



VILLA VOICES

DEAR FRIENDS,

WINTER 2011

During the Christmas season, we rejoice in the birth of our Lord and Savior, Jesus Christ. This season of giving began with God giving us the greatest gift of all! *Luke 1: 10 -11 states, "I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Savior; which is Christ the Lord."*

Board of Directors

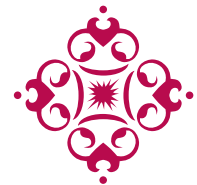
The Wise Men came to see Jesus, following the North Star. They knew God himself had come to Earth. To honor him, they brought him gifts of Gold, Frankincense and Myrrh.

- Mary Ann Bobulsky, Chair
- Patrick Carney
- Sr. Regina Fierman, CSA
- Brian Flannery
- Sr. Judith Ann Karam, CSA
- Carl Kelly, D.O.
- Sr. Margaret Mach, SC
- Christine Pocek
- Sr. Patricia Saul, SC
- Chuck St. John

As we celebrate this season, we think about what gifts we can bring. We have all been given different gifts and talents to use to glorify God. What can we lay at his feet to honor him? You, our dear friends, have honored him by blessing Light of Hearts Villa with your gifts and talents.

Matthew 25:34-40 states, "Then the King will say to those on his right, Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me."

Thank you for all that you do for Light of Hearts Villa. We wish you a Blessed Christmas Season, as together, we share our gifts and talents, to honor our Savior. Merry Christmas!



In Servant Leadership,
Arlene Jaroscak
Executive Director

LIGHT OF HEARTS

V I L L A


Co-sponsored by the Sisters of
Charity of Cincinnati and the
Sisters of Charity Health System.

Christmas Memories from the Villa Family

The beauty of Christmas does not diminish with age. In fact, the delight in the voices and the sparkle in the eyes of those who shared their memories are priceless.

What Makes Christmas Special at Light of Hearts?

- “I love the trees, the decorations, the love.” *Nancy C.*
- “The spirit that fills the Villa, the decorations and the many activities.” *Rita D.*
- “Good Food.” *Mary O.* “Christmas Dinner.” *Jim B.*
- “Decorations and the good feelings from the employees.” *Rose G.*
- “I don’t have to put up or take down the decorations, just enjoy them.” *Bill P.*
- “This family coming together and other families coming to visit.” *Helen S.*
- “The spirit, the lights, the trees.” *Joanne S.*
- “The trees and the appreciation for all the efforts to make Christmas beautiful for us.” *Janet G.*
- “The people and the friendly Christmas spirit.” *Cynthia M.*
- “The atmosphere, the cozier feeling, the music and decorations, everyone being *“light in spirit.”* *Bridget L.*



These little vignettes are but a touch of the life and joy here in our Villa family. Giving, coming together, prayer, tradition and meaning are essential.

“God Bless Us Everyone!”
Tiny Tim

A Memory of Christmas Morning

- “I was the oldest. I loved watching my younger brother and two sisters come down early to see their gifts.” *Mary S.*
- “When I was 8, I got a movie camera that let us project movies on the wall.” *Paul K.*
- “My brother and I would come down to be amazed at the tree and the presents underneath. We wondered how they got there.” *Marlene L.*

Favorite Christmas Song

- “My favorite is ‘Silent Night’. It holds the meaning of Christmas and I enjoyed singing it when I was in a choir.” *Michael H.*
- “I like them all. Each adds to the beauty of the season.” *Stephanie A.*
- “My favorite is ‘I’m Dreaming of a White Christmas.’ I always hoped that Christmas would be white.”
Eleanor E.

A Christmas Food

- “I looked forward to my mom’s homemade sweet bread and the Christmas wafers (oplatky).” *Eleanor M.*
- “I learned to make Houska, a Bohemian sweet bread, after I was married. We’d make it and give it as gifts. Then I made it with my daughter. Now, she makes it and the tradition continues.” *Rose P.*
- “My mom made a wonderful fruit cake filled with all kinds of fruit, lots of nuts, and raisins. It lasted a long time, so we enjoyed it for a while.” *Fran L.*

The Meaning of Christmas

- “For me the tree is the symbol of Christmas. Evergreen is a reminder of Christ living among us, like living water.” *Marie U.*
- “For me, special memories are baking cookies with my mom, and now with my children. We have a good time and lots of fun. As a little girl, we broke bread and drank a little wine while exchanging Christmas and New Year greetings. There was a holiness that really was a part of it.” *Joanne K.*



Light of Hearts Villa Gets Challenge Grant

Light of Hearts Villa is happy to announce that it has received the opportunity to participate in a *Challenge Grant* from the SC Ministry Foundation of Cincinnati, Ohio. For every dollar raised, the SC Ministry Foundation will match that dollar with \$2.00. Yes, two dollars for every dollar you donate.

