



The HEART of Regina Health Center



WINTER 2023

MISSION

Regina Health Center provides compassionate and holistic health care services primarily for members of religious communities, clergy and for other persons needing supportive services or residential nursing care. Regina Health Center is a collaborative ministry sponsored by the Sisters of Charity Health System.

It Takes a Village: Celebrating 30 Years of Quality, God-Centered Care

Two are better than one, because they have a good reward for their toil. —Ecclesiastes 4:9

As Ecclesiastes 4:9 tells us, “Two are better than one.” In the case of Regina Health Center, 22 are better than one. That’s the number of orders within Northeast Ohio that collaborated with the Sisters of Charity of St. Augustine to expand long-term health care services for the aging religious in Northeast Ohio with the opening of Regina Health Center in 1993.

The goal in opening Regina Health Center was to ensure that aging women religious and priests in Northeast Ohio would receive the highest quality health care services, along with supportive programs that would keep them spiritually, mentally and socially engaged. Thirty years later, that goal is still being met by providing quality, mission-driven care.

“You can measure an organization on its longevity and on its merits. Regina Health Center is blessed to have exceptional residents, staff, families and donors and be able to offer outstanding medical and spiritual care just like we did 30 years ago. The collaboration of the 22 religious communities who committed to support and call Regina Health Center their home for their members who needed skilled nursing care and assisted living make this the special place it is and will continue to be,” said Mark Yantek, executive director.

Prior to Regina Health Center, the need to care for religious being discharged from hospitals was steadily increasing. Providing the appropriate skilled care was becoming beyond the capabilities of most congregations.

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30 YEARS OF MISSION-DRIVEN CARE

A LETTER FROM THE EXECUTIVE DIRECTOR



Back in the 1980s, the Diocese of Cleveland and the Conference of Religious Leadership (CORL) identified the need to expand long-term health care services for the aging religious in Northeast Ohio. That need was met in 1993 when the Sisters of Charity of St. Augustine opened Regina Health Center, collaborating with 22 orders within the Northeast Ohio diocesan community to ensure that their aging religious would receive the highest caliber health care services.

In reflecting on this column and our 30th anniversary, I can't help but be inspired by the fact that our original mission is still so intact. We continue to be laser-focused on religious and clergy, while also serving lay people. There are many good options for Catholic care in Northeast Ohio, but Regina Health Center (RHC) is unique because it was created for one purpose and that purpose remains to this day with our primary focus on being a safety net for women religious and priests. They can remain in a religious setting while receiving compassionate care when their religious communities can no longer provide the level of support needed.

That's why RHC resonates with so many people who choose to support our mission. They know us as the ministry who cares for the sisters and priests who have been such an important part of their spiritual lives. Over the years in this newsletter, we've spotlighted some of the sisters and priests who call RHC home — residents like Deacon Joseph Bourgeois, SSS (Congregation of the Blessed Sacrament).

In addition to participating in activities and Mass at RHC, he continues to help run the non-profit organization that he founded — the St. Paschal Baylon Helping Hands Ministry, which provides meals and supplies to those in Cleveland experiencing homelessness. There's also Sister Rosemarie Robinson, a member of the Dominican Sisters of Peace. She was one of many who helped lay the foundation for RHC in the early 90s. Deacon Joe and Sr. Rosemarie are just two of the hundreds of sisters and priests who have found a caring, faith-based home at Regina Health Center.

Our unique mission means we continue to welcome new religious communities, including the Ursuline Sisters of Cleveland in 2013 and the Sisters of St. Joseph of the Third Order of St. Francis (in Wisconsin) in 2020, and expect more in the coming years. Religious communities and lay people choose RHC because of our five-star quality of care and faith-based environment. It's further evidence that we are still devoted to our mission, nearly 30 years later.

We are excited to celebrate 30 years of excellence in 2023 and continuing to welcome sisters, priests and lay people who embrace our core values of spirituality and shared community life as we extend the healing mission of Jesus.

Deacon Mark

DEACON MARK C. YANTEK, LNHA
Executive Director, Regina Health Center

*Representatives of the 22 orders
who collaborated with the Sisters
of Charity of St. Augustine to open
Regina Health Center.*

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Photos circa 1992— Sister Mary Virginia Wamfler, CSA moving out of her wing to make room for construction to begin; Demolition of the front steps in preparing the transition of Mt. Augustine to a health care facility.

