



THE JOURNEY

JOSEPH & MARY'S HOME NEWS :: FALL 2022

Giving Gardens



RESIDENTS FIND PEACE, JOY AND HEALING IN OUTDOOR SPACES

If anyone at Joseph & Mary's Home needs to find resident Shunte Steele and he's not in his room, they know to look in the garden behind the building. They might even find him in his pajamas. That's because Shunte is "almost always out here" in the garden, including at night after he's dressed for bed.

For years, the garden behind Joseph's Home has provided residents with a quiet oasis to help them relax and continue their healing journey. It is filled with flowers, plants, trees, sculptures and places to sit, and has been built and maintained by dedicated volunteers.

The Gallagher Garden

The garden was recently named the Gallagher Garden to honor the Gallagher family for donating both money and time to Joseph & Mary's Home over many years. Sister Joan Gallagher, CSA, was a founding member of Joseph's Home and its first executive director. She inspired her four nieces and two nephews to get involved with the ministry.

"Sr. Joan was the catalyst for our family, leading us to make donations

and volunteer our time to help the organization continue and to flourish," said Rich Gallagher, former board chair and current volunteer. Rich and his friend John Lewis planted more than 200 plants in the spring and installed a new St. Joseph the Worker statue in the garden.

"The garden is so meaningful. Residents are out there enjoying fresh air, having conversations. It's a very peaceful area. A place to relax and pray. We will continue to add to the garden and help care for it." —*Rich Gallagher*

Thomas C. and Sandra S. Sullivan Memorial Garden

The garden has been so important to Joseph's Home residents, it inspired the creation of a similar outdoor space at Mary's Home. Thanks to a generous donation from the Sullivan family, the Thomas C. and Sandra S. Sullivan Memorial Garden was built in

the summer. LAND Studio provided its expertise for the landscaping design and installation of plants at the garden.

"My mom was a huge gardener. My father was a big supporter of the Joseph & Mary's Home mission. I wanted to honor them and continue their legacy while helping provide a beautiful, healing outdoor space," said Julie Sullivan, daughter of Thomas and Sandra Sullivan. "The people who need gardens and outdoor spaces the most don't have access to them."

On a sunny October afternoon, Mary's Home resident Eileen E. was sitting in the garden, enjoying the serenity and using the time to study the Bible. While she had only been at Mary's Home for a few days, she said she had already been in the garden multiple times. "It's peaceful out here. I like the birds and being outside and feeding the animals that come along."

Eileen is 54 and experienced homelessness for the first time in her life after "putting myself in a bad situation." She said Mary's Home and

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A Year-Round Growing Season



Our mission at Joseph & Mary's Home is to help adults experiencing homelessness and acute medical issues achieve medical stability through medical respite care, obtain permanent housing and rebuild their lives. With this mission, we work with our residents to understand their health and housing goals, and typically proceed to help with things like making connections to a primary care provider, obtaining personal identification documents and identifying housing opportunities. But, this is not all that we do.

To help our residents begin to heal from the traumatic experience of homelessness and other challenges they may face, we also provide therapeutic activities. Examples include art and music therapy, visits with trained therapy dogs, writing groups, and gardening. These activities can help build trust, reduce stress and offer personal expression. By having reduced stress, residents can experience greater focus, improved relationships and greater hope for the future. That's why therapeutic activities are deeply intertwined with all of the other aspects of our work.

Research has shown that spending time in a garden can have numerous health benefits. From fresh air and exercise to reduced stress and anxiety, gardens are places of healing. Seeing the birds, bees and butterflies can bring both peace and joy. Growing flowers or vegetables can show us our own capabilities. As I certainly know from my own efforts, gardening also teaches lessons in acceptance and patience. While we can do our best to weed, water and fertilize, we do not have final control over our gardens. So, we learn to let go and appreciate the moment.

