

The HEART of Regina Health Center



WINTER 2023/2024

MISSION

Regina Health Center provides compassionate and holistic health care services primarily for members of religious communities, clergy and for other persons needing supportive services or residential nursing care. Regina Health Center is a collaborative ministry sponsored by the Sisters of Charity Health System.

A Celebration 30 Years in the Making

Dinner Gala Celebrates 30 Years of Excellence while Raising \$220,000 for Third-Floor Refresh

The grounds of Regina Health Center have always been a special place. They became even more so the evening of June 7 as 200 supporters gathered for a special tented dinner gala to celebrate 30 years of providing quality, mission-driven care to religious women, brothers, priests and lay people.

Attendees also gathered to honor Sister Judith Ann Karam, CSA, congregational leader for the Sisters of Charity of St. Augustine and Chair of the public juridic person for the Sisters of Charity Health System. Sr. Judith Ann was instrumental in the opening of Regina Health Center in 1993 and is a recognized and respected leader in Catholic health care both regionally and nationally.

“We are so very blessed to honor the 30th anniversary of Regina Health Center, for their commitment to the care of vowed religious, priests and lay people in need of skilled nursing care in the most beautiful home of the Sisters of Charity of St. Augustine,” said Janice G. Murphy, president and CEO Sisters of Charity Health System. “Sister Judith Ann Karam helped lead this important level of care, which was the first in the country. In a prayer attributed to St. Oscar Romero, ‘We plant seeds that one day will grow’ and that has been the gift to watch unfold over 30 years.”

At the event, attendees enjoyed appetizers, drinks and dinner, plus a special 30th anniversary video and presentation. In addition to being a celebration of the history and accomplishments of Regina Health Center (RHC), the event helped raise much-needed funds for capital project needs. Supporters raised more than \$220,000 through sponsorships and ticket sales. The capital project needs include an overdue refresh of the third-floor assisted living area.



Continued on page 4



**2023 Regina Health
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WHAT WILL 2053 LOOK LIKE?

A LETTER FROM THE EXECUTIVE DIRECTOR



After we just had a wonderful year celebrating the first 30 years of Regina Health Center, it might be a bit interesting to wonder what things will look like over the next 30 years.

Of course it's impossible to say. But, I do know that Regina Health Center has always kept an eye on the future while also providing the day-to-day compassionate, holistic, God-centered care that is our hallmark — and at the same time being able to adapt and adjust with whatever has come our way.

What long-term care looked like 30 years ago looks nothing like it does today. Assisted living was in its infancy. Basically, there was one place to go regardless of the level of care that was needed. Now, there are multiple options to better meet the needs of each resident, ranging from active lifestyles for active seniors to skilled nursing to memory care. Things have really changed and grown over the last 30 years.

We adapt to changes and rise to the challenges that have come along, and that's what we'll do moving forward. We don't know what kind of new technologies or innovations the future will bring, but we do know that we are well equipped to overcome whatever challenges and opportunities present themselves.

Part of that ability to adapt includes periodically refreshing our physical spaces. Thanks to the generosity of our donors, the success of our 30th anniversary events and the Holy-In-One Fund-A-Need, we will begin a refresh of our third-floor assisted living area. The refresh will include new flooring, upgraded lighting and an updated color palette on the walls for a more inviting look and feel, and new furniture in the common areas.

Similar to the refresh of the first and second floors a few years ago, an updated third floor will enable us to provide a better quality of life for residents. It will also position Regina Health Center for the future to help with marketing to attract more residents.

We're at the point we can start with the refresh, but there is still time to donate so we can go even bigger and do even more with the refresh. Your support really does make a meaningful impact on the quality of life for residents. It certainly did with the remodel of the first and second floors. And, more recently with the expansion of the Madonna Garden with more space for residents and the new pavilion.

What will 2053 look like? Nobody knows for sure, but we do know that we are as committed as ever to meeting the needs of our religious and the wider community for the next 30 years and beyond, whatever the future brings.

Deacon Mark C. Yantek, LNHA
Executive Director, Regina Health Center



**SAVE
THE
DATE**

**FOR THE
25TH ANNUAL
HOLY-IN-ONE**

8.8.24

Jim Glowacki and team after hitting a great shot.

Holy-in-One a Hit

We extend our gratitude for your support of the 24th Annual Holy-In-One Golf Outing, including the online auction, raffles and Fund-A-Need. Firestone Country Club graciously hosted 192 golfers on its renowned courses, with perfect weather.

The online auction had more than 100 winners and many bidders competing for unique packages, raising more than \$37,000. Plus, more than \$25,000 was donated for Fund-A-Need, earmarked for updating the assisted living floor. With the generosity of supporters, the golf outing successfully raised more than \$250,000 to benefit retired religious clergy and seniors residing at Regina Health Center.