IT TAKES A VILLAGE *continued from page 1*

Recognizing this challenge, the Conference of Religious Leadership (CORL) started discussing the health care needs of religious communities. CORL, which included representatives of the congregations of religious men and women serving in the Diocese of Cleveland, commissioned a study in the late 1980s that identified the need for a collaborative effort to provide long-term health care services for the aging religious in Northeast Ohio.

Regina Health Center is part of Mt. Augustine, which is the motherhouse for the Sisters of Charity of St. Augustine that opened in 1957. The Sisters raised more than \$7.5 million to renovate and convert much of the facility, becoming the first collaborative health care facility of its kind in the United States when it opened in 1993.

“The need for Regina Health Center was very evident. I remember I was sitting at my desk at one point and I got a call saying, ‘The religious congregation has members of their community to come right now.’ We weren’t even built yet.”

—Sister Judith Ann Karam, CSA, congregational leader, Sisters of Charity of St. Augustine.

At the time, the idea of inter-congregational health care for religious sisters and priests that would also be available to lay persons was truly groundbreaking. “Providing faith-based medical and spiritual care for so many religious communities continues to set Regina Health Center apart. It is about quality services and forming community to care for each other. That is Regina Health Center. We’re so grateful for it,” said Sr. Judith Ann.

Regina Health Center continues to welcome new religious communities and all individuals from any faith, race or culture.

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IT TAKES A VILLAGE *continued from page 3*

Celebrating the Anniversary

To celebrate the 30th anniversary, Regina Health Center will be hosting multiple events in 2023, including special resident activities throughout the year and a refresh of the third-floor assisted living area. The skilled nursing home was renovated for the 25th anniversary in 2018. Continuing to grow the Regina Health Center Endowment will also be a focus in 2023. Interest from the endowment sustains pastoral ministry and activities like music and art for residents and staff development, without having to use operating funds that are critical to providing resident care.

“We look forward to celebrating 30 years of excellence in 2023 and continuing to welcome sisters, priests and lay people who embrace our core values of spirituality and shared community life as we extend the healing mission of Jesus,” said Joyce Haynes, assistant administrator and human resources director at Regina Health Center. ♦



Sr. Joan Gallagher, CSA; Sr. Mary Catherine McNamara, SIW, and Sr. Maria Kruszewski, CDFN - reviewing building plans; 1994 Special Care Unit dedication, Srs. Judith Ann Karam, CSA, and Dolores Jambor, VSC.

June 7 Celebration Honors Sister Judith Ann Karam, CSA

Regina Health Center is 30 years old and we're celebrating throughout the year, including a special evening dinner celebration on Wednesday, June 7. This tented experience is on the beautiful grounds of Regina Health Center. **Tickets are \$150 each and are available at bit.ly/rhc30thanniversary**

A variety of sponsorship opportunities are available. Please contact Mission Support and Donor Relations Director Colleen Day at [330.659.5132](tel:330.659.5132) or cday@reginahealthcenter.org for more information.



Help Honor a 30-Year Legacy by Investing in the Present and Future of Regina Health Center

Regina Health Center was a pioneer when it opened in 1993 as one of the first inter-congregational skilled nursing facilities in the United States and possibly the world. The Sisters of Charity of St. Augustine collaborated with 22 Catholic religious congregations to ensure the long-term health care needs of religious sisters, brothers and priests would be met with high quality health care services in opening Regina Health Center.

While we are not currently in a capital campaign, we welcome gifts to the Regina Health Center 30th Anniversary Fund to enhance the building, and for capital project needs, repair and replacement needs. We are also focusing on growing the Regina Health Center Endowment Fund. Currently just over \$1 million, this fund will sustain programs, education scholarships for staff and meet the ever-growing health care expenses for our religious residents who rely fully on Medicaid and Medicare funds. The goal is to raise as much as \$500,000 during this 30th anniversary celebration year.



Contact Mission Support and Donor Relations Director Colleen Day at 330.659.5132 or cday@reginahealthcenter.org for more information.

