK PAGE.

*Financial and estate information contained in this newsletter is offered for general information and is not to be interpreted as legal or professional advice. Please consult with your attorney, financial or tax advisor for information specific to your situation.*

*Regina Health Center has chosen to print responsibly on paper containing post-consumer recycled fiber.*