

The HEART of Regina Health Center



FALL 2012

Regina Health Center provides excellence in health care and supportive services that enrich your life or the life of an elderly loved one. We are recognized as a center that promotes wellness, holistic health care, education and research in an atmosphere that reflects the core values of spirituality and shared community life.

EMPOWERED BY ONGOING EDUCATION

CAREGIVERS TAKE PART IN ADVANCED TRAINING COURSE IN CHRONIC DISEASE MANAGEMENT

Continuing education is an important part of working at Regina Health Center (RHC), which is why caregivers are offered numerous opportunities to further their education. One recent opportunity offered state tested nursing assistants (STNAs) the EmPower U advanced training course in chronic disease management from the Visiting Nurse Association of Ohio (VNA).

Fifteen nursing assistants completed the 20-hour program, which included eight hours of online self study and 12 hours of onsite training at RHC. "Nursing assistants were paid while training onsite, but it was still a big commitment to complete the program. Many had to rearrange their schedules and dedicate their time to online training," said RHC Director of Nursing Janet Cinadr.

I loved Regina Health Center, both the physical space and the caring concern and attitude of the staff we were privileged to teach. The entire place rang out with an aura of serenity and warmth.

—E. Mary Johnson, EmPower U instructor

The VNA received a federal grant to develop EmPower U for frontline nursing staff, which was designed to improve their ability to care for residents living with chronic diseases, such as cardiovascular and pulmonary disease, diabetes, dementia and more. RHC was the first long-term care facility to participate in the training course.

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TWENTY YEARS YOUNG

Regina Health Center first opened its doors July 8, 1993. We're thrilled to be turning 20 and are excited to celebrate with 20th anniversary festivities throughout 2013.

As we prepare to celebrate, we have an opportunity to look back at our history and how our 20-year foundation positions us for a bright future.



Before RHC was even an idea, the Diocese of Cleveland in the late 1980s identified the need to expand long-term health care services for the aging religious in Northeast Ohio. The Sisters of Charity of St. Augustine responded by developing plans to convert their Mount Augustine Motherhouse in Richfield, Ohio, into a facility to serve the aging religious. The Sisters raised more than \$7.5 million to renovate and convert the facility.

When RHC opened in 1993, it was the first collaborative health care facility of its kind in the United States. Twenty-two orders within the Cleveland and Youngstown Dioceses collaborated with RHC to ensure that their aging religious receive the highest caliber health care services, along with supportive programs that keep them spiritually, mentally and socially engaged. RHC has also served hundreds of lay residents in that time as well.

Today, RHC has 54 assisted living units, 101 licensed nursing beds, and inpatient and outpatient geriatric rehabilitation services. We are one of the region's highest quality skilled nursing and assisted living homes that offers comprehensive dementia and Alzheimer's care with a 17-bed care unit and a full pastoral care program, in addition to our top-tier health care and supportive services.

Through our comprehensive programming and services, RHC has been enriching the lives of our elderly residents for our nearly 20 years. And during that time, the families of our residents have repeatedly told us how fortunate they and their loved ones are to have such a wonderful facility providing extraordinary care and peace of mind. Our residents have also repeatedly told us how grateful they are to be surrounded by loving, compassionate caregivers, and how much they appreciate daily Mass and other religious services.

Keep an eye out for announcements about our 20th anniversary festivities throughout 2013. We hope our supporters and friends, including you, can be a part of the celebration. Without you and your support of our important mission, RHC would not be where it is today. With your ongoing support, the next 20 years promise to be even better.

A handwritten signature in cursive script that reads "Brian J. Flannery".

Brian J. Flannery, NHA, MBA
Executive Director

A MUSICAL TRIBUTE TO RHC'S VETERANS

NORTH ROYALTON COMMUNITY BAND PERFORMS AT A SPECIAL PATRIOTIC CONCERT

More than 100 Regina Health Center (RHC) residents, staff and visitors packed the assembly room for a special concert on July 1 with the North Royalton Community Band.

The band and its nearly 50 members played a variety of popular patriotic marches, the theme song from the television show *Band of Brothers* and more in a tribute to America's armed forces and RHC's veterans.

The Hospice of the Western Reserve recognized all veterans at the event with a pinning ceremony, honoring seven RHC residents, several audience members and one member of the band. Accounting firm

Howard, Wershbale & Co. donated money to purchase American flags for the audience and the RHC activity department made root beer floats for everyone.