Sponsorship Opportunities

Diamond Health Care Sponsorship :: \$30,000

Three tables of 8, full-page advertisement, social media and online marketing, VIP reception

Gold Congregational Sponsorship :: \$23,000

Two tables of 8, full-page advertisement, social media and online marketing, VIP reception

Silver Sponsor :: \$13,000

One table of 8 and full-page advertisement, social media and marketing opportunities

Bronze Sponsor :: \$10,000

One table of 8 and full-page advertisement, social media and marketing opportunities

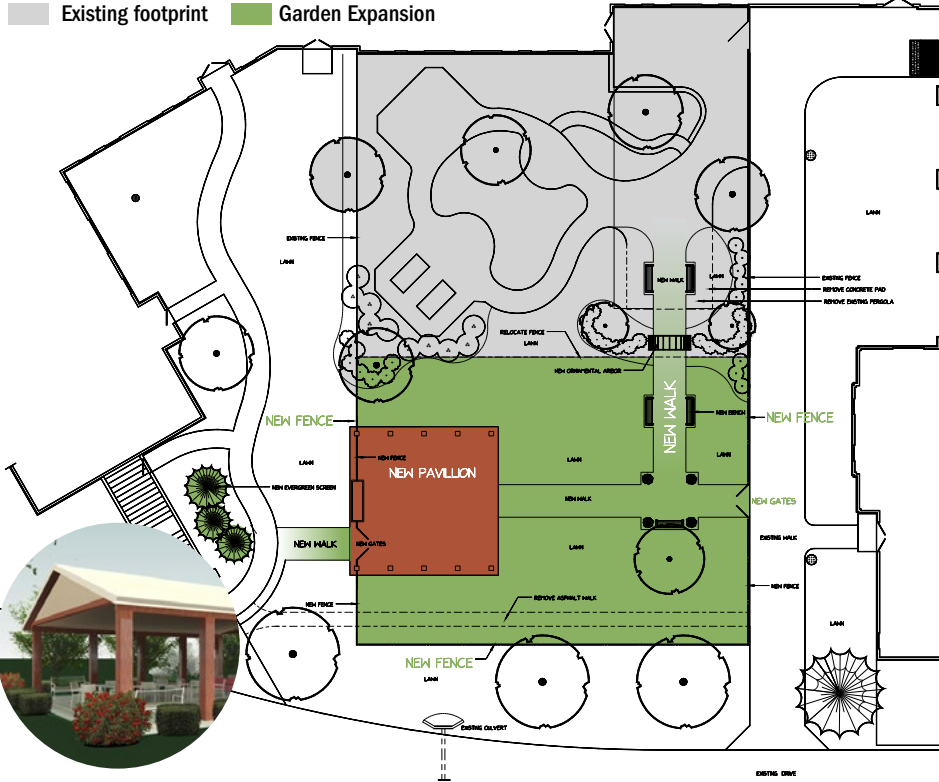
Video Tribute Sponsor :: \$8,000 *Recognition on the event video, one table of 8 and full-page advertisement*

Compassionate Care Sponsor :: \$3,000 *Table of 8 and 1/2-page advertisement*

Congratulatory Advertising Sponsor :: \$1,300 *Full-page advertisement and one ticket*

Tickets For Celebration :: \$300 (Couple tickets) *\$150 for one ticket*





Madonna Garden will enhance the nature and wellness experience for residents and families, improve access to outdoor gathering spaces, and provide a new peaceful space for reflection and healing,” said Mark Yantek, executive director, Regina Health Center.

NEW OUTDOOR PAVILLION

Building a new pavilion was the focus of the Resident Fund-A-Need program at the 2021 Holy-In-One Golf Outing, which raised more than \$70,000 of the \$129,000 cost for construction of the pavilion. Once in use after the garden expansion is complete, the pavilion will feature comfortable, accessible furnishings, a television and other features to make it an attractive gathering space.

In addition to a number of generous supporters, the Akron Community Foundation gave a \$7,500 grant for the construction project. The foundation is a philanthropic endowment with a growing family of more than 800 funds established by charitable people and organizations from all walks of life. This is the first grant Regina Health Center has received from the foundation.

If you are interested in donating to help reach the goal of raising \$80,000 to complete the refresh and expansion of the Madonna Garden, please contact Mission Support and Donor Relations Director Colleen Day at 330.659.5132.

RESIDENT NEED ::

Madonna Garden to Double in Size and Incorporate the New Resident Pavilion

For 25 years, the Madonna Garden has been a blooming sanctuary and connection to nature. It will soon be double the size. The 2022 Holy-In-One Golf Outing Resident Fund-A-Need raised \$45,000 of an \$80,000 goal to help refresh and expand the garden.