Thanks to the incredible kindness of donors and the assistance of community partners, we have created beautiful outdoor garden spaces at both Joseph's Home and Mary's Home. When our residents are in the gardens, we can see them relax, breathe deeply and enjoy the warmth of the sun. We see them watering, weeding and fertilizing – not just the flowers and veggies, but themselves. At Joseph & Mary's Home, the growing season continues year-round.

As summer fades into fall, we hope you are enjoying the bounty of the season, experiencing the beauty of our earth and spending time in your garden.

Yours in Mission,

A handwritten signature in black ink that reads "Beth Graham". The signature is fluid and cursive.

BETH GRAHAM, *Executive Director, Joseph & Mary's Home*



Thank You Donors

The Gallagher Garden at Joseph's Home was named to recognize the Gallagher family for many years of making generous contributions of money and time to the ministry. Thank you to siblings Eileen Gallagher, Joan Baldasare, Karen Barron, Kathleen Snyder, Kevin Gallagher and Rich Gallagher. And, thank you to the Sullivan family for the donation to establish the Thomas C. and Sandra S. Sullivan Memorial Garden at Mary's Home.

Artist Gwendolyn Garth partnered with Mary's Home residents to develop the images and inspiring words for the artwork installed on the fence in the Thomas C. and Sandra S. Sullivan Memorial Garden at Mary's Home. The art installation was supported by a gift from Chuck and Rita Maimbourg.

GIVING GARDENS *cont. from page 1*

the garden have been blessings for her. "God woke me up and here I am. I love that there's a garden. It's wonderful," she added.

Gwendolyn Garth, local artist and founder of the Kings & Queens of Art, a non-profit arts service organization, turned a



Artist Gwendolyn Garth

chain-link fence along the garden into a 78-foot long art installation. Titled "I Am Becoming," the artwork depicts stages of transformation and women as nurturers. It also features affirmations for the residents from Gwendolyn's poem "I Am Becoming". Gwendolyn said her artwork is wrapped around her own recovery and healing. To develop the artwork, she interviewed residents to determine what they wanted to see on the art installation. She also drew on her experiences leading art classes at Mary's Home. The art installation was supported by a gift from Rita and Chuck Maimbourg.

Gwendolyn said she is thoroughly convinced of the therapeutic value of art. "I believe that there is a strong psychological connection between art and the human experience. Art is a vessel for self-expression and coping. Art is a way to strengthen one's sense of self and creating art gives instant gratification."

To keep the gardens flourishing and engaging residents, volunteers are key. Debbie and Tony Rovito have organized container gardening for residents as a therapeutic activity. The gardens have also been an opportunity for groups to help support Joseph & Mary's Home, particularly during the COVID pandemic when outside visitors were limited. Over the last two years, volunteers from St. Bernadette Catholic Church helped maintain the gardens and plant fall annuals.

The comfort Shunte finds in the Gallagher Garden will stay with him well after he leaves Joseph & Mary's Home. "To turn my life around, I've focused on the good things. I'll keep this garden in mind when I leave here. I'll also come back to relax, to meet the new fellas and tell them about my experience," he said. "It's a place where I feel safe." ♦

THE RED ROSE

By Karolin Walsh

*The red rose
was my father's
favorite in the summer
He would propagate them and make
them grow
Their fragrance was a perfume of such
exquisite scent- that summer was
here at last*

*Just a small bud curled in on itself
growing to a large bloom
bursting into a bee's paradise
bringing rose honey
to the table
and smiles to faces*



Eileen Vizcaino, retired Presbyterian PC U.S.A. clergy woman, volunteers at Mary's Home leading a weekly poetry group. On the left is a poem from one of the residents who attends her poetry group.