The North Royalton Community Band has performed at RHC previously, but the July concert was the first to specifically honor America's armed forces. "We began planning this special patriotic concert nearly a year in advance," said RHC Director of Activities Chris Therens. "Our residents really enjoy when the North Royalton Community Band performs at RHC, and this time was no different. The band thoroughly entertained everyone in the audience and had all of us in a patriotic mood." ♦



Marian Henning was at RHC for short-term inpatient rehabilitation. She was one of seven RHC residents honored at the special concert.



Seven RHC residents were honored as veterans at a special patriotic concert with the North Royalton Community Band in July. Pictured are six of the residents, including (front row L to R) Charles Kishman, Virgil Steinmetz, John Farkasovski and Walter Kasmarcak; (back row) Edward Slane and Leonard Zmijewski.



Holy-In-One Tops \$1 Million in Career Earnings

What began as a simple hole-in-one contest on the grounds of Regina Health Center has grown to become a major fundraising event, raising more than \$1 million since the first Holy-In-One teed off in 2000.

At this year's 13th annual golf outing on June 18 at Westfield Group Country Club, 234 golfers played golf, ate great food and had a chance to win dozens of prizes. The day began with a hot breakfast and prayer by Bishop Roger W. Gries, OSB, before a 10 a.m. start. A late-afternoon storm couldn't dampen the event as the last golfers had just finished their round when the rain hit.

After golf, everyone enjoyed an evening steak cookout. Golfers and dinner guests continued their friendly competition at a silent and a live auction. The live auction alone raised \$18,000 to purchase resident diagnostic stations for the nursing department and special comprehensive therapy equipment for residents.

RHC Executive Director Brian Flannery recognized the many sponsors and supporters of the golf outing. "Holy-In-One has been so successful because of our event sponsors—Dairymens and Donley's—and all of our other sponsors who have been incredibly generous and cognizant of the important need to care for our aging religious and lay residents," he said. "We are also grateful

to Mark and Lynn Yanke and Yanke Bionics for helping establish the Pebble Beach raffle that has become synonymous with the golf outing."

Each year, Pebble Beach raffle tickets cost \$100 each and are limited to 150 tickets, so they sell out fast. Gary Charton won this year's raffle, receiving complimentary air travel, a three-night stay at Pebble Beach, golf for two and a meal allowance. The 2013 Pebble Beach raffle will again be sponsored by Yanke Bionics.

Brian also recognized the event's committee and volunteers. He added, "We are blessed with a strong committee co-chaired by Bishop Roger Gries and Jerry Boldt, and volunteers who help greet our guests and work throughout the day."

Holy-In-One was born from an idea presented by current board member Gene Kramer. Proceeds from the outings go directly to support RHC's mission to provide compassionate and holistic health care services for members of religious communities, clergy and for others needing supportive services or residential nursing care.

See you on the green in 2013!



Continued from page 1

Eighteen-year employee Mary Beth DePuy was one of the nursing assistants who completed the program. She said it was one of the best workshops she has taken. “It gave us more insight into disease management. Because we’re with residents most of the time, we can now better observe signs and symptoms of specific diseases and report to our nurse. It’s our job to see these things and know if there’s a problem,” added Mary Beth.

EmPower U instructor E. Mary Johnson was so impressed by RHC and the dedication of its staff, she would happily recommend the facility to family members. “I loved Regina Health Center, both the physical space and the caring concern and attitude of the staff we were privileged to teach. The entire place rang out with an aura of serenity and warmth,” she said. “It will be my place of choice for me and my family members whenever we need it.” ♦

Caregiver Thankful to Work with Residents at RHC

There are many ways that RHC is unique, but it’s the caring, compassionate employees that make it exceptional. Lana Gerashchenko, a State Tested Nursing Assistant (STNA), is one of RHC’s newest caregivers and already one of its biggest supporters. She sent the following letter to her supervisor, RHC Director of Nursing Janet Cinadr, after a few months on the job.

Dear Janet,

I want to say thank you for giving me an opportunity to work at Regina Health Center. I always dreamed about this job. I love working with older people and helping them as much as I can. This is not an easy job. I have to be on my feet all day long and I do get tired, but when people tell me they like me or ask me if I’m from Heaven, it makes me feel so good inside. When I see a smile on the faces of residents, it makes me happy too. I’m trying my best to make the residents’ days better, and help them as much as I can. Thank you again.