A larger Madonna Garden will incorporate the new resident pavilion for ease of access for residents. The new pavilion was

built in 2022 as a safe outdoor gathering space for family visits, spiritual and educational programming and enrichment, and more. In addition to a much larger space, the garden will feature a new landscape design and curated plants to indulge the senses, wheelchair-friendly paths that connect to the pavilion, gating for safety, and more.

“Refreshing and expanding the



Construction of pavilion complete in 2022. The landscape, fencing, brick pavers, benches and walkways will be completed in 2023.

Buy a Brick, Paver or Bench, Leave a Legacy

Make your mark in the Madonna Garden by sponsoring an inscribed brick in memory or honor of a loved one or vowed religious member. You'll leave a lasting legacy while helping raise much-needed funds to expand and enhance the garden. Benches cost \$2,500. Inscribed bricks cost \$150 each and larger inscribed pavers are \$225. Bricks and pavers will be installed in the garden, just outside of the new pavilion.

Visit reginahealthcenter.org and click on "Support Us" then click "Madonna Garden Paver Purchase" or call 330.659.5132 to get your brick, paver or bench today!

PURCHASE HERE:



BRICK/PAVER PURCHASE



Holy-In-One Moves Up the Leaderboard

The Holy-In-One Golf Outing has long been the largest fundraising event of the year for Regina Health Center and it continues to best itself year after year. The 2022 Holy-In-One Golf Outing Honoring Bishop Roger Gries, OSB, on August 18 at the renowned Firestone Country Club raised \$321,000 with more than \$200,000 in net proceeds. The online auction also continues to outdo itself, raising \$34,000. The Resident Fund-A-Need raised \$45,000 to help expand the 25-year-old Madonna Garden to incorporate a new pavilion for ease of access for residents.

A huge thank you to the 240 golfers, 260 dinner guests, and amazing sponsors and volunteers who keep putting Holy-In-One on top of the leaderboard each year. Thank you to event sponsor Action Management Services as the lead Title Sponsor. Bishop Gries has been an important part of helping the event be a success since it began 23 years ago. Thank you also to title sponsors Karen Daverio, The Fedeli Group, James Glowacki and M&M Management. ♦

Save the Date:
Holy-In-One 2023
Tees Off August 17

Mark your calendars for Thursday, August 17, 2023, for the 24th annual Holy-In-One Golf Outing at Firestone Country Club. Check your email for the official save-the-date card and register early to ensure your choice of course. If you're not on our email list, please call the number below or email cday@reginahealthcenter.org with your email address to stay informed about this event.

Thanks to sponsor Yanke Bionics, you'll again have the chance to win the trip of a lifetime through the Pebble Beach® raffle with only 200 tickets available at \$100 each. Congratulations to the Pebble Beach winner for 2022—Village of Richfield Mayor Michael Wheeler.

Tickets for the raffle can be purchased in advance by going online to www.holyinone.com or by contacting Colleen Day at 330.659.5132 or with the Pebble Beach Raffle QR code below. Winners need not be present for the raffle.



Bishop Roger Gries (2nd from right) with his brother Robert, Bob Kane and John Dunning.

Regina Health Center Tribute Gifts*

The Grateful Hearts Tribute Program was established so donors can make a meaningful gift to support the mission of Regina Health Center and at the same time, remember or honor a loved one or a dear acquaintance. Between September 1, 2021, and August 31, 2022, 347 tribute gifts were made. Regina Health Center thanks the generous donors who made gifts of tribute and congratulates those who have been honored. We pray for all listed on these pages, living and deceased.

GRATEFUL HEARTS TRIBUTE SOCIETY

The Grateful Hearts Tribute Society offers an opportunity for family and friends to establish a permanent tribute to honor or memorialize their loved ones. Permanent tributes can be established for tribute gifts with accumulated giving of \$5,000 or more. Permanent tributes are included in the intentions at daily Mass at Regina Health Center. The book of tribute names is located at the rear of the main chapel. We thank the thoughtful families and friends who remember their loved ones in this way.

