

# JOSEPH'S JOURNEY

## Perseverance in Hope

### 2019 Annual Benefit Luncheon Raises Over \$52,000

More than 320 people attended the sold-out Perseverance in Hope annual fundraising luncheon in June at Windows on the River in Cleveland, raising over \$52,000 to benefit the men of Joseph's Home. The Most Reverend Nelson J. Perez, Bishop of Cleveland, was the keynote speaker and Dan Moulthrop, CEO of The City Club of Cleveland, served as emcee.

Bishop Perez focused on the theme of hope in his keynote speech, telling the crowd, **“Hope in the midst of despair is at the center of Christianity. The resurrection offers us hope. Joseph's Home is a sign of hope.”**

The bishop shared a story about someone who asked him if he has hope despite all that is going on in the world. “I told him that I follow a faith that believes a dead man came back to life so yes, I have hope. I gave my life to that faith. This is what's at the center of being a Christian,” he said.

Just as the resurrection continues to bring hope, he said Joseph's Home continues to provide hope for men in despair. “People who don't even know them care, love and support them at Joseph's Home. That's what hope looks like—a ray of light in the midst of despair. And it wouldn't happen if not for the Sisters (of Charity of St. Augustine) and people like you,” the bishop said. “Some men have gone on to get jobs and housing but they couldn't see that when they were in despair, lying in a hospital bed. Joseph's Home helped them see it.”

At the luncheon, the second annual David Henderson Memorial Award was presented to Burt Saltzman of Dave's Supermarket for his dedication to the ministry. When staff members go to the grocery store for supplies, Saltzman often greets them and asks about the residents, even sending cakes for special occasions. The award is named in honor of former resident David Henderson to keep his spirit of advocacy alive after he passed away in 2017.

Jeanne Colleran and her husband, Richard Weaver, were also recognized for their generous gift to the Sister Joan Gallagher Endowment Fund, which was established to honor Sr. Joan's service and spirit as one of the original planners of Joseph's Home and its first executive director.

*Continued on page 6*



*From left: Tom Strauss, Christine Horne, Sr. Judith Ann Karam, CSA, and The Most Reverend Nelson J. Perez, Bishop of Cleveland*

Your support of Joseph's Home will help men without resources recover their health and return to permanent housing. Please send your gift today or donate online at [josephshome.com](http://josephshome.com).

# Looking to the Future

## A MESSAGE FROM THE JOSEPH'S HOME BOARD CHAIR



The last four years have been a time of great excitement and growth for Joseph's Home and our mission to care for medically frail homeless men under the guidance of Christine Horne, who successfully served as executive director since 2015.

It is with a mix of sadness and gratitude that the Joseph's Home Board of Directors announces Christine's departure from Joseph's Home. She has moved to a new position as senior director of business intelligence and strategy at the Catholic Charities Corporation of the Diocese of Cleveland.

Despite her leaving at the end of July, Joseph's Home remains in good hands while we work to find the next executive director. Heather Stoll, vice president of external affairs at the Sisters of Charity Health System, has added interim executive director duties of Joseph's Home to her role. Heather has been integral to the leadership of this ministry since 2013, when she took on administrative oversight of Joseph's Home and Building Healthy Communities, which are both ministries of the Sisters of Charity Health System.

We extend our gratitude for Christine and her leadership of Joseph's Home. During her tenure, Christine introduced the medical respite program model to carry forward our mission. Joseph's Home now delivers these evidence-based clinical best practices. She has also built an integrated model of care that includes primary care, behavioral health and social services. Most importantly, Christine has compassionately supported many acutely ill homeless men in their journey of healing and achieving long-term self-sufficiency. Together with the board, Christine led our current strategic planning processes, which will position us for long-term growth and sustainability.

Heather and the Joseph's Home Board of Directors will work together over the coming weeks to transition leadership of this ministry into the future. Thank you for your ongoing prayers for and support of Joseph's Home throughout and beyond this time of leadership transition. And, please join us in wishing Christine the very best at Catholic Charities.

With sincere gratitude,

A handwritten signature in blue ink that reads "Richard C. Gallagher". The signature is written in a cursive, flowing style.