Gratitude and Giving: Reflections on the Meaning of Home

GUEST AUTHOR REV. EILEEN VIZCAINO SHARES ABOUT HER MOTIVATION TO ESTABLISH A CHARITABLE GIFT ANNUITY

Home is more than a word; it's a feeling that warms us, the nest that gives us nurture from which we can venture out and face the world. My parents worked very hard to create such a place for themselves and their family. Being the children of immigrants, it was not easy for them, and I absorbed from them the concept of "home" as precious. Though our little home was very simple (a "little house in a big woods"), I could not imagine trying to recover from illness without that safe haven.

My husband, also an immigrant, and I continued that tradition. We lived simply, did our own yard work, valued our neighbors, our church friends. We were

not blessed with children. He passed away before we could enjoy beginning our retirement together. Because of the person he was, I know he would have supported this mission.

I learned of Joseph's Home through my sister Evelyn Flowers, CSA, who was one of the "dream team" that planned it and saw it become a reality. Then, when Mary's Home for women was ready for dedication, I wanted to be a part of it. I had been a volunteer at shelters for people experiencing homelessness and I wanted something better for them.

An annuity seemed a good way to contribute. Mary's Home receives a sum they can use to maintain their ministry

and I receive a quarterly dividend that contributes to my own retirement.

The Sisters of Charity of St. Augustine have my deep gratitude for their selfless ministry. The opportunity to join them in this ministry by contributing to Mary's Home allows me a way to reach out to people who are worthy of our concern because they are God's children. And now that I also have become a volunteer at Mary's Home, I get to see what beautiful people they are. ♦

[Want to discuss ways to make an impact at Joseph & Mary's Home? Contact Director of Fund Development Erin Gay Miyoshi at 216.987.9201.](#)

Staff Spotlight: Terry Green

RESIDENT SUPPORT ASSOCIATE

Known around Joseph & Mary's Home as "by the book Green," Terry Green has been a resident support associate for nearly four years. He helps ensure there is coverage 24/7/365 and works on different nights during the second shift (4:30 p.m. to 12:30 a.m.) and third shift (12:30 a.m. to 8:30 a.m.). Raven Kauffman, respite care manager, recruited Terry to Joseph's Home after having been his supervisor at Oriana House in Cleveland. As a recovering alcoholic having reached 30 years of sobriety, Terry said he views working with residents as "giving back."

Q: What is the most rewarding part of your job?

A: There are a couple of residents who have been at Joseph's Home and come back to see me afterwards. There is a couple who had cancer and would need rides to the hospital. When they didn't have rides on weekends, they would call me up. The biggest thrill is seeing them get a job or apartment and moving on.

Q: What is your superpower?

A: I'm easy to talk to. Anyone knows they can come to me. For new people, I do a lot of filling in, information they may not realize when first moving in.

Q: How did you get the nickname "by the book Green?"

A: I'm lenient, but I'm by the book. I'd rather tell you what the rule is, so you know it and don't get in trouble. I try to make sure everyone is treated the same way, gets served the same amount of food. If they leave and forget to write down that they want a meal,

I save one for when they come back. If they ask me a question that I don't know, I make sure they are in touch with who does know.

Q: What do you wish people knew about Joseph & Mary's Home?

A: There are people who work here who really care about others. It's not about the pay. I'm a person that loves helping people. That is my nature.

Q: Outside of work, what do you like to do?

A: I go to AA meetings, I pray. I love my Cleveland sports teams. I read just about anything.



NEWS BRIEFS & NOTES

We Are Now Joseph & Mary's Home

With an expanded ministry that serves both men and women, Joseph's Home is now known as Joseph & Mary's Home to reflect this enhanced mission. Following is updated contact information for our organization.

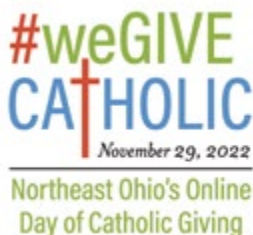
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Phone: 216.685.1551
Website: jmhome.org
Email: info@jmhome.org
Tax ID Number: 34-1901676

November 29 Save the Date!