– Lana (Svitlana) Gerashchenko

Receive Income for Life while Supporting RHC’s Mission

CHARITABLE GIFT ANNUITIES

Want to receive quarterly income payouts that are higher than bank money market accounts and certificates of deposit, and even dividends in many cases? Consider a Regina Health Center Charitable Gift Annuity – which also helps support RHC’s mission.

Charitable gift annuities can be established for a minimum of \$10,000 for individuals 60 years or older, and they pay income for life. Charitable gift annuities are paid to you partially tax-free and your gift is eligible for a charitable tax deduction in the year it is made. After your lifetime, the remainder will be used to support the important mission at RHC.

Please call Maureen O’Neill-Laszlo, director of development, today at 330.659.5132 for more information about how a Regina Health Center Charitable Gift Annuity can benefit you, or complete the insert and mail back. There are many ways to make the most of your generous desire to give back to the charities that mean so much to you.

Let Your Support Work for You

GET INVOLVED WITH RHC THROUGH THE CIRCLE GIVING SOCIETIES

Regina Health Center’s Circle Giving Societies were created to thank and encourage donors at all levels. Memberships in the societies are open to all individuals whose annual giving totals \$100 or more, or whose financial support fits into one of the other parameters listed below. We thank each donor at all levels for helping us to do what we do best—providing compassionate and holistic health care services. We look forward to celebrating your dedication to RHC’s mission through the many benefits you will receive with your membership in the Circle Giving Societies.

GIVING CIRCLE	ANNUAL LEVEL & GIFT AMOUNT		DONOR APPRECIATION BENEFITS
Circle of Gentle Compassion	Individual	\$100-\$299	Recognition in <i>The Heart</i> newsletter
	Organization	\$300-\$599	Invitation to annual Car Cruise donor reception
Circle of Unfailing Hope	Individual	\$300-\$499	All of the above
	Organization	\$600-\$999	Invitation to Christmas concert/reception
Circle of Deep Peace	Individual	\$500-\$999	All of the above
	Organization	\$1,000-\$4,999	Invitation to Circle of Abiding Love Mass and Recognition Reception
Circle of Abiding Love	Individual	\$1,000-\$4,999	All of the above
	Organizations	\$5,000-\$9,999	Beautiful lapel pin (individual donors) Recognition as a Circle of Abiding Love member in marketing materials
Circle of Abundant Joy	Individual	\$5,000+	All of the above
	Organizations	\$10,000+	Invitation to exclusive RHC events

REGINA SOCIETY

Recognizes all donors who make an estate provision to benefit RHC through a will bequest, beneficiary designation, charitable gift annuity, life insurance, retirement assets, trust arrangement or other types of deferred gifts. Also recognizes donors with accumulated cash gifts of \$10,000-\$24,999.

BENEFITS	Invitation and special recognition at the Circle of Abiding Love Mass and Recognition Ceremony Beautiful Christmas ornament Invitations to special RHC events Recognition in marketing materials as a Regina Society member
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LIFETIME BENEFACTOR

Recognizes individuals whose accumulated giving has reached \$25,000 or more; organizations that reach accumulated giving levels of \$50,000 or more.

BENEFITS	Invitation and special recognition at the Circle of Abiding Love Mass and Recognition Ceremony Commemorative gift Invitation to exclusive RHC events Recognition in marketing materials as a Lifetime Benefactor member
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GRATEFUL HEARTS TRIBUTE SOCIETY

Recognizes individuals and honorees of tribute giving. Permanent tributes can be established for an individual with accumulated gifts of \$5,000 or more. Permanent memorials will be located in a special binder in Regina Health Center's Chapel.

BENEFITS	Tribute name listed in Regina Health Center marketing materials Any amount recognized in the name of the honoree or one memorialized Donor recognition as noted in the appropriate Circle Society
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All donors are included in the daily prayers of the religious and lay residents at Regina Health Center.

Please call the development office at 330.659.5132 for more information.



MEETING THE SPIRITUAL NEEDS OF RESIDENTS

As Regina Health Center’s director of pastoral care, Sr. Donna Mikula, OSU, is in direct contact with residents on a daily basis to ensure their spiritual needs are being met. Sr. Donna recently participated in four courses through the Institute for Maturing Spirituality. The courses focused on assisting individuals in discerning the place of God in the elder stages of their lives while enabling them to share their experience and wisdom.