RICHARD C. GALLAGHER, *Chair, Board of Directors*

### Joseph's Home Board of Directors

*Richard C. Gallagher — Chair  
Retired Banking Analyst*

*Matthew O'Connor — Vice Chair  
Director of Sales & Marketing, Zaclon LLC*

*Anthony Searcy — Treasurer  
Senior Financial Consultant,  
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*Lloyd Cook, MD  
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*Russell Hunt  
Former Joseph's Home Resident*

*Deanna Moore  
Health Care Communications Professional*

*Deborah L. Rovito  
Nursing Professional*

*Michael Spangler  
Accounting Professional*

*Heather Stoll — Ex-Officio  
Interim Executive Director, Joseph's Home  
Vice President External Affairs, Sisters of  
Charity Health System*

*Richard Stuhan  
Retired Attorney, Jones Day*

*Sr. Mary Dorothy Tecca, CSA  
Sisters of Charity of St. Augustine*



*Ursuline College student Mike Boyce works with residents to create art to help overcome trauma.*

*Mike (left) with fellow Ursuline art therapy student Josh.*

## Envisioning a Healthy Tomorrow

### ART THERAPY HELPS RESIDENTS OVERCOME TRAUMATIC EXPERIENCES

For those dealing with trauma, it is often difficult to discuss or express the events that have shaped their lives. Sometimes the words just cannot be said for fear of reliving the trauma.

As part of the holistic healing process for residents, the vast majority of whom have experienced traumatic events, Joseph's Home launched a partnership with Ursuline College to provide art therapy. Students from the Ursuline Counseling and Art Therapy Program work as part of a semester-long cohort with residents to help them cope with the trauma that may have contributed to their homelessness in the first place.

Ursuline student and native Clevelander Mike Boyce helped develop the program. Mike found a life's mission in helping the homeless after experiencing homelessness himself when he was a young man. As a student at the California College of the Arts, Mike developed a project focused on homelessness, interviewing homeless men and women about the greatest challenges they faced.

"Many of them said it was the way children looked at them," Mike said. "Then, I started talking to mothers about how they talked to their children about homelessness. They all said the same thing—that they shield them from it or cover their children's eyes if they see

someone who is homeless."

That experience led Mike to publish a children's book, "Who's Homeless," and, more recently, his second book, "Homeless," to help create deeper understanding for those who are homeless and provide support for school children experiencing homelessness. His journey also sparked his life's mission and brought him back to Cleveland to pursue a career in art therapy.

**"When it comes to trauma and abuse, sometimes you have been told you can't talk about it or are afraid, but you can draw it and begin to see the patterns that shape you." — Mike Boyce**

A key element of working through trauma is allowing an individual to express their own emotions and beliefs about what happened to them. Art therapy provides a safe method of expression and can often lead to a deeper understanding of one's own experience. Studies show that art therapy frequently enables repressed memories or subconscious feelings to come forward.

After his semester was finished, Joseph's Home brought Mike back to work one-on-one with Christian, a 22-year-old resident whose life story closely mirrored Mike's own life. As one of their projects, Mike asked

Christian to draw a picture of himself standing in the rain. Christian's work was telling, showing him standing under half of an umbrella, surrounded by a thunderstorm, tornado and a sink hole.

"While he was working, we talked the entire time. I was able to ask him about those moments—what does the sink hole represent? Why are you standing under only half of the umbrella? By talking about the picture, it was less intimidating and allowed him to share his experiences and help him work through his trauma," said Mike.

Raven Kauffman, Joseph's Home respite care manager, said art therapy also enables the men to begin to envision what their lives can become and who they want to be. Many of the projects are on display throughout Joseph's Home to share the men's personal stories with other residents, staff and volunteers.

"We use art therapy as a journey. It is the men's journey into wellness, for them to see themselves sick and then how they want to see themselves healthy in the future," Raven said. "Everyone's story is unique, so it helps our residents see their own situations and understand themselves. More importantly, it enables them to see where they can go." ♦

## Volunteer Spotlight:

# St. Dominic Church Talks the Talk and Walks the Walk

**Many parishes that support Joseph's Home talk the talk and walk the walk of serving the most vulnerable in our community by sharing the love of Christ. Some even go beyond that call to expand their impact to residents and inspire amazing acts of service and generosity from parishioners. St. Dominic Church in Shaker Heights has been doing just that.**

Rick Stuhan, a member of the Joseph's Home Board of Directors and St. Dominic parish member, knew the two groups would be a good fit. He connected St. Dominic Pastoral Associate Jodie Bowers with Joseph's Home Development Manager Madeline

Wallace, which was the start of what has become an ongoing, growing relationship.

"It is shocking that Joseph's Home stands alone in providing respite care to medically fragile homeless men—men no longer eligible to remain in acute care hospitals, but unable to function on their own," said Rick. "Joseph's Home helps its residents to help themselves. It is incredibly rewarding to know that St. Dominic's efforts are making a real difference."

Through St. Dominic's Project Serve program, a group of parishioners earlier this year began preparing and enjoying dinner with residents on the



*Pictured with a resident is St. Dominic Pastoral Associate Jodie Bowers (right)*

third Saturday of each month. As part of the program, parishioners volunteer at various greater Cleveland agencies and organizations, seeking the face of Christ in those most in need.

What began as a partnership to provide parishioners with "an avenue to put faith into action through service to the local community," has turned into a friendship that far exceeded the expectations of Joseph's Home leadership.