#weGiveCatholic is Giving Tuesday

Support Joseph & Mary's Home during this one-day giving event that provides Catholic schools, parishes, special ministries and nonprofits affiliated with the Diocese of Cleveland the opportunity to raise awareness and funds. Last year, Joseph's Home raised more than \$30,000 on this day of giving. Visit the WeGiveCatholic.org website on November 29, click on Search Organizations and type in Joseph & Mary's Home, or visit bit.ly/wegiveJMH

Contact us at info@jmhome.org or 216.987.9201 to make an offline donation or to become a peer-to-peer fundraiser. Stay tuned for more information on the Joseph & Mary's Home Facebook page.



Cuyahoga County ARPA Grant of \$605,000 to Renovate Joseph's Home

Joseph & Mary's Home was awarded a grant of \$605,000 of American Rescue Plan Act (ARPA) funding to renovate Joseph's Home. The grant is through Cuyahoga County on behalf of the County Department of Health and Human Services. With the opening of Mary's Home completed, this will be the first major renovation of the men's facility since it opened in 2000.

The ARPA funds were awarded through a competitive request for proposal (RFP) process for "Alternative Housing and Related Services and Supports for COVID Recovery." Staff and the board are seeking additional support from the city and State of Ohio to address the full scope of a renovation to adapt spaces to increase protection from COVID, enhance ADA accessibility and offer a welcoming, updated space where men experiencing homelessness can heal with dignity.



(Left) Q&A with Shunte Steele, resident of Joseph & Mary's Home; (Right) Emcee Dan Moulthrop, CEO of the City Club of Cleveland, and Sr. Judith Ann Karam, CSA

Perseverance in Hope 2022

In-Person Annual Benefit Luncheon Returns, Raising \$95,000 to Support Healing and Assistance with Permanent Housing

"My life was going downhill. Now, I see a light at the end of the tunnel. Joseph's Home changed my life all the way around and made me feel great about my future," Joseph & Mary's Home resident Shunte Steele said to more than 400 people at the Perseverance in Hope 2022 Benefit Luncheon at Windows on the River in Cleveland on September 13.

The Most Reverend Edward Malesic, Bishop of the Catholic Diocese of Cleveland, called attendees to action in his keynote speech and Dan Moulthrop, CEO of The City Club of Cleveland, helped make a room of more than 400 feel like a tightly knit community in his role as emcee.

Sister Judith Ann Karam, CSA, Sisters of Charity of St. Augustine congregational leader, introduced Bishop Malesic. In his keynote speech, Bishop Malesic said, "I know firsthand that Joseph & Mary's Home treats people with dignity, no matter their circumstances. It is an oasis of care and compassion. Joseph & Mary's Home is the church in action."

Photos: Bob Orr, Cleveland Photographic Society



Welcome New Board Member Dan Welker

We are pleased to introduce the newest member of the Joseph & Mary's Home Board of Directors, Dan Welker.

Daniel M.P. Welker, CFA, is vice president, wealth portfolio manager, with Huntington Private Bank. Dan has over 15 years of experience within the financial services industry. During his career, Dan has advised some of the largest wealth management teams across the

Midwest and sophisticated institutional investors across the United States. Dan most recently managed the equity research and portfolio construction efforts for a local investment advisor firm. He helped lead their core equity portfolio to outperform the S&P 500 in 2019 and 2020.

Dan holds a Bachelor of Arts degree in Mathematics and Business Economics from The College of Wooster. He is active in the community, helping to advocate for special needs children and giving a voice to those who are still learning to find their own. He is a member of the CFA Society of Cleveland (CFASC). As a member of the Joseph & Mary's Home board, he serves on the Development & Communications Committee and Finance Committee. He lives in Westlake and has three children.