The Challenge Grant requires Light of Hearts Villa to raise funds to be used toward our

- (1) Endowment and (2) Capital Improvement Projects.

The Villa has already met the requirements for the Endowment portion of the grant. Now the focus is on the Capital Funds. These funds will allow us to make capital improvements to the physical plant and other large project items.

The changing needs of residents are the driving force for the capital improvements identified in our Strategic Plan 2011-2014.

Some of these are safety issues:

- a wireless nurse call system
- a new telephone system
- updating of fire alarm system

Some are replacement issues for items that have withstood time:

- doors, furniture, wallpaper, flooring, lighting
- heating and air-conditioning units

Some are issues that keep our ministry up-to-date:

- technology to connect us to Health System opportunities
- a wireless infrastructure.

We are most grateful to the SC Ministry Foundation for this Challenge Grant!

Now, we need all of our benefactors and friends to help us meet the challenge.

Please consider our Challenge Grant in your year-end giving.

Remember, for every \$1 you give, an additional \$2 will be given Light of Hearts Villa. ✦

The SC MINISTRY FOUNDATION is a public, grant-making organization. The Foundation promotes the mission and ministry of the Sisters of Charity of Cincinnati whose mission is:

Urged by the love of Christ, and in the Spirit of our founder, Elizabeth Ann Seton, we Sisters of Charity of Cincinnati strive to live gospel values. We choose to act justly, to build loving relationships, to share our resources with those in need, and to care for all creation.

Through grants, capacity building and collaboration, SC Ministry Foundation:

- Provides financial support to those organizations identified with the Sisters of Charity in need of support for viability and growth
- Furthers social justice by addressing root causes of poverty, racism and oppression
- Supports services and programs that will positively impact persons living in poverty and those underserved
- Promotes collaborative initiatives for the building up of healthy communities

NB: The Vincentian Sisters of Charity, founders of LOHV in 1989 merged with the Sisters of Charity of Cincinnati in 2004. The Sisters of Charity are co-sponsors of LOHV, along with the Sisters of Charity Health System.

Light of Hearts Villa Mission Statement

We uphold seniors on their journey of aging by providing integrated residential and community services and programs to meet their physical, psychological, social and spiritual needs. We affirm the integrity of seniors and seek to further enhance each person's self-worth.

22ND ANNIVERSARY FALL FEST — ANOTHER SUCCESS!

Thanks to so many of our benefactors and friends the Fall Fest on October 23rd was another successful event! Over \$38,000 was netted for our Benevolent and Charitable Care Funds at Light of Hearts Villa. These Funds supplement residents who outlive their financial resources. In 2011, we disbursed \$185,000 for those who needed assistance.

Residents and volunteers greeted visitors at the Fall Fest and tended to every detail. Dinner by Catered Elegance and Basket, Condo and 50/50 Raffles sparked excitement throughout the day. Guests, who numbered over 300, perused the Craft Tables, Cozy Corner, the Bakery, and the Pumpkin Patch for treasures to take home.

Emcee, Lydia Esparra, Emmy winning reporter for 19 Action News, kept diners up-to-date on the raffles and other happenings. Entertainment by Ralph Szubski, the Accordion Man, Ariel Clayton, a local violinist and one of her young students, added to the spirit of the day.

The 50/50 Raffle delighted the main winner, Margaret Kiely, with \$3,205.00. Ronald Wilkiewicz and another benefactor won \$1,602.50 apiece. One family won the \$500 gift card and a week at a Florida, gulf-front condo, donated by Mr. & Mrs. John Tillery. John, Jennifer, and their children, Katie and James, drew the winning ticket.

Thank You once again! Your generosity allows us to be faithful to our mission of service.

Stay tuned for details about Fall Fest 2012! ♦



Summer Beach Party



The Summer Beach Party was full of fun and warm, sunny weather. Pictured are, Dorothy Reilly, Margaret Tkach and Marlene Lemoine as they enjoy the festivities. ♦



Light of Hearts Villa helped Mary Martha Giancola fulfill her dream of attending the Feast of the Assumption Mass, Procession and dinner in Little Italy. Her granddaughter Annie accompanied her, along with a member of the LOHV staff. Pictured are staff members (l to r) Liz Gordon, RN and Elaine Loveland who gave her a wonderful send-off.

Silver Spectacular for All Lumen Cordium Graduates

Light of Hearts Villa would like to host a Gathering for all Lumen Cordium graduates. Since Lumen's closing in 1987, the 25 years have been full of growth and change for all graduates and for the high school building, now Light of Hearts Villa.