St. Dominic chose Joseph's Home to be the beneficiary of its 2019 "Rise Up" Easter Project collection, which annually collects more than \$20,000. As part of the project, Joseph's Home staff



presented information to parishioners about the ministry and its mission, and former resident and current Resident Support Associate John Seawright shared his story of healing and hope. Through their generosity, St. Dominic parishioners raised \$24,000 to help provide vital support to the men of Joseph's Home.

In addition to the ongoing meal ministry, St. Dominic partnered with Joseph's Home to recently host Project Serve Junior Camp as an educational opportunity for middle school aged parishioners to learn about Joseph's Home and complete a service project. St. Dominic also invited Joseph's Home residents and staff to attend its summer block party.



*St. Dominic Pastoral Associate Jodie Bowers (right) presents a check for \$24,000 to board member Anthony Searcy (left) and Richard Gallagher, board chair.*

Rick said that contributing to the mission at Joseph's Home is at least as rewarding to him as a parishioner as it is to the residents served, "perhaps more so." He added, "The residents are profoundly grateful for the services they have received. That's what they tell me when I interact with them. But I don't need to hear it. I can see the gratitude in their eyes. I can only hope that other parishes will take the same path and partner with Joseph's Home. The need is enormous and we currently have the resources to reach only a small fraction of those who require respite care." ♦



Heal  
Empower  
Transform

## BECOME A PARTNER IN SERVICE!

**Joseph's Home is always looking for caring, compassionate people to become partners in service. Opportunities to support Joseph's Home are as varied as its residents and offer a way for everyone to get involved.**

**Here are a few ways volunteers have helped Joseph's Home:**

- **Provided and served a meal to the residents**
- **Planned and led a group activity**
- **Completed a cleaning project**
- **Assisted with facility improvements and outdoor clean up**
- **Collected hygiene products, clothing and other gifts-in-kind**
- **Hosted a gathering to educate friends and family about Joseph's Home**

**Your service as a volunteer helps provide vital support to the staff, saves expenses on items like food and personal hygiene products, and shows often disenfranchised residents that people care for them!**

*If you would like to volunteer, plan a donation collection or get involved with our ministry, contact Development Director Madeline Wallace at 216.987.9201 for more information.*



# WELCOME

## Dr. Eghobamien

JOSHEPH'S HOME MEDICAL DIRECTOR

Donald E. Eghobamien, M.D., recently joined Joseph's Home as the new medical director. Dr. Eghobamien has been caring for St. Vincent Charity Medical Center patients as an internist for 21 years. He also has a private practice and is involved in teaching medical residents. We are proud to welcome a caregiver as devoted to the mission of the Sisters of Charity Health System and the Sisters of Charity of St. Augustine as Dr. Eghobamien and look forward to seeing his impact on the residents at Joseph's Home. Welcome to the team!

### LUNCHEON *cont. from page 1*

Tom Strauss, CEO of the Sisters of Charity Health System, also spoke at the luncheon. He called Joseph's Home "the heart and hands of our ministry."

Richard Gallagher, chair of the Joseph's Home Board of Directors, congratulated luncheon attendees:

"You are the means of hope for these men. They're

not alone, thanks to you. The future is bright for many hundreds of men whose lives will be forever changed by the generosity and compassion of friends like you."

Thank you to everyone whose participation and support made Perseverance in Hope possible. To see more photos from the luncheon, please visit [facebook.com/josephshomeoh](https://facebook.com/josephshomeoh). ♦



*Jeanne Colleran and her husband, Richard Weaver, were recognized for their generous gift to the Sister Joan Gallagher Endowment Fund. Pictured with Jeanne (middle) are Sr. Joan (left) and Christine Horne.*



*Burt Saltzman (left) of Dave's Supermarket received the second annual David Henderson Memorial Award for his dedication to the ministry. Pictured with Burt are Christine Horne and Alphonso Gibson, Joseph's Home operations coordinator.*

# NEWS BRIEFS & NOTES



## Summer Intern Gains Valuable Experience and Leaves a Lasting Impact

For the last few months, Joseph's Home hosted a John Carroll University Service, Solidarity and Social Change Intern, Maura. Maura is a rising senior, majoring in biology with a minor in chemistry. As an intern, she assisted with and shadowed the Joseph's Home Health Care Navigation program. During the course of the day, Maura could be found calling doctors' offices to schedule appointments, picking up prescriptions, transporting residents to their appointments, helping residents understand their diagnoses, completing new admission screenings and completing vital data entry. Beyond that, Maura instantly connected with residents and brought much joy to them by providing a really good listening ear. She even prepared meals and brought desserts in for the residents and staff to enjoy. We would like to extend our sincerest gratitude to John Carroll for providing such fantastic student support and our best wishes to Maura in her future endeavors!