The training will help Sr. Donna better meet residents’ spiritual needs, as well as the spiritual needs of their families and congregations. She will also be able to use webcast programming to offer Institute for Maturing Spirituality

sessions to families of residents and the general population. Sr. Donna plans to use the materials from one of the courses, Redefining Retirement as a Spiritual Journey, as the basis for the 2013 RHC Lenten program.

The Institute for Maturing Spirituality is a ministry of the Dominican Sisters of Peace. The institute addresses the needs of aging adults and their relationship with God through a developing webcast program and courses about spirituality and elders. ♦

Where your treasure is, there is your heart.

LUKE: 12:34

10 Pitfalls of Not Having a Will

Marie Mirro Edmonds, an attorney in Medina who focuses on estate planning and elder law, said there could be tremendous negative impact to the families of those who pass away without a will. She listed 10 of the most common pitfalls:

1. Assets may not pass as you intend, as the law dictates who will inherit from you.
2. If you have a minor child who needs a guardian, the court is limited to naming an Ohio resident.
3. The person who will handle your estate may not be the person you would have chosen.
4. If your estate needs estate tax planning, it has not been done.
5. You are not able to make any specific distributions to persons or charities from your estate (other than through beneficiary designations).
6. If you own real estate that will pass through your estate, the process of selling it is much more difficult and costly because nobody has specific authority to handle the transaction.
7. If you have an heir who is disabled and on government benefits, they may lose their benefits.
8. If you have an heir with any creditor problems or unable to handle money, they are afforded no protection or assistance.
9. If you own real property out of state, it makes the probate process more difficult than if it was in one state.
10. The probate process will generally take longer and cost more.

Lasting Legacies

CONTINUING SUPPORT BEYOND YOUR LIFETIME

Regina Health Center has been blessed to receive estate gifts from several very generous donors who wished to support RHC's mission after their lifetime. Throughout the past 10 years, these kind and caring individuals have left a total of nearly \$3 million to RHC through their estates. Gifts were received from will bequests, trust arrangements and RHC Charitable Gift Annuities.

"Many of these legacy gifts came to us without our previous knowledge of the donor's intent. In some cases, we never knew the heartfelt reasons why RHC was such an important part of their life," said RHC Development Director Maureen O'Neill-Laszlo. "Regardless, we are truly grateful for their legacy gifts. You don't have to be wealthy to leave a bequest to your favorite charity. Every gift, regardless of the size, matters."

Bequests offer a number of benefits, including:

- ◆ They are simple to establish
- ◆ There is no financial commitment during your lifetime
- ◆ Gifted assets will be removed from your taxable estate
- ◆ The satisfaction of knowing that you have taken the steps to provide for your favorite charities

Bequests allow many individuals to make a meaningful commitment more significant than they may have been able to make during their lifetime. Your attorney can draw a simple codicil to add to your existing will. If you do not have a will, it might be time to talk with an attorney about the pitfalls of not having one (see related article "10 Pitfalls of Not Having a Will" on page 8).

REGINA SOCIETY

In addition, donors who make an estate gift to benefit RHC will be invited to be a part of RHC's Regina Society, which recognizes planned gift supporters. Membership in the Regina Society includes invitations to special RHC events, such as the annual Circle of Abiding Love Mass and Recognition Ceremony. Your name will also be included in donor listings as a Regina Society member, which serves as a reminder to friends and family to consider doing the same. You can request to remain anonymous. By notifying RHC of your estate provision, we can have a conversation to ensure that your gift will be designated exactly as you wish.

For more information about including RHC as a beneficiary of your estate, please complete and mail the insert or call 330.659.5132.

NEW REGINA SOCIETY MEMBERS

Since the printing of the last newsletter, another generous couple has included an estate provision to benefit Regina Health Center. The anonymous donors will not be listed, however they can still participate in all the benefits of being Regina Society members. We extend our sincere gratitude for their friendship and loyalty.





Regina Health Center *Tribute Gifts*

GRATEFUL HEARTS

The Grateful Hearts Tribute Program was established so donors can make a meaningful gift to support Regina Health Center and at the same time, remember or honor a loved one. In 2011, RHC received more than 200 gifts to honor or memorialize significant loved ones and friends. Listed below are the names of those who are given tribute followed by the names of the contributors. Regina Health Center thanks the generous donors who make gifts to the Grateful Heart program. We congratulate those who have been honored, and extend our deepest sympathy to those who are grieving the loss of a loved one. Our prayers are with all who are listed here—living and deceased.