Lumen may have closed, but alumnae keep contact with each other, with Sr. Raymond who is now residing at Regina Health Center in Richfield, and with Light of Hearts Villa. Some alumnae are regular volunteers at the Villa. Another group makes sure that St. Nick arrives with goodies for the residents on December 6th. Still others find their children completing service hours here. Some visit parents who are residents, others are looking at Light of Hearts for their grandparents, parents, or other relatives in the not too distant future.

Planning for the event will begin in early 2012. We are hoping that there are alumnae from each class who may be interested in helping to set the date and plan the specifics for the Event. Anyone interested should contact Jody Shy, Director of Development, at (440) 232-1991, ext. 519 or via email at jody.shy@lightofheartsvilla.org.

Please pass the word to alumnae you are familiar with, as we know our listing is incomplete. All Lumen Grads are encouraged to contact Light of Hearts Villa with their information so they can be included in future mailings. ♦

IN MEMORIAM:

On Friday, December 30th the 4:00 PM, Mass will be offered in the Villa Chapel for those Residents who died in 2011. All are welcome to come and join in prayer.

Mary Pat Daley

Mary Kurtik

Rose Cinadr

Marion Malone

Vivian Vopat

Colleen Woodmansee

Mary Ann Robitan

Lucy Fox

Patricia Bertsch

Richard Bretz

Anne Onder

Mary Granger

Yolanda Liotta



Alumnae gather to prepare St. Nick treats for Villa Residents.

THE GRIEVING PROCESS

January 18, 2012 ~ 10:00-11:00 am

Melissa Malone of Catholic Cemeteries Association will guide this session. Attendees will receive the same information that is taught to health professionals and certified grief counselors. The objective of this session is to give you all of the information, resources, and tools needed to help with your own feelings, thoughts and experiences about death and the aging process. It is also to help equip you so that you can be a resource for your friends, family and loved ones in time of need.

\$5.00 for the session.

Register by January 12

Call 440-232-1991 or e-mail: regina.kusnir@lightofheartsvilla.org

LIVING LIFE TO THE FULL



The year of 2011 found Light of Hearts Villa focused on ways that person-centered-care contributes to the healthy minds and bodies of residents and staff.

The September 1st **Villa Birthday Party** engaged residents, staff and volunteers in adding color and titles to mandalas. Mandalas are age-old designs representing good, growth, and harmony. Rose windows and spider webs are examples of mandalas. Coloring is an instant rev of mental energy and a mere 2 ½ minutes of this artistic activity increases mental energy, concentration and focus by 29%. ♦

Poetry is a form of creative writing that draws on the inner spirit and expresses it in any of a number of poetic styles. This poem is part of a poetry writing series and was composed for you, our friends.

A 2012 Wish for our Villa Voices Friends

*We wish you happiness, peace and health.
May they bring you deep inner wealth.
May you have friendship and love,
along with God's choice blessings from above.
We hope harmony will follow all of your days,
good manners and caring marking all your ways.
May the goodness and kindness you share,
bring friendship and peace to people everywhere.
May the hopes we have for a Happy and Blessed New Year
be a toast of promise and bring everyone cheer.*

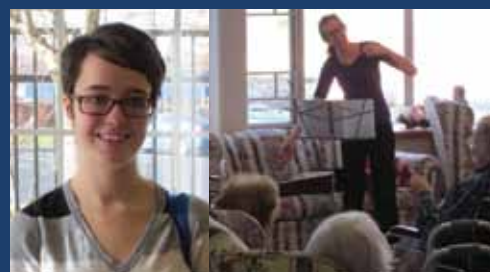
God Bless You & Yours in 2012!

~Poem by the Residents of LOHV



Judy Green is retiring after 16 years of service to Light of Hearts Villa. She directed the Bell Choir for a number of years.

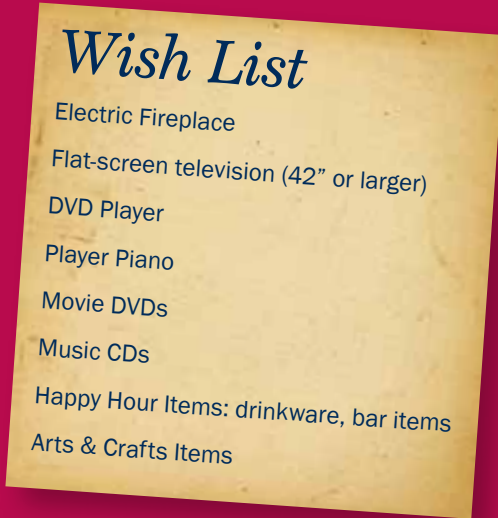
MUSIC THERAPY at the Villa has been longstanding and also new. The Villa Bell & Voice Choirs have many years of excellence in performance and often go to other facilities to share their music. This year the Villa welcomed Baldwin-Wallace music students who engage residents in a variety of Music Therapy activities on Thursdays and Sundays. ♦



Julia Mansfield (left) and Catherine Schernerhorn help music come to life.