PERMANENT TRIBUTES IN MEMORY OF:

Sr. Rose Angela, OSU
Sr. Mary Annunciata, OSU
Sr. Mary Patricia Barrett, CSA
Margaret Anne Brosnan
Mary Barrett Brosnan
Patrick J. Brosnan
Elizabeth Carraher
Daniel Cole
Mary Patricia Daley
Madge Dzugan
Sr. Elaine Eggert, OP
Thomas and Louise Fleming
Charles J. Gallagher Jr.
Charolotte Ganim
Donald A. Gedeon

Mary Ellen and John Grecol
Sr. Kathryn Harrison, CSJ
Ann Kadzielski and Karl Kadzielski
Elizabeth Miskalo and John Miskalo
Rev. Anthony Muzic
Christine Muzic
Sr. Colette O'Connell, PCC
Sr. Andrew Parchem, CSA
Ruth Marian Raybuck
Sr. M. Raymond, CSA
Lois Soss
Sr. Mary Martin Tominey, CSA
Sr. Siena Ward, OP
Jean Barber Williams
Monsignor Robert Wolff
Delores Young

IN MEMORY OF:

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Sister Rose Angela, OSU
Mr. and Mrs. Robert C. Maynard

Sister Mary Annunciata, OSU
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Mr. Mark A. Kadzielski

Fr. Stephen Kaminski
Reverend David G. Woost

Eleanor Karch
Sister Carlene Blavat, SSJ-TOSF
Sisters of St. Joseph of the
Third Order of St. Francis

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Anonymous

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Mrs. Kathleen J. Kelly

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Mrs. Kathleen J. Kelly

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Sister Therese Martin Turocy, OSU
Mrs. Rose Mary Matejka



Vowed Religious & Clergy CELEBRATE JUBILEE YEARS

75 YEARS



Sr. Cecilia Nagel, CSJ



*Sr. Jane Ann
Comerford, CSJ*



*Sr. Mary Francis
Borgia, OSU*

REGINA HEALTH CENTER (RHC) IS BLESSED TO SERVE SO MANY AREA RELIGIOUS AND CLERGY IN THEIR RETIREMENT. THEY BRING WITH THEM A LIFETIME OF CARE AND MINISTRY THROUGH THEIR YEARS OF SERVICE. IN 2022, RHC CELEBRATED SEVEN OF THESE SPIRITUALLY RICH INDIVIDUALS WHO CONTINUE TO SERVE WITHIN THE HALLS, CHAPELS AND SPACES AT RHC.

70 YEARS



Sr. Allan Kenzig, CSA



Sr. Mary Lou Storey, CSJ

60 YEARS



*Deacon Joseph
Bourgeois, SSS*



*Sr. Nancy
Hendershot, CSA*



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Dr. Amelia V. Llerena

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CSA sisters at Regina Health Center
Mr. and Mrs. John J. Demore

Regina Health Center Residents and Staff
Thank God It's First Friday- West

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Sister Agnes Schreiber, CSJ

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Coastal Community Foundation of SC
Drenda K. and M. John Heydel
Mr. and Mrs. J. Michael Kapp
Ms. Therese A. Loftus

FALL 2022 DONOR ROLL CORRECTION

We regret that we inadvertently missed including the names of four important supporters in the Fall 2022 Donor Roll that appeared in the fall issue of *The Heart of Regina Health Center* newsletter. They are:

BRIAN AND SHEILA FLANNERY are significant donors and were not listed under Lifetime Benefactors, Individuals Accumulated Giving \$25,000+

JOSEPH C. MAURER AND CYNTHIA MAURER are significant donors and were not listed on the 2022 Donor Roll under the Circle of Abundant Joy level of Individuals giving \$5,000+

Please call the mission support and donor relations office at 330.659.5132 so that we can correct any errors.



Carol Abel and new born Marianne; and Bishop Roger Gries, OSB at confirmation for Marianne



Mothers Know Best

MARIANNE ABEL CELEBRATES 16 YEARS AT REGINA HEALTH CENTER AFTER TAKING HER MOTHER'S ADVICE IN 2007



Carol and Marianne Abel

Marianne Abel has worked for Regina Health Center since 2007 when she was hired as a nursing assistant at the age of 19. But, her ties go back to before she was born. Her mother, Carol Abel, worked in office administration in the mid-1980s for the health and human services arm of the Sisters of Charity of St. Augustine (now the Sisters of Charity Health System). Her office was at the sister's motherhouse, Mt. Augustine, which is now the home of Regina Health Center. Carol left her job with the sisters in June 1987 because she was due to give birth to Marianne within the next few weeks.