IN MEMORY

Memory of Cecelia Amentini

Gregory Amentini

Gayle Campbell

Memory of Jim Andrews

Margaret A. Keenan

Memory of David Andrews

Margaret A. Keenan

Memory of Fr. George Balum

James N. Martin

Memory of John Barrett

Joseph and Mary Barrett

Memory of Frank J. Basa

Helen Basa

Memory of Florence H. Bialkowski

Robert and Geraldine Bialkowski

Memory of the Bittner Family

Harry P. Schmidt

Memory of Regina Bontempo

Richard D. Bontempo

Memory of Franklin S. Bures

Robert and Pamela Koons

Memory of Ann Busta

Daniel J. Kolick

Memory of Ben J. Casey

Mae Casey

Memory of the Catanzaro Parents

Phillip J. Cantazaro

Memory of Frank D. Celebrezze

Mary Ann Celebrezze

Memory of Wanda Chojnicki

Marilyn Friga

Memory of Martin A. Cinadr, Jr.

Maxine Cinadr

Memory of Sister Mary Columbiere

Anonymous

Memory of Sister M. Corinne, CSA

Joseph M. Kelling

Memory of Concetta Costanzo

Mary Ellen Hunt

Memory of Dr. Iris Criscoe

Timothy H. Duncan

Memory of Elizabeth Csettey

Ildiko Kubacki

Memory of Charles G. Cyrill, M.D.

Jennifer Cyrill

Memory of Mary Patricia Daley

Richard and Marjorie Walton

Memory of Mary V. Dempsey

James W. Dempsey

Thomas Dempsey

Memory of Cecilia Dmitruk

Anonymous
Barbara Bobula
Mitch and Dolores Czech
Ray Czech
Brian and Sheila Flannery
John M. Jamison
John M. Marra
Elaine J. Rozic
Barbara Stevens

Memory of Madge Dzugan

Lana J. Graber

Memory of Birdie & Bill Eredics

Jean E. Schriner

Memory of Geraldine Fischer

Mary Ann Fischer

Memory of Irma Flowers

Eileen F. Vizcaino

Memory of the Forrestal Family

Mary Pat Boyce

Memory of Lucy B. Fox

William B. Barry
Barbara L. Blaskis
Allen and Linda Eckenfels
Neil McConnell
Walda Otankis
Jerome and Patricia Perchinske
Walter S. Quaider

Memory of Sr. Carolyn Fradette

Anthony J. Drago

Memory of Sr. Lillion Fries

Gerald Mahl
Richard and Elaine Mahl

Memory of Rose Froelich

Mr. and Mrs. Michael Coyne
Wilbert E. Fink
Judy Kornokovich
Mr. and Mrs. Robert A. Metro
Clifford and Nancy Ponish

Memory of Coletta C. Fuerst

Gerald and Mary Lou Fuerst

Memory of Sophie Garsig

James and Elaine Flaherty

Memory of Joseph H. Gilchrist

Michael and Judith Gilchrist

Memory of Megan M. Gray

William and Ann McNamara

Memory of Frank Grdina

Richard and Anne Mayer

Memory of Ann Gullufio

Sonny and Gene Yurick
Carolyn Zaverl

Memory of Isabel Haddad

Jack and Nancy Hennessey

Memory of Josephine Haddad

Jack and Nancy Hennessey

Memory of John S. Halter

Mary Ann Allan

Memory of Sr. Maura Hannam, CSA

Mary Pat Boyce
Kathleen T. Young

Memory of Nellie Hays

Robert M. Yopko

Memory of Angela Hronek

Kathleen A. Hronek

Memory of John P. Hughes

John and Corrine Crane
Anne Marie Hughes
John and Linda Hughes
Philip and Carol Rigney

Memory of Sister Mary Paula Hughes, CSJ

David and Judith Gauntner

Memory of Catherine A. Javorek

Brickman Brothers Funeral Home
Paul and Leah Glagola
Kraig Harms
Bernard R. Javorek
Gayle A. Javorek
Anne M. Johnson
James and Rose Ann Kay
Dorothy B. Marusak
Andrew and Janet Sipols