## Access Music Brings Bach and Mozart to Residents and Alumni

This summer, Joseph's Home partnered with Access Music, a group of professional musicians from the Cleveland area, to provide classical music to residents and alumni. With a mission to provide musical offerings to communities whose access to music is most limited, Access Music shared pieces from Johann Sebastian Bach, Ludwig van Beethoven, Wolfgang Amadeus Mozart and more. The men particularly enjoyed how relaxing the music was and were fascinated by the musicians' ability to read sheet music. Since their first performance at Joseph's Home in June, Access Music has performed twice at Joseph's Home and plans to continue performing at Joseph's Home on a regular basis.

## September 27

### Break the Cycle of Homelessness at CycleBar® Beachwood

Break the Cycle of Homelessness with Joseph's Home at CycleBar® Beachwood. CycleBar will donate the proceeds of a spin class on September 27 to help medically fragile homeless men. Turn your workout into a good deed and join us for a ride. The cost is \$25 and all proceeds benefit Joseph's Home. Shoes, towels and bottled water will be provided. Join us in the CycleBar community room after the ride for libations and light bites. Registration will open soon.

## October 1

### Enjoy a Good Brew and Good Cause at Platform Beer Co.



On October 1, Platform Beer Co. will donate \$1 to Joseph's Home for every house beer sold at its 4125 Lorain Ave. taproom as a part of its Nonprofit Tuesday charitable program. Invite some friends and join us for some great local brews and an even better cause. All proceeds will benefit our mission of healing for medically fragile homeless men in Northeast Ohio.

## December 3 Donate During We Give Catholic Day of Giving



Save the Date! #WeGiveCatholic is December 3. Support Joseph's Home during this one-day giving event that provides Catholic schools, parishes, Catholic Charities sites/programs, special ministries and nonprofits affiliated with the Diocese of Cleveland the opportunity to raise awareness and funds. Last year, Joseph's Home raised more than \$33,000 on this day of giving. Visit the WeGiveCatholic.org website on December 3, click on Search Organizations and type in Joseph's Home or visit [www.wegivecatholic.org/organizations/josephshome](http://www.wegivecatholic.org/organizations/josephshome).

Interested in doing more? *Contact Development Director Madeline Wallace at 216.987.9201 to become a peer-to-peer fundraiser and spread the word about the transformative healing at Joseph's Home. Stay tuned for more information in our e-newsletter and on the Joseph's Home Facebook and Instagram pages – @JosephsHomeOH.*





## *In Loving Memory of Pete Goins*

It is with heavy hearts that we inform you of the unexpected passing of Pete Goins, alumnus of Joseph's Home, on July 14, 2019. The following is a reflection written by Respite Care Manager Raven Kauffman:

When he arrived at Joseph's Home in May 2018, Pete was down and out, near death, because he had spent over 10 years living on the streets, never in a shelter, and had a fierce distrust of

people. Because of this, his physical and mental health suffered.

Time went on and Pete began to open up more, and his outlook began to change. The street-hardened exterior started to melt away, and we began to see the real Pete, who had been hurt and just wanted to feel loved. Pete had no family that he could connect with, and was all alone, which is why Joseph's Home became so important to him. He started to see that we wanted to help him, and he began to let us.

The months passed, and Pete spent every holiday with us. He hadn't celebrated real holidays in years, not eating a Thanksgiving dinner or unwrapping a Christmas present or having Christmas cookies. He celebrated with everyone, and would tell them the story of how Joseph's Home saved his life. He would say he wanted to give up, until we found him and helped him realize that he could live and be loved.

Pete received a recommendation to transition to Cogswell Hall once healthy because it was a safe, quiet place, similar to Joseph's Home. The

process took some time due to Pete's fear of leaving us and adjusting to a new environment. The staff of Cogswell Hall welcomed Pete with open arms and a giant, plush recliner. Everyone at Joseph's Home knew that this was where Pete belonged, where he deserved to be, living his happily ever after. Through our sadness, we are grateful that we had the opportunity to care for Pete and show him the love that only Joseph's Home can give. We ask for your continued prayers for Pete, his family, and the staff and residents of Joseph's Home. Pete's memory will forever inspire all of us to keep working hard to provide quality care to our men, knowing we are sometimes the last family they will have. ♦

*"Pete would always say our impact on him is what saved his life, but what he never realized is that the impact he had on us is far greater than anything we would have ever expected! His beautiful soul will surely be missed."*

*— Raven Kauffman, respite care manager*

### **IT IS OUR MISSION ::**

Joseph's Home, a ministry of the Sisters of Charity Health System, provides a nurturing, caring environment for men without resources who have acute medical needs, helping them heal and achieve independence.



**JOSEPH'S HOME**