(Left) Martin Uhle, Beth Graham, Anthony Searcy, The Most Reverend Edward C. Malesic, Lorraine Dodero and Sr. Judith Ann Karam; (Right) Anthony Searcy, board chair, Christine Ferlinc and Bill Cashel

He said that when he visited Joseph & Mary's Home in August, he was "blown away" by the range of services and the dedication of staff and volunteers. He had an opportunity to meet residents who he said "are loved back into health with their spirits renewed by a caring environment and a loving place. One person told me, 'This place saved me. I love it here. People are so good to me.' How awesome is that?" he asked.

The new name of the ministry was unveiled at the luncheon. Anthony Searcy, chair of the Joseph & Mary's Home Board of Directors, told attendees that the organization now is known as Joseph & Mary's Home in recognition of its expanded ministry that serves both men and women.

Recognized at the luncheon were Lorraine Dodero, recipient of the 2022 David Henderson Memorial Award for her role in leading the fundraising efforts for Mary's Home, and the Community West Foundation, recipient of the 2022 Dream Team Partnership in Service Award.

In accepting the award, Lorraine said, "There is no way I couldn't not get involved after learning about the ministry's mission. We had a lean, mean team and I'm so grateful we got this done so quickly," she said of the efforts to open Mary's Home. "I am blessed to have been able to help. I did it with love," she added.

Martin Uhle, CEO & president of Community West Foundation, accepted the Dream

Joseph & Mary's Home Board of Directors

Anthony Searcy — Chair
Senior Financial Consultant,
Signature Financial Group, LLC

Deanna Moore — Vice Chair
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Deborah L. Rovito — Secretary
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Associate Center Director for Adult Care
The MetroHealth System

Jeanne Colleran Weaver, PhD
Strategic Coordinator and Distinguished
Fellow, Rule of Law for Development Program,
Loyola University Chicago School of Law

Beth Graham, Ex-Officio
Executive Director, Joseph & Mary's Home

Russell Hunt
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Heather Stoll, Ex-Officio
Vice President External Affairs, Sisters of
Charity Health System

Benjamin L. Stulberg
Partner, Jones Day

Richard Stuhan
Retired Partner, Jones Day

Sr. Mary Dorothy Tecca, CSA
Sisters of Charity of St. Augustine

Tracey Weaver
Director, Pricing and Network
Product Innovation, CVS Health

Daniel Welker, CFA
Vice President, Senior Portfolio Manager,
Wealth & Investment Management
Huntington Private Bank

Lisa Zimmerman
Director of Global Business Operations,
Quadax, Inc.

Anthony Coyne and Sr. Joan Gallagher, CSA



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PERSEVERANCE IN HOPE *cont. from page 7*

Team Partnership in Service Award. He noted how the foundation had just recently approved a grant of \$60,000 for Joseph & Mary's Home and has awarded more than \$500,000 to the ministry over the past several years.

Thank you to everyone who attended and helped raise \$95,000, and to everyone who supports the mission of Joseph & Mary's Home and was unable to be there for this special day.

Special thanks to the Perseverance in Hope Gold Sponsors: Community West Foundation, Corinne L. Doderer Foundation for the Arts & Sciences, Parker Hannifin and Sisters of Charity Foundation of Cleveland.

To see more photos from the luncheon, please visit facebook.com/JMHomeOhio ♦

Journey Home Fund: Help Residents on the Next Stage of Their Journey

Joseph & Mary's Home helps residents heal and find permanent housing, but they need extra help to be successful in their new home. The Journey Home Fund was launched at the luncheon to help residents with this next stage in their journey. Donations to the fund will help them with a variety of housing issues, like security deposits, vouchers to furnish their apartments, utility setups and small expenses to get them started. Generous supporters donated more than \$18,000 at the luncheon to establish the fund.

You can make a donation today at josephshome.com/journey-home.

IT IS OUR MISSION ::

Joseph & Mary's Home, a ministry of the Sisters of Charity Health System, provides a nurturing, caring environment for adults without resources who have acute medical needs, helping them heal and achieve independence.



JOSEPH & MARY'S HOME

A Ministry of the Sisters of Charity Health System