Memory of John & Mary Jendrisak

Thomas and Susan Smith

Memory of Fr. William J. Johnson

John and Mary Husek
James and Diana L. Mulac

Memory of Ron Kabelac

Gary and Christine Blankenship
Kristen M. Fox Berki



Memory of Ann T. Kadzielski

Lucia A. Kadzielski

Memory of Karen Kadzielski

Lucia A. Kadzielski

Memory of Patricia Keenan

Margaret A. Keenan

Memory of Marjory Keenan Brigham

G. Arthur and Mary Lou Mercer

Memory of Fr. John Kilcoyne

James M. McGuirk

Memory of John Kurkul

Lois M. Kurkul

Memory of Rev. Andrew Laheta

Robert and Margaret Laheta

Memory of Charles R. Laurie

LaVerne Laurie

Memory of Bernice Lipski

Craig and Karen Bachner
Francis and Barbara Gnat
Chris and Leanna Hastin
Herbert and Irene Heppler
Garry and Sally Kranz
Leslie Lipski

*James and Patricia Nycz
Helen Sawchak
Robert and Debra Scott
Mr. and Mrs. Francis Zubek*

In Memory of the Parents of John Long
John and Therese Long

Memory of Iola Maher
John and Maureen D'Agati

Memory of The John McLaughlin Family
Patricia A. Mc Laughlin

Memory of Robert H. Mickle
Mary Mickle

Memory of Fr. Anthony Muzic
Catherine A. Fergus

Memory of Sr. Elaine Nimberger, CSA
Dennis and Janet Bryant

Memory of Joseph M. Nock
Marcia M. Nock

Memory of Julia C. Novy
*Anonymous (2)
John and Mary Cinadr
Thomas Susan Cinadr
Dennis and Rita Dura
Timothy and Jeanette Luli
William Martin
Mr. and Mrs. Robert Myers
Mr. and Mrs. Thomas Nero
Douglas J. Nido
Helen Palumbo
Theresa Rhodes*

Memory of Sr. Margaret Oqurchock, CSJ
Elizabeth M. Alloe

Memory of Mrs. Ordell McMahon
Linda R. McMahon

Memory of Sr. Andrew Parchem CSA
Lana J. Graber

Memory of Sr. Peter, OP
Rose M. Torma

Memory of Erma Pladry
Rose Biliczky

Memory of Sr. Lois Platten
David and Joanne McNamee

Memory of Sister Raymond, CSA
*Ellen Gustin
John and Alice McGinty
John and Marie Wilhelmy*

Memory of John V. Reali
Patrick and Ruth Garry



Memory of Nancy Rego
David and Delores Rego

Memory of Carl Rowland
*Catholic Charities Community Services
Arthur Garanich
Douglas Kishman
Terry Schreiner*

Memory of Martin and Christina Skocaj
Rosalie A. Skocaj

Memory of Helen Sliwiski
Louise Salamon

Memory of Agnes Sordly
Lana J. Graber

Memory of Joseph J. Starin
Mary O. Starin

Memory of Sr. Jane Therese Stopp, CSA
Ruth E. Hopkins

Memory of Fr. John Story
Albert T. Prucha

Memory of Shirley Walsh
Mary G. Hopwood

Memory of Sr. Marian Warta, CSA
*Jean M. Burrige
Eric and Lisa Ohanian*

Memory of Jack Wilson
Bernice Wilson

Memory of Sr. Rosemary Yonkers, OP
Mr. and Mrs. William Mills

Memory of Stanley Zielaskiewicz
Paul J. Soska

IN HONOR

Honor of Sister Jean Andre, CSA
Jeanne and Ronald Yackly

Honor of Sister Mary Ann Andrews, CSA
Lucile H. Maher

Honor of the Bittner Family
Harry and Elizabeth Schmidt

Honor of Sr. Mary Bryan, CSA
Carl and Sharon Bryan

Honor of Gerald J. Corrigan
Catherine Corrigan

Honor of Dr. Arthur and Kathy
D'Alessandro
Rita M. D'Alessandro

Honor of the Dayson Family
Randolph M. Heinle

Honor of Kenneth Dodds
Bernice M. Dodds

Honor of the Dominican Nuns of Peace
Joseph G. Spagnuolo

Honor of Richard Dzurec
Cecilia A. Dzurec

Honor of Bob Erb
*David W. Melville and
Pamela Erb-Melville*

Honor of Sr. Miriam Erb, CSA
*Larry and Rosemary Faulhaber
David W. Melville and
Pamela Erb-Melville*

Honor of Charlotte Ganim
Douglas J. Ganim

Honor of the Heinle Family
Randolph and Dolores Heinle

Honor of Sr. Mary Jacob, CSA
Therese A. Loftus

Honor of Sr. Venard Kline, CSA
Carl and Theresa Zimmerly

Honor of Martha Leyden, OP
N. Kevin and Georgianne Green

Honor of Jack and Meg McGarry
Mark and Lynn Yanke

Honor of Sr. Coletta McNamee, CSA
James and Mary Jean McNamee
John and Charlene Vas