Over the next 19 years, Marianne attended Catholic school just down the road from Regina Health Center and went on to earn State Tested Nursing Assistant (STNA) certification while in high school. She worked at a for-profit skilled nursing facility for one year, but said she was looking for somewhere that offered faith-based care and a more "personal touch."

Her mom suggested Regina Health Center. She emailed then Director of Nursing Janet Cinadr and heard back 10 minutes later. Marianne came to work at Regina Health Center on April 4, 2007. She was later promoted to unit secretary and most recently medical records manager. She still fills in as a nursing assistant when needed.

In her 16 years working at Regina Health Center, she has provided care for hundreds of residents, including several of her former teachers from Catholic school.

Congratulations Marianne on 16 years at Regina Health Center and thank you Carol for making the recommendation! ♦

"Attending a Catholic grade school set such an incredible foundation for me. The past 16 years at Regina Health Center have been truly amazing and fulfilling." – Marianne

CONGRATUALIONS to Regina Health Center's employees of the month and employee of the year.



Joe and Cindy Maurer (3rd from right and far right), generous donors for the Employee of the Year Program, pictured with several 2022 employees of the month. Not pictured, 2022 Employee of the Year Kathy Rosebrook.



Jan Murphy (left, back row), CEO of the Sisters of Charity Health System, and Sister Judith Ann Karam, CSA, (left, front row) are pictured with employees honored for their years of service ranging from five to 20+ years.



#weGiveCatholic Donations Bring Therapeutic Benefits

The generosity of donors on November 29 during #WeGiveCatholic (Giving Tuesday) enabled the purchase of two aquariums and one bird aviary for the skilled nursing units. A single donor sponsored one aquarium in honor of Sister Henrietta Gorris, CSA, and Monsignor Robert Wolff. The aquariums and bird aviary bring a unique aesthetic to the décor of our skilled nursing areas and can help stimulate the mind and curiosity of the viewer. The colors, motion and sounds can serve as a form of therapy to relax residents.



THANK YOU Absolute Pharmacy for being a proud partner and supporter of Regina Health Center for many years. Absolute Pharmacy services thousands of patients at skilled nursing facilities around Northeast Ohio, and is always working to provide innovative ways to help us better care for our residents as the pharmacy provider for Regina Health Center.



Blessing Bike Brings Gift of Mobility

Thank you to the Ursuline Sisters of Cleveland for the donation of a "Blessing Bike." The bike is a front-passenger bike that allows one or two residents to safely sit while being pedaled around the grounds. Pictured is Sr. Patrick Marie Walsh, OSU, getting the inaugural ride on the Blessing Bike, with Activities staff member Sandy Pruitt doing the pedaling. The Blessing Bike is a nonprofit organization with a mission to provide access to affordable passenger bikes to families with loved ones experiencing age, health or disability-related barriers. Visit theblessingbike.com for more information.



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WISH *list*

The Wish List continues to be a success for those wanting to help in a specific way. We thank the Wish List donors who gave cash or gifts-in-kind in response to our last newsletter request, and share our current needs below:

HOLY-IN-ONE AUCTION & RAFFLE ITEMS

Gift items that can be used for the online auctions and raffles at the annual Holy-In-One fundraiser. Fine wine and spirits are needed. Gift cards for locally owned/premier restaurants, Amazon or Visa gift cards are also needed.

LIQUID PASCHAL CANDLE

Liquid Paschal candles from Almy.com never burn down. The brass top lamb of God liquid Paschal candle provides living light and is a meaningful decorative symbol that beautifully represents the mystery of Christ's resurrection.

ORDER OUT/EAT-IN PROGRAM

Donations would be appreciated to enable residents to enjoy carryout lunch from their favorite restaurants as a special treat.

PHYSICAL THERAPY

Table-Mate Ultra tables – folding TV tray table – these are very useful for and much needed by residents since they are lightweight, easy to move and fit in tight spaces.

Contact Jillian Rader at 330.659.5142 or jrader@reginahealthcenter.org to make arrangements or if you have questions.

THANK YOU FOR SUPPORTING THE REGINA HEALTH CENTER MISSION.



REGINA HEALTH CENTER
A Ministry of the Sisters of Charity Health System



FOLLOW OUR STORIES
ON SOCIAL MEDIA



NEWSLETTER CREDITS

The Heart of Regina Health Center newsletter is published in the spring and fall to keep our supporters and residents updated on the many wonderful people and things that take place here every day.

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