Home is where the Heart Is

Light of Hearts Villa is home to nearly 90 wonderful people. We strive to make each space comfortable, relaxing and tranquil so our residents can enjoy their "home." Like you, we have to replace some items and hope for some new things. We publish our Wish List because, every now and then, someone has what we are looking for or would like to provide for a given item. If you or someone you know would be interested in donating any of the items listed, please have them call the Villa at 440-232-1991. ♦



Welcome!

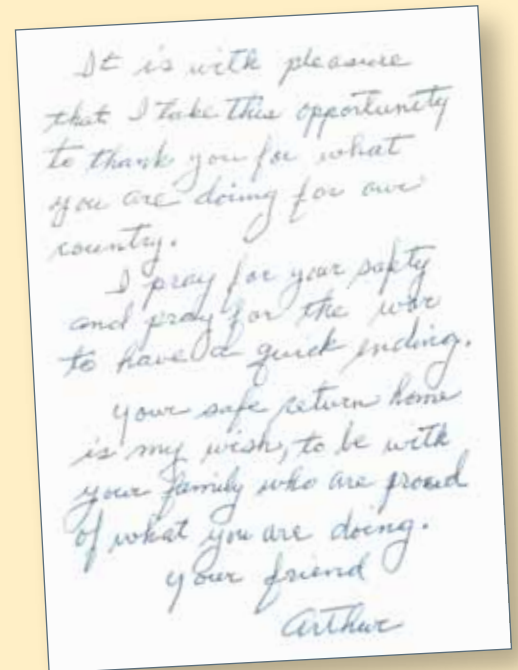
Light of Hearts Villa Welcomes New Staff to the Team

Light of Hearts Villa is pleased to welcome Autumn Grdina, Accounting Clerk. ♦

Holiday Cards for Heroes



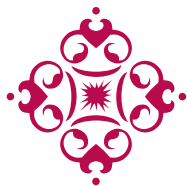
Residents gather to write their appreciation for those in the service of our country.



May is Older Adults Month and Light of Hearts Villa will host a 3 part program on financial issues of concern to Older Adults and their Families. Professionals sponsored by Catholic Cemeteries Association will focus on the following:

1. What happens to my credit card & other debt when I am gone?
2. What happens to my assets if I do not have a will?
3. How can I avoid costing my loved one's money once I have passed away?

The Sessions will take place May 2, 9, 16. They will begin with a light supper at 6:00, presentation from 6:20 – 7:30 pm. \$5 per session. RSVP by April 26 to 440-232-1991 or regina.kusnir@lightofheartsvilla.org.



LIGHT OF HEARTS

V I L L A

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UPCOMING *events*

DECEMBER - JANUARY Christmas Angel and Nativities Display

Christmas Wafers (Oplatky)
Available at the front desk.

DECEMBER 15 1:30 PM

Annual Employee Blessing
Each year the residents express their appreciation for the dedication and love given them by the employees.

DECEMBER 25 9:00 AM

Christmas Mass Celebration

DECEMBER 29 10:00 – 10:30 AM

New Year Prayer for Peace
Come, join in a time of Prayer for Peace in anticipation of a New Year.

DECEMBER 30 4:00 PM

Mass for Residents who died in 2011

JANUARY 1 9:00 AM

New Year's Day, Mass, Feast of Mary the Mother of God

JANUARY 4 1:30 PM

Missioning Ceremony & First Mission Award Presentation

EDUCATIONAL SESSIONS FOR FAMILIES, THE COMMUNITY AND PROFESSIONALS

JANUARY 18 10-11 AM

The Grieving Process
RSVP by Jan. 12
Details p.5

FEBRUARY 22 1:30-2:30 PM

Palliative Care & Hospice Care: Living Life to the Fullest
\$5.00 RSVP by Feb. 16
Hospice of the Western Reserve

MARCH 13 5:00-6:00 PM

Visiting: The Art of Being Present
Hospice of the Western Reserve

APRIL 18 9:00 AM-Noon

Ethics in Senior Care
3CEUs \$35.00 Jim Collins Ph.D. RSVP by April 9

MAY 2, 9, 16

3 Part Program: Financial Issues of Concern to Older Adults and their Families.
Details p.7

MAY 3, 4, 5

Flea Market
Donations Welcome