The 25th annual Holy-In-One will be held Thursday, August 8, 2024, at Firestone Country Club. ♦

*We are currently seeking sponsorships for the 2024 event.
Contact Colleen at 330.659.5132 to find out more.*



(Top photo) The Absolute Pharmacy team; RHC staff and volunteers (left to right) Mary Takacs, the Backswing golf pro, Judy Casselberry, and Debbie Colberg.



A CELEBRATION *continued from page 1*

“Congratulations on the successful 30th anniversary gala as well as the creation of RHC to meet the unmet needs of religious congregations, diocesan priests and laity when the needs were so critical. RHC is a model of excellence and was always the first of its kind in the United States,” said Sr. Margaret Taylor, SIW. “What a blessing is seen in the collaboration among the religious congregations over many years. It’s one thing to create a ministry and it’s another to sustain the ministry over the long-haul, especially in the midst of a global pandemic. I pray that RHC will continue to offer its healing ministry of Jesus for generations to come. May the hopes and dream that were answered 30 years ago continue to serve the needs of countless others going forward.”

The event’s honoree, Sr. Judith Ann, reflected on the importance of gathering to celebrate RHC’s 30th anniversary and the gratitude she has for everyone who has been a part of RHC’s success over the last 30 years.

“The event itself was a wonderful time to celebrate friends and family. I have always been blessed by so many from the hospitals, boards, ministries and organizations. I felt extremely honored at RHC’s 30th anniversary gala because I was able to enjoy so many in one place that have served in various capacities to support many of our ministries, let alone helped us to continue meeting the needs at Regina Health Center. I could have stood there thanking everyone two more hours for all the many people who have been involved in supporting RHC and all of us.”

— Sr. Judith Ann



Bishop Michael G. Woost and Bishop Roger Gries, OSB



Father Juancho Ramos, SSS, and Scott Gongos, Congregation of Blessed Sacrament

A GROUNDBREAKING HISTORY

Regina Health Center was a pioneer as one of the first inter-congregational skilled nursing and assisted living facilities in the United States when it opened in 1993 in Mount Augustine, the motherhouse for the Sisters of Charity of St. Augustine that was built in 1955. In the early 1990s, the Sisters raised more than \$7.5 million to renovate and convert much of the facility, collaborating with 22 Catholic religious congregations.

The goal was to ensure that aging women religious and priests in Northeast Ohio would receive the highest quality health care services, along with supportive programs that would keep them spiritually, mentally and socially engaged. Today, Regina Health Center continues to welcome religious women, brothers, priests and lay people who embrace our core values of spirituality and shared community life as we extend the healing mission of Jesus. ♦

YOU CAN STILL HONOR A 30-YEAR LEGACY

While the anniversary gala was a big success, we still welcome gifts to the Regina Health Center 30th Anniversary Fund to enhance the building, capital project needs, repair and replacement needs. Contact Mission Support and Donor Relations Director Colleen Day at 330.659.5132 or cday@reginahealthcenter.org for more information. Your support is critical to helping the long-term mind, body and spiritual care needs of religious sisters, brothers, priests and lay people.



30+ year staff member Lois Czekaj, RN, and her husband Tim Czekaj



Dinner guests (left to right) Mary Barron, Barbara Toth, John Weiss (standing), Jim Bilek, Sister Irene Charette, OSU

STAFF SPOTLIGHT

Programs and Transportation Department Keep RHC Moving

The Regina Health Center Programs and Transportation Department plays an important role in helping to ensure residents have fullness of life. Mike Macy, Tim Macy, Bob Rivera and Jack Snider provide transportation for residents to enjoy recreational, cultural and spiritual outings, as well as providing transportation to medical appointments, which requires adapting to changing schedules.

“It takes teamwork to be a winner, and we have a winning team with the drivers in our Programs and Transportation Department. Mike, Tim, Bob and Jack keep the ball rolling with their flexibility and willingness to adapt to the schedule changes that occur just about every day,” said Sister Regina Fierman, CSA, who oversees the department. “The residents have expressed their appreciation for our drivers, and the drivers have said how grateful they are to be able to do the driving trips for the residents. Resident satisfaction is the name of the game, and our drivers are outstanding. They are a winning team.” ♦



Pictured are Jack Snider, Mike Macy, Sister Regina Fierman, CSA, Tim Macy and Bob Rivera (not pictured: Mike Dzion)



Resident Deacon Joseph Bourgeois, SSS, pictured with Bob Rivera, driver and volunteer at RHC

Thanks and Gratitude

The residents, board of directors and staff of Regina Health Center are extraordinarily grateful to you, our generous supporters, whose loyalty and commitment ensure that our aging religious and laity will continue to receive the best and most compassionate health care in this God-centered environment.