Honor of Rev. Dominic Mondzewleski, OSB
Ronald and Claudette Burke

Honor of Mr. Antonino Motta
Dorothy Motta

Honor of Maureen O'Neill-Laszlo
Christina Walker

Honor of Sr. Mary Coletta Polk, CSJ
Simone G. Cimino

Honor of Therese Robejsek
Martin and Brenda Powers

Honor of the Rozic Family
Elaine J. Rozic

Honor of the Schmidt Family
Harry and Elizabeth Schmidt

In Honor of Jean Simeone
Russell Simeone

Honor of The Sisters of Charity
of St. Augustine
Rita L. Brumbaugh
Helen Finn

Honor of Sr. Theresa Sullivan, CSJ
Karen A. Funtek
Patricia J. Lehtinen

Honor of Sr. Suzanne Turk, CSJ
Lawrence A. Turk

Honor of the Yerick Family
Elaine J. Rozic

GRATEFUL HEARTS TRIBUTE SOCIETY

The Grateful Hearts Tribute Society was established to permanently recognize individuals whose combined tribute contributions total \$5,000 or more. Names of those who receive permanent status are listed in a special binder located in the chapel at Regina Health Center. Your loved one, whether honored or memorialized, will always be remembered in the prayers of the religious and laity at daily Mass.

PERMANENT TRIBUTES

Memory of Patrick J. Brosnan,
Mary Barrett Brosnan and
Margaret Anne Brosnan

Memory of Elizabeth Carraher

Memory of Ruth Marian Raybuck

We regret if we have inadvertently excluded or misspelled any names. Please call RHC's fund development office at 330.659.5132 so that we can correct any errors. Thank you.



CIRCLE OF ABIDING LOVE MEMBERS CELEBRATE

The annual Mass and donor recognition ceremony for members of the Circle of Abiding Love was held August 23 at Regina Health Center. The evening began with a special Mass celebrated by Bishop Roger Gries, OSB. Following Mass, donors who reached milestones in their 2011 giving received a gift and were photographed with Bishop Gries, Sr. Miriam Erb, CSA, congregational leader of the Sisters of Charity of St. Augustine, and Brian J. Flannery, RHC's executive director. Guests then enjoyed a special dinner while George Diehl entertained on the piano with tunes from the "Great American Song Book."

To learn how you can be a part of this exclusive annual event, please call the development office at 330.659.5132. You can also see page 6 under "Circle Giving Societies" for a list of the many donor benefits that come with your generous giving.



Sr. Miriam Erb, Mark and Lynn Yanke, Bishop Roger Gries and Brian Flannery at the Circle of Abiding Love donor ceremony.



Sr. Miriam Erb, Karen Daverio, Bishop Roger Gries, Brian Flannery, George Daverio.

RHC *upcoming events*

- Oct 2** Regina Brett talk and book signing at 3 p.m. at Regina Health Center
- Oct 17** Friends of Regina Health Center
Fall Into Fashion Show and Luncheon
Shopping boutique opens at 9:30 a.m.
Embassy Suites, 5800 Rockside Woods Blvd.
Independence, Ohio
Call 330.659.5142 or 440.526.8570 for reservations.
- Oct 28** Holy-In-One Mass at 11 a.m.*
Cider and doughnuts following
- Dec 8** Christmas concert at 2 p.m.*
with the Peace Together Choir

*Private event. Call 330.659.5132 for additional information.

MUSIC AND GRATITUDE FILL THE AIR

Generous donors and friends from RHC, Mercy Medical Center and St. Vincent Charity Medical Center were treated to dinner and a concert performed by the Cleveland Orchestra on July 15 at Blossom Music Center. After dinner, guests were updated on the work that has been accomplished throughout the year due to their generosity and spirit. Sr. Judith Ann Karam, CSA, president and CEO of the Sisters of Charity Health System (SCHS), expressed her gratitude for the support received for all SCHS ministries. She said, "It simply couldn't happen without all of you." Donors and friends were then escorted to the concert pavilion where the orchestra played compositions by Leonard Bernstein and George Gershwin.