Below is the 2022 Donor Roll. We are blessed by generous supporters and in 2022, there were 1,234 donors that helped raise \$1,320,001. These gifts go toward the care of the aging religious, clergy and lay residents who count on this support. Know that all donors listed below, living and deceased, are prayed for at our daily Mass in the Holy Family Chapel at Regina Health Center.

THANK YOU 2022 DONORS

The donor listing on these pages represents Circle of Giving Society members of \$100 or more who made gifts in 2022, as well as those whose continued support has accumulated to milestone levels.

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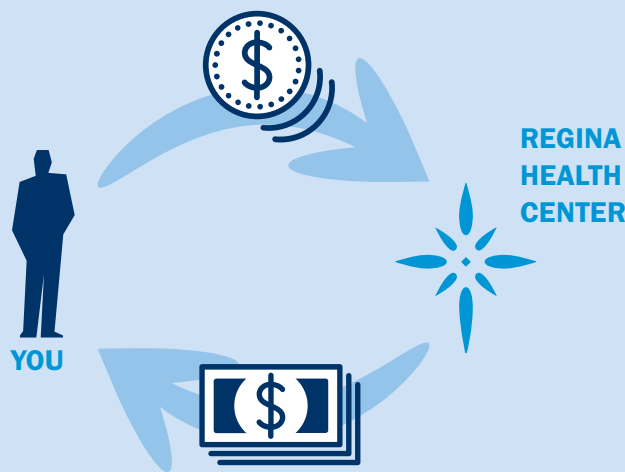
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You can support Regina Health Center and feel confident that you have stable income for life with a charitable gift annuity, as well as receive a partial tax deduction on your gift. The amount of income is determined by the size of the donation and the donor's age.

AGE	CURRENT RATE*
60	4.9%
65	5.4%
70	5.9%
75	6.6%
80	7.6%
85	8.7%
90+	9.7%

Call Colleen Corrigan Day at 330.659.5132 for more information and for a personalized illustration showing the income and tax benefits you can gain.

GIVE \$10,000 or more.



RECEIVE PAYMENTS
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*Rates shown are for a one-life annuity and are effective January 2023. The minimum age is 65 and minimum gift is \$10,000 cash or securities. No commissions or fees are paid.



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We thank our many other donors who made thoughtful gifts to Regina Health Center in 2022. Please consider joining one of our Giving Circle Societies in 2023. We regret if we have inadvertently excluded or misspelled any names. Please call the mission support and donor relations office at 330.659.5142 so that we can correct any errors. Thank you.



IN MEMORIAM

Remembering Tim Baeslach, RN

It was with great sadness that the Regina Health Center family mourned the passing of Timothy J. Baeslach, RN,

at a memorial service on September 7 in the Regina Health Center chapel. Tim passed away suddenly on September 1 at the age of 47 after being an integral part of the Regina Health Center Nursing Department for three years. Tim previously worked as a hospice nurse and touched the lives of many residents and staff over the years. He was husband to Gina and father to Zeke and Islee.

During the memorial service, Father Ralph Wiatrowski said, “Brothers and sisters, we gather this day to honor our

colleague, nurse and friend, Tim Baeslach. We mourn his passing deeply, and know that, while there are no words for the suffering we have endured as a community over his loss, you know what is written on our hearts. We want to celebrate his life lived for others.”

Director of Nursing Marti Shivak said, “Tim was extremely proud of being an RN. He loved serving the residents at Regina Health Center. Tim built real relationships with the residents and families and truly enjoyed talking and joking with them. Tim will forever be in our hearts.”

We extend heartfelt condolences to Tim’s loved ones, friends and everyone who experienced his caring and generosity. ♦



Vowed Religious & Clergy CELEBRATE JUBILEE YEARS

70 YEARS



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REGINA HEALTH CENTER (RHC) IS BLESSED TO SERVE SO MANY AREA RELIGIOUS AND CLERGY IN THEIR RETIREMENT. THEY BRING WITH THEM A LIFETIME OF CARE AND MINISTRY THROUGH THEIR YEARS OF SERVICE. IN 2023, RHC CELEBRATED FOUR OF THESE SPIRITUALLY RICH INDIVIDUALS WHO CONTINUE TO SERVE WITHIN THE HALLS, CHAPELS AND SPACES AT RHC.

RHC news and events



Our compassionate staff – a.k.a. “Team Regina” – go above and beyond to care for every resident. Pictured are just some of those dedicated team members. (Top left to right) Kristine, Joanne, Chris, Emily, Mary, Corey, Tonya; (Bottom l to r) Kathy, Bonnie, Erin, Ryan, Patty, Marissa, Lois.