CLASSIC CARS CRUISE IN TO RHC

The Car Cruise has become a popular annual event, held each August on RHC's front lawn. This year's Car Cruise event on August 17 attracted more than 80 cars and three motorcycles. The event, coordinated by RHC's activities department, gave residents an opportunity to relive fond memories of the past, enjoy homemade ice cream donated by Bossie's Best Ice Cream and listen to music from earlier times. Sr. Betty Herris, CSJ, and volunteer June Rysh sold jewelry made by residents. The jewelry is also available in RHC's gift shop. RHC donors were invited to a special reception, sponsored by RHC's development department, where they could relax, have dinner and drinks, and watch the Car Cruise. Residents and guests voted on their favorite cars and had the chance to win raffle gift baskets and a 50/50 raffle.



Sister Betty Herris displays and sells jewelry made by residents; First-place winner Bob Myers with his 1928 Model A Phaeton.

THE 2012 WINNERS

- 1st Place – Bob Myers, 1928 Model A Phaeton, 4-door convertible
- 2nd Place – Jeff Canter, 1926 Model T
- 3rd Place – Ray Kogler, 2003 Thunderbird



Neil Evans with one of the six photographs he took of RHC grounds that are now framed and hanging on the walls of the newly renovated assembly room.

ASSEMBLY ROOM TRANSFORMED THROUGH GRANTS AND GENEROSITY

Through several generous foundation grants and gifts from individuals, the assembly room on the lower level has been transformed from practical beige to beautiful hues of gold, red and green, making it a warm and welcoming space. A friend of RHC, Neil Evans, helped complete the transformation through his photography talent. Neil's mother-in-law, Anne Radachy, was a resident at RHC for several months before she passed away. Neil was so grateful for the care she received, he wanted to give back. He spent spare moments photographing RHC's flowers and landscapes. Six of his photos were framed and now grace the walls in the assembly room. A plaque listing Neil's name in memory of Anne reminds viewers to pray for Anne. Thank you Neil for your generosity and giving spirit.

RHC STAFF MEMBERS RECOGNIZED FOR TIME AND TALENTS

Kathryn Ciolkevich of the dietary staff was recently nominated by the National Arts and Writing Awards Committee for her photograph, "The Door to Your Dream." Kathryn went on to the national level to earn an American Vision Medal and a silver medal. Chris Mis, evening receptionist at RHC, was named Volunteer of the Year at St. Vincent Charity Medical Center. Sr. Mary Ann Moszer, vice president of Mission and Ministry at St. Vincent Charity Medical Center said, "Chris has been a volunteer here for 19 years mostly as a Eucharistic minister and sacrist. He is a most faithful and gracious person." Chris was also awarded Volunteer of the Month by the Cleveland Indians. Congratulations to just a couple of RHC's extraordinary staff members!

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WISH *list*

Twice a year in “The Heart” newsletter, we provide “Wish List” items that are not included in the RHC budget, but would greatly enhance the lives of residents. Since the last newsletter was printed, gifts from donors enabled Wish List purchases of decorative walker bags, Maturing Spirituality program CDs and a nail manicure table. Thank you so much donors and friends for making life better for our residents!

RESIDENT NEEDS

Regina Health Center always strives to create an atmosphere that is warm and inviting, and to provide a home-like feeling for all residents. Resident lounge areas are currently undergoing a makeover, including new paint and furniture. Items needed include:

- Seasonal decorative items for newly decorated resident lounge areas. \$500
- Flat screen TVs for resident lounge areas and a new restorative care area and lounge areas (3 needed) \$500 each

Pastoral Care is an integral element to the lifestyle of residents at RHC.

- Resident subscriptions for missalettes (several needed) \$60 each

Needed to enhance prayer services in the liturgical celebrations outside of Mass:

- iPod and docking station to download spiritual music \$285
- iTunes gift cards to purchase music for Pastoral Care iPod \$50

Many residents share a room and consideration of the roommate is very important. Items needed:

- Wireless headphones so residents can enjoy TV without disturbing their roommate (6 needed) \$40 each
- New bedside lamps for resident rooms to replace outdated ones \$500

PLEASE NOTE: We will make every effort to apply your gift to the Wish List item of your choice. At times, we receive an overabundance for a particular item or it is underfunded, in which event, your gift will be applied to the general fund to support the vital mission of RHC. Thank you for your thoughtfulness and generosity.



REGINA HEALTH CENTER

A Ministry of the Sisters of Charity Health System

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Regina Health Center has chosen to print responsibly on paper containing post-consumer recycled fiber.