The 2022 employee recognition and celebration dinner. (Top photo) Leadership and employees celebrating milestone anniversaries, including Jan Murphy, CEO, Sisters of Charity Health System; Shawn Mickle, RHC staff; Mark Yantek; Bob Rivera, RHC Driver; Sr. Judith Ann Karam, CSA Congregational Leader; Laura Salvaggio, Receptionist; Marianne Able, Nursing; Lauren Gentner, Dining Services; Natalie Kennedy, Nursing. (Bottom photo) Employees of the Month 2022 include Nicole Johnson, Nursing; Chuck Kennedy, Maintenance; Susie Yanak, Dining Services; Teresa Lenehan, Dining Services; Odessa Fields, Finance; Mark Garnier, Maintenance; Joe Maurer, Donor; Laura Salvaggio, Receptionist; Cindy Maurer, Donor. Joe and Cindy help make this program a success with their generous support of the Employee of the Month gift and an additional gift to the Employee of the Year.



2024 HOLY-IN-ONE WARM UP

Sunday, February 25, 2024
5820 Rockside Woods Blvd. North
Independence, Ohio 44131

2 pm to 4 pm

Includes indoor golfing experience in a golf party bay, appetizers and event area exclusively for our guests. Drink tickets will be available to purchase. Proceeds will go to Regina Health Center for the 2024 Holy-In-One event.



Feb. 25
Topgolf Holy-In-One
Warm Up

Aug. 8
25th Annual
Golf Outing



Thursday, August 8, 2024,
at Firestone Country Club. Secure the course of your choice (north or west) with an early sponsorship. Call Colleen at 330.659.5132 for more details.



Regina Health Center resident Sister Patrick Marie Walsh, OSU, received VIP treatment when she flew to Ireland in the fall of 2022 for a family wedding.



Sister Mary Ann Stoltz, SSJ-TOSF, enjoying the classic cars

Three Is the Charm with Car Cruise-In

Every August, the front grounds of Regina Health Center are turned into a large parking lot for one evening with a wide variety of polished classic and muscle cars and their drivers coming from all over the region. Except for this year.

After the initial date was re-scheduled and then re-scheduled again due to weather, the third time proved to be the charm with the Car Cruise-In

happening September 13. Nearly 90 cars made the front lawn home for an evening as residents and their families, volunteers, staff, and community members enjoyed the cars, grilled hot dogs and snacks, and live music with the Polka Pirates band.

Proceeds typically benefit the RHC Resident Activities Fund. However, due to the sudden passing of RHC Nurse Tim Baeslach the day before the initial Car Cruise-In was scheduled, residents and staff wanted to honor Tim and raise money for his family. Sales from raffle basket tickets raised more than \$4,700 for a college fund for Tim's children. ♦

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WISH *list*

The Wish List continues to be a success for those wishing to help in a specific way. We thank the Wish List donors who gave cash or gifts-in-kind in response to our last newsletter request, and share our current needs below:

HOLY-IN-ONE AUCTION & RAFFLE ITEMS

Gift items that can be used for the online auctions and raffles at the annual Holy-In-One fundraiser. Fine wine and spirits are needed. Gift cards for locally owned/premier restaurants, Amazon or Visa gift cards are also needed.

ORDER OUT/EAT-IN PROGRAM

Donations to our Order Out/Eat In Program. Residents are able to order food from a local restaurant and have it delivered for a special treat.

DVDS FOR ENTERTAINMENT

Donations of DVDs (or Amazon gift cards for DVDs for the Activities Department to share with and show to residents)

PROJECTOR FOR PROMOTING REGINA HEALTH CENTER

Projector for Marketing and Mission and Donor Support presentations and promotion of Regina Health Center. – FANGOR 1080P HD Projector, WiFi Bluetooth Projectors, Max 230” Projection Screen Portable Home Theater Video Movie Projector With Tripod, Compatible with HDMI, USB, Laptop, iOS & Android Phone \$165.

AQUARIUM & BIRD AVIARY UPKEEP

Donations for maintenance and upkeep of the two aquariums and bird aviary. The costs are \$139 a month for each fish tank and \$109 per month for the bird aviary.

Contact Jillian Rader Young at 330.659.5142 or jrader@reginahealthcenter.org to make arrangements or if you have questions. Thank you for supporting the Regina Health Center mission.

Please Like us on Facebook. We frequently share resident events, photos, organizational news and employee recognitions.



NEWSLETTER CREDITS

The Heart of Regina Health Center newsletter is published in the spring and fall to keep our supporters and residents updated on the many wonderful people and things that take place here